



Caldwell Senior Center Event and Menu Calendar September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	01 Chicken Fried Steak 10 am Art Group 1pm Pinochle 4 pm Bingo Begins at 6pm <i>Music by: Key Strings</i>	02 BBQ Chicken 10:30am Crochet & Knit Group <i>Medicare Q & A w/ Mark</i>	03 Pork Roast 9am Exercise Class 10:15 Fit & Fall Class 1pm Bunco	04 Meat Lasagna Karaoke With Ron & Connie 6pm Friday Dance <i>W/The Lucky Three Band</i>
07 CLOSED LABOR DAY 	08 Chicken Strips MedCap Flu Shots Plus 10 am Art Group 1pm Pinochle 4 pm Bingo Begins at 6pm <i>Music by Senior Jammers</i>	09 Salisbury Steak. 10:30am Crochet & Knit Group <i>Medicare Q & A w/ Mark</i> 1pm Board Meeting	10 Chicken Tetrizzini 9am Exercise Class 10:15 Fit & Fall Class 1pm Bunco	11 Stuffed Bell Peppers 6PM Friday Dance <i>W/The Lucky Three Band</i>
14 Hot Beef Sandwiches 9am Exercise Class 10:15 Fit & Fall Class 1pm Line Dance Music by: Sylvia 7pm Square Dance	15 Baked Chicken HEALTH FAIR 10 am Art Group 1pm Pinochle 4 pm Bingo Begins at 6pm	16 Beef Enchiladas 10am Veterans Coffee & Donuts Group 10:30am Crochet & Knit Group <i>Medicare Q & A w/ Mark</i> Karaoke With Ron & Connie	17 Smothered Pork Chops 9am Exercise Class 10:15 Fit & Fall Class 1pm Bunco	18 Meat Loaf 6pm Friday Dance <i>W/The Lucky Three Band</i>
21 Tater Tot Casserole 9am Exercise Class 10:15 Fit & Fall Class 1pm Line Dance Music By: Sylvia	22 Creamy Lemon Herb Chicken 10 am Art Group Medicare w/ Brenna 1pm Pinochle 4 pm Bingo Begins at 6pm	23 Roast Beef 10:30am Crochet & Knit Group <i>Medicare Q & A w/ Mark</i> First day of Autumn	24 Baked Potato Bar 9am Exercise Class 10:15 Fit & Fall Class 1pm Bunco	25 Fish and Chips Happy Birthday September 6pm Friday Dance <i>W/The Lucky Three Band</i>
28 Meatball Subs 9am Exercise Class 10:15 Fit & Fall Class 1pm Line Dance Music by: Sylvia 7pm Square Dance	29 Orange Chicken 10 am Art Group 1pm Pinochle 4 pm Bingo Begins at 6pm GOLDMINT <i>Music By Key Strings</i>	30 BBQ Ribs 10:30am Crochet & Knit Group <i>Medicare Q & A w/ Mark</i>		

