

Caldwell Senior Center Event and Menu Calendar August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
03 Pork Tips w/ Gravy 9am Exercise Group 10:15 am Fit and Fall 1 pm Line Dancing Music, Sylvia Hunt	04 Chicken Alfredo 10 am Art Group 1 pm Pinochle BINGO Opens at 4 pm and Begins 6 pm	05 Taco Salad 10:30 am Crochet and Knit Group Q & A Medicare w/Mark	06 Sloppy Joe 9 am Exercise Class 10:15 am Fit and Fall 1pm Bunco	07 Chicken Enchiladas 6 pm community Dance Lucky Three Band
10 Baked Chicken 9am Exercise Group 10:15 am Fit and Fall 1 pm Line Dancing	11 Baked BBQ Pork Chops 10 am Art Group 1 pm Pinochle Q & A Medicare w/Mark BINGO Open at 4 pm and Begins 6 Music By: Senior Jammers	12 French Dip 10:30 am Crochet & Knit. Group 1Pm Board Meeting Karaoke W/ Ron & Connie	13 Baked Potato Bar 9 am Exercise Class 10:15 am Fit and Fall 1pm Bunco	14 Salmon & Chowder 6 pm community Dance Lucky Three Band
17 Hamburger Steak w/ Mushroom Gravy 9am Exercise Group 10:15 am Fit and Fall 1 pm Line Dancing	18 Meatloaf 10 am Art Group 1 pm Pinochle Q & A Medicare w/ Brenna BINGO Open at 4 pm and Begins 6 Music with The Key Strings	19 Sweet & Sour Chicken 10:30 am Crochet & Knit. Group Q & A Medicare w/Mark 10am Veterans Coffee & Donut Group	20 Spaghetti & Meatballs 9 am Exercise Class 10:15 am Fit and Fall 1pm Bunco	21 Celebrating Cowboy Week Indoor Picnic Grilled Hamburgers Time To Karaoke W/ Ron & Connie
24 Biscuits & Gravy 9am Exercise Group 10:15 am Fit and Fall 1 pm Line Dancing Music, Sylvia Hunt	25 Bacon Ranch Chicken 10 am Art Group Goldmine 1 pm Pinochle BINGO Opens at 4 pm and Begins 6 pm Music with The Key Strings	26 Liver & Onions 10:30 am Crochet & Knit. Group Q & A Medicare w/Mark	27 BBQ Ribs 9 am Exercise Class 10:15 am Fit and Fall 1pm Bunco	28 Roast Beef 6 pm community Dance Lucky Three Band Birthday Friday Happy Birthday August
31 Chili Dogs 9am Exercise Group 10:15 am it and Fall 1 pm Line Dancing			Cowboy Up for The Caldwell Night Rodeo August 18th 22nd	