



Annual Report 2016

In less than 2 years, Caldwell now ranks #1 in the Let's Move! Cities, Towns and Counties initiative by achieving gold medals in all goal areas. Caldwell and its community partners are committed to working on preventing childhood obesity through healthy eating and active living opportunities.

Here are some of this year's highlights!

**Goal 1:
Start Early,
Start Smart**



**Goal 3:
Smart
Servings for
Students**



Child care providers are key partners in childhood obesity prevention efforts. City Councilwoman Shannon Ozuna joined Caldwell child care providers as they learned how to improve the health environment of their daycares. Here's to more physical activity, less screen time, and lots of fruits and veggies for our little ones.

**Goal 2:
My Plate,
Your Place**



The second annual **Let's Move! Caldwell Family Fun day** was held in May 2016 in conjunction with the Rotary Club's Fishing Derby. Caldwell police officers were on hand to help kids learn to ride their bikes safely. There was also a Story Walk and Disc Golf. Whittenberger Park has so many fun things to do and it was great to highlight these amenities that are available to all Caldwell residents.

The Caldwell City Council passed a resolution ensuring healthy food choices will be available at The Caldwell Event Center and the Memorial Park Swimming Pool. Hoping it will make the healthy choice the easy choice for Caldwell community members.

**Goal 4:
Model
Food
Service**



 www.facebook.com/letsmovecaldwell



Several Caldwell schools as well as the Mayor participated in the Mayor's Walking Challenge. This is a statewide walking challenge sponsored by the Idaho Dairy Council and the Blue Cross Foundation. SO much fun!!

**Goal 5:
Active Kids
at Play**

A special thanks to all our key partners

- Caldwell City Council
- City of Caldwell Parks and Recreation
- City of Caldwell Planning and Zoning
- Oasis Food Bank and Summer Feeding Program
- Caldwell School District
- Vallivue School District
- YMCA
- West Valley Medical Center
- WICAP Head Start
- Southwest District Health
- Safe Routes 2 School
- Love Caldwell
- The College of Idaho
- Caldwell Rotary Club

