On February 17, 2015, Mayor Nancolas signed a proclamation, officially making Caldwell a Let’s Move! city and committed to continue working with its partners in making efforts to prevent childhood obesity through healthy eating and active living opportunities.

Here are some of this year’s highlights as we move toward gold in all goal areas!

Metal signs were hung at all Caldwell-owned food venues. This visual reminder at point of service will encourage Caldwell citizens to think about their food choices and remind them of the city’s commitment to health. In addition, the Caldwell swimming pool and the O’Connor Fieldhouse began offering some healthy options at their concession stands.

At the start of the 2015-2016 school year, Let’s Move! Caldwell lent its support to the implementation of the HealthierUS School Challenge: Smarter Lunchrooms in the Caldwell School District. The Caldwell School Board supports this effort and this project will continue to progress throughout the year as schools make environmental changes to support healthy eating and active living for their students.

The first annual Let’s Move! Caldwell day was held in April 2015 that showcased each park in the city and the different activities available there.
A special thanks to all our key partners
Caldwell City Council
City of Caldwell Parks and Recreation
City of Caldwell Planning and Zoning
Oasis Food Bank and Summer Feeding Program
Caldwell High School
Caldwell School District
Vallivue School District
YMCA
West Valley Medical Center
Head Start
Southwest District Health
Safe Routes 2 School
Love Caldwell

A new addition at the Winter Wonderland this year included the Let’s Move! Snowflake Shuffle. Thanks to the College of Idaho Kinesiology students who kept the kids moving and having fun all night!

A recent partnership between the Canyon County Juvenile Probation, local bike shops, and LoveCaldwell has led to the development of the Canyon Bike Project. These efforts support Let’s Move! Caldwell and result in more Caldwell kids having access to bikes!

Goal 4:
Model Food Service

Goal 5:
Active Kids at Play