



Caldwell Parks & Recreation

2019 WINTER & SPRING ACTIVITY GUIDE

YOUTH PROGRAMS | ADULT CLASSES | YOUTH & ADULT SPORTS



The City of Caldwell

Caldwell City Hall

208-455-3000 • 411 Blaine St.

Caldwell Senior Center

208-459-0132 • 1009 Everett St.

Caldwell Library

208-459-3242 • 1010 Dearborn St.

Caldwell Events Center

208-455-3004 • 2200 Blaine St.

Caldwell Police

208-455-3115 • 110 S. 5th Ave.

Caldwell Fire

208-455-3032 • 310 S. 7th Ave.

MAYOR

Garret Nancolas

CITY COUNCIL

Shannon Ozuna

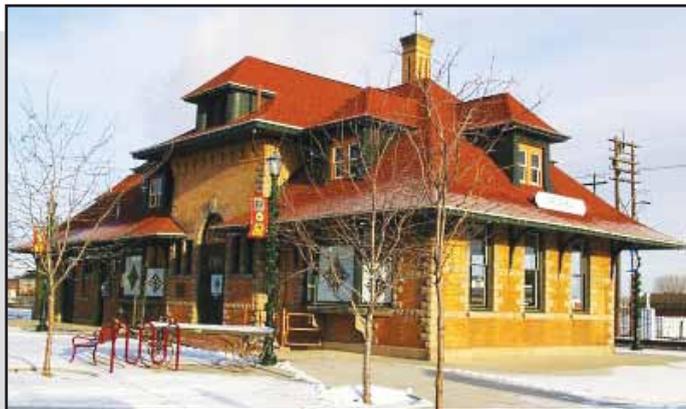
Dennis Callsen

Mike Pollard

Chuck Stadick

Rob Hopper

Chris Allgood



\$400 + TAX

Rental Fee for Building

\$150 + TAX

Rental Fee for Plaza

*Make Your Next Event Historic
Plan It At The Depot*

This beautifully restored 1906 facility is available for special events and private rentals

Corporate Meetings
Weddings • Social Events
Company Functions • Catered Parties

208-455-4656 | www.cityofcaldwell.org/live/historic-caldwell/caldwell-train-depot



PARKS & RECREATION

618 Irving St. • Caldwell, ID 83605
(208) 455-3060

E-mail: caldwellrec@cityofcaldwell.org

Office Hours: Mon. - Fri. 8:00 a.m. - 5:00 p.m.

RECREATION STAFF

Denise Milburn - Recreation Supervisor

Jesus Renteria - Sports Coordinator

Kacey Teichert - Administrative Secretary

PARKS STAFF

Vinton Howell - Parks Superintendent

GOLF STAFF

Ken Wheeler - Golf Superintendent

Purple Sage Golf Course - 208-459-2223

15192 Purple Sage Rd.

Brett Williams - Golf Pro

Fairview Golf Course - 208-455-3090

816 Grant St.

Roger Garner - Golf Pro



Table of Contents

A message from Denise Milburn, Recreation Supervisor ▼

Greetings from Caldwell Recreation!

I hope you are having a wonderful holiday season! During this typically busy time of year, our focus turns to our families. Thank you for allowing Caldwell Recreation to be a part of your family's lives. I appreciate the many volunteers and local businesses that donated their time and money during 2018 to help Caldwell Recreation provide fun, affordable family activities and events for our Community; Thank you!

I am sincerely grateful for the generosity of **Dorothy Kidd**. With the donations from her foundation, we are able to offer financial assistance for youth programs to families who otherwise would not be able to participate. In addition, her donations helped subsidize the cost of jerseys for nearly 800 1st – 6th grade students that participated in Recreation basketball in the past year. This helped to keep our costs down and our fees affordable for all families. Your donations to the Secret Pal Financial Assistance Program are welcome and will allow Caldwell Recreation to serve even more families in our Community. Please contact our office to apply for a Secret Pal scholarship or make a donation.

This year as you scramble to finish your last minute Christmas shopping, consider giving loved ones the gift of health. Gift certificates from Caldwell Recreation offer the potential of increased mental and physical wellness. Gift certificates may be used toward any of our youth and adult sports and activities including basketball, volleyball, gymnastics, karate, dance, cooking classes, Zumba and so much more. Your gift just may inspire a healthy new lifestyle, a lifelong interest in a sport, and the opportunity to gain confidence and meet new friends.

From all of us at Caldwell Recreation, we hope you and your family have a Merry Christmas and a blessed New Year!

Best wishes,

Denise Milburn
Recreation Supervisor



City of Caldwell Information.....	2
Plan it at the Depot.....	2
Table of Contents	3
Events Calendar	4
O'Connor Field House Event Schedule.....	5
Caldwell Senior Center	5
Senior Tours.....	6
Tours & Trips.....	7
Caldwell Public Library.....	8
Caldwell Recreation Gymnastics.....	9
Dance & Ballet.....	10
Preschool & Prekindergarten	10
Youth Sports & Activities.....	11 - 15
Adult Sports & Activities	16 - 19
Caldwell Parks Information	20 - 21
Registration Information	22-23

Events Calendar



WINTER WONDERLAND

Indian Creek Park

Enjoy the beautiful light display along Indian Creek in Downtown Caldwell through January 15, 2019.

ANNUAL BASQUE DANCE

January 19 • O'Connor Field House

Doors open at 5:30 p.m. - Dinner at 6:00 p.m. -

Dance begins at 9:00 p.m.

Dinner, dancing, and an auction are all a part of this charity event. Funds raised will benefit needy families in the Caldwell area with food and medical contributions. Tickets may be purchased in advance. For more information call 208-830-9149.

SILVER BELT INVITATIONAL BOXING TOURNAMENT

February 15 & 16 – O'Connor Field House

Join the excitement as this USA Boxing sanctioned event returns to Caldwell! Expect in excess of 20 bouts of competition during the Friday evening qualifying event. Additional sessions include a Saturday afternoon matinee competition before the Saturday night Championship round. Contact Larry Blackburn, 208 571-4382, if you are interested in being a volunteer or a sponsor of this event.

MAYOR'S YOUTH ADVISORY COUNCIL DINNER

February 16 – Indian Creek Steakhouse

Annual fundraiser for the MYAC. Please contact the Mayor's Assistant, Susan Miller, 208-455-3011, for more details.



STATE OF THE CITY ADDRESS

February 26 • Jewett Auditorium

Mayor Garret L. Nancolas will deliver his annual "State of the City Address" on Tuesday, February 26th at 4:00 p.m. in the Jewett Auditorium on the College of Idaho campus. The "State of the City Address" is a summary of annual accomplishments, goals, and upcoming projects. All community members are welcome and no RSVP is required. There is no cost to attend.

EASTER EGG SCRAMBLE

April 20 • Memorial Park

Grab your baskets and join the fun!! Thousands of eggs will be filled with candy and other surprises. Find the special eggs in each age group and exchange them for a prize donated from an area business. Beginning at 10:00 a.m., kids ages 3-12 can participate in the annual "scramble", while those 2 years and under can visit the Easter Bunny and receive a sack of eggs and prizes.

COMMUNITY PRIDE DAY

Saturday, April 27

Community members are encouraged to volunteer on this day of service. Service tasks include cleaning up trash, painting buildings, raking leaves, yard work, planting flowers, helping seniors with miscellaneous household jobs, and more. For more information, please contact the Mayor's Assistant, Susan Miller, at 208-455-3011.

CALDWELL FAMILY FUN DAY

June 8 • Whittenberger Park & Rotary Pond

In conjunction with Idaho Free Fishing Day, the City of Caldwell, CHA, and St. Luke's are sponsoring a fantastic day of free family fun! Events include a fishing derby, a fun run, archery, and lots more! Be sure to mark your calendar – you won't want to miss this event!

O' Connor Field House, Simplot Stadium/CNR Arena

PUBLIC EVENT SCHEDULE • 208-455-3004

EVENT DATES	EVENT	LOCATION	TIME	CONTACT
DECEMBER				
SATURDAY 8	DUCKS UNLIMITED DINNER/AUCTION	O'CONNOR F. H.	6:00 PM	www.ducks.org/idaho
JANUARY				
SATURDAY 5	CRAB FEED	O'CONNOR F. H.	6:00 PM	208-459-4326
SATURDAY 19	BASQUE DINNER/AUCTION	O'CONNOR F. H.	5:30 PM	208-830-9149
TUESDAY 29	AG EXPO	O'CONNOR F. H.	9 AM – 6 PM	www.spectraproductions.com
SUNDAY 30	AG EXPO	O'CONNOR F. H.	9 AM - 4 PM	SAME
FEBRUARY				
FRIDAY 15	SILVER BELT BOXING	O'CONNOR F. H.	TBA	
SATURDAY 16	SILVER BELT BOXING	O'CONNOR F. H.	TBA	
MARCH				
SATURDAY 2	GEM & MINERAL SHOW	O'CONNOR F. H.	10 AM – 6 PM	www.owyheerocks.com
SUNDAY 3	GEM & MINERAL SHOW	O'CONNOR F. H.	10 AM – 5 PM	SAME
SATURDAY 9	FRIENDS OF THE NRA DINNER	O'CONNOR F. H.	5:00 PM	apples@liveidaho.com
WEDNESDAY 13	C-TOWN FIGHT NIGHT	O'CONNOR F. H.	6:30 PM	chs.caldwellschools.org
SUNDAY 17	VINTAGE MOTORCYCLE SHOW	O'CONNOR F. H.	12:00 PM	www.idahovintagemotorcycleclub.org
SATURDAY 23	ROLLER DERBY	O'CONNOR F. H.	6:00 PM	www.beetcitybombers.com
APRIL				
SATURDAY 6	SPRING FLING	O'CONNOR F.H.	9 AM – 5 PM	jenniferwarn@yahoo.com
WEDNESDAY 24	INFORMATION FAIR	O'CONNOR F. H.	8 AM – 2 PM	www.idahoconnections.org
SATURDAY 27	GO PURPLE STEAK FEED	O'CONNOR F. H.	6:00 PM	www.yoteathletics.com

Caldwell Senior Center

1009 EVERETT ST. | MONDAY – FRIDAY 9:00 A.M. - 3:00 P.M. | 208-459-0132

"New to You" Senior Store	Monday - Friday 9:00 am – 3:00 pm
Meals	Monday – Friday 12:00 pm \$4 suggested donation Age 60+ \$5 under age 60
Exercise Class	Monday & Thursday 9:00 am Free
Line Dancing Classes	Monday 1:00 pm \$6 class
Pinochle	Tues. Starting at 1:00 pm
Pool Players	Monday – Friday Starting 8:00 am \$.50 a day
Dances	Friday 6:00 – 9:00 pm \$5 Live bands
Wii Games	Friday 10:00 am – 12:00 pm
Pedicure Clinic	1st Friday & 3rd Tuesday 10:00 am By appointment only
Blood Pressure Check	1st and 3rd Friday of the month
Square Dancing	Wednesday nights 7:00 - 9:30 pm
Bingo	Every Friday from 1:00 – 2:00 pm \$1card Every Tuesday from 6:00 - 8:30 pm progressive bingo 50/50 pot - open to the public. \$5 buy-in
AARP Meeting	4th Tuesday of the month 1:00 pm

MUSICAL ENTERTAINMENT

11:00 am – 12:00 noon

Various groups offer musical entertainment throughout the month.

Bill McKeeth	The Relics	Senior Jammers
Bill Kolash	Country Gentlemen	
Rusty & the Country Jammers		
Elvis in the House Birthday (Last Friday of the month)		

SENIOR CLASSES

COMPUTER CLASSES

Basic computer instruction classes are scheduled periodically throughout the year. Classes are held 9:00a.m. - 12:00 noon. Call for a schedule of class dates. There is a \$5 fee for this program. The computer lab is available to the public for \$.50 hr.

"FIT & FALL PROOF" EXERCISE PROGRAM

Improve strength and balance. Classes held on Mondays and Thursdays at 10:00 am Free

SENIOR EXERCISE

Class includes standing, sitting, and floor exercises. Meet new friends and gain strength, flexibility, and balance. Classes held Mondays and Thursdays at 9:00 am Free

Get a copy of our monthly menu and events calendar at cityofcaldwell.com website.

"Like" us on Facebook!

Meals on Wheels - 208-454-8142

Senior Bus - CCOA - 208-459-0063 (\$.75 suggested donation)



Senior Tours



We will begin taking reservations for the Salmon River Adventure and The Redwoods/Oregon Coast tours at the Parks & Rec office on Friday, January 4, 2019. You may pick up a registration number beginning at 8:00 a.m. At 9:00 a.m., we will begin taking registrations by ticket number. A \$25 non-refundable deposit is required per person for each trip to hold your reservation. You may register in person or by telephone. Walk-in registration will be taken first. Registration accepted for you and your partner only. No phone messages please.



SALMON RIVER ADVENTURE

June 25 – 27, 2019

Join Caldwell Recreation as we discover the Salmon River with a thrilling jet boat tour. You will get to see the living history of the Salmon River country aboard a Coast Guard approved boat as you head upriver into the Frank Church Wilderness Area through exciting rapids. We will visit the Polly Bemis Ranch, Buckskin Bill's Homestead and Museum, and enjoy lunch at MacKay Bar. Our Salmon River jet boat tour will take you through some of the most beautiful scenery in the country and will provide memories that will last a lifetime. We will enjoy a leisurely boat cruise of the Payette Lake and a visit to the Smokejumpers' Base Camp in McCall. The cost of our three-day trip will include a two-night stay in Riggins, bus transportation, boat tickets, some meals, and tax. **The cost for this trip is \$550 per person, based on double occupancy. You won't want to "miss the boat" for this adventure!**

MCCALL ICE CARNIVAL & ELK FEEDING

January 30, 2019

Relieve your cabin fever with a trip to view the winter splendors of Donnelly and McCall. We will take a leisurely drive to Donnelly for lunch, provided by Caldwell Recreation. After lunch, we will enjoy a hayride to feed the dozens of elk that gather around the sleighs. Following the hayride, we will then drive to McCall to spend the afternoon viewing the Winter Carnival ice sculptures, and if time permits, shopping. We will leave Caldwell at 8:30 a.m. and return around 6:30 p.m. The fee is \$73 per person which includes transportation, lunch, the sleigh ride to feed the elk, and tax.

Registration is now open, so book early; the bus will fill fast!



THE REDWOODS & OREGON COAST

September 17 – 23, 2019

Complete your summer with a weeklong vacation along the California and Oregon Coasts. We will begin our tour at Diamond Lake Resort, Oregon's Gem of the Cascades. Then, we will travel on to Crater Lake and the Big Cats World Park, before we reach the Northern California coast. Our journey will take us to the Avenue of Giants and the Redwood National Park, home of the world's largest trees. We will spend four nights lodging on the beaches of the beautiful Pacific Ocean; relax as you breathe in the salty air, walk on the sandy beaches, and watch the hypnotic waves roll in. Our adventure includes a 64-mile jet boat tour of one of the few remaining historic mail boat routes on the Rogue River. We will finish our tour driving along the scenic Columbia Gorge, with a stop at Multnomah Falls. **The cost of this tour is \$1,175 per person, based on double occupancy. Bus transportation, lodging, entrance fees to all scheduled events, some meals, and tax are included in the cost. Please join us on this tour of one of our favorite vacation destinations, the Pacific coast.**

Tours & Trips

Caldwell Recreation, in conjunction with Collette Travel Service, Inc., is offering three very unique trips. These travel packages are a great way to take a vacation without all the stress and hassle. Each includes airfare from Boise, accommodations, ground transportation, entrance tickets, and several meals. Collette Travel will have a presentation of upcoming tours at 1:00 pm on Tuesday, February 5th at the Caldwell Library. A deposit will be required to reserve your space on these trips. Call Denise at Caldwell Recreation for more information, 208 455-3060.

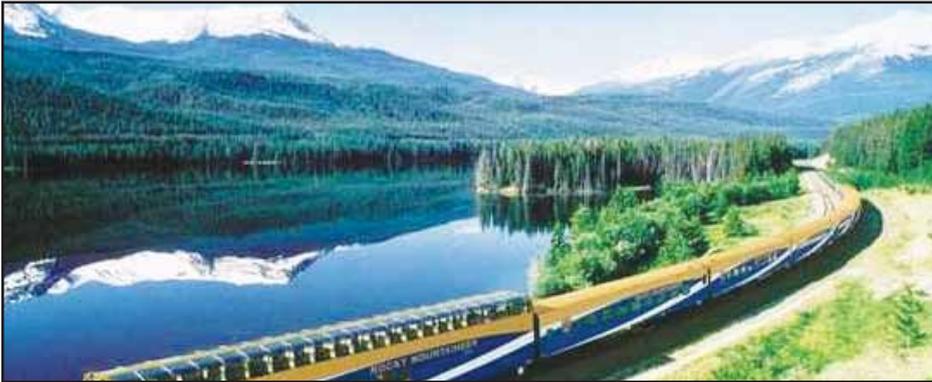


Albuquerque Balloon Fiesta

October 3 – 8, 2019

Take Flight Above the Southwest - Up, up and away! This is an experience not to be missed! The Albuquerque Balloon Fiesta has grown into one of the world's most photographed events. Set in New Mexico, a place diverse in culture and scenic beauty, the Fiesta is simply one of the most spectacular displays of sound and color you are ever to witness. This exciting journey also includes time in Albuquerque and Santa Fe, two culturally rich cities. Visit the unique shops and restaurants of Old Town Albuquerque. Wind through the stunning Turquoise Trail. Set out on a walking tour of Santa Fe that highlights the St. Francis Cathedral and the end of the Santa Fe Trail. Experience the Santa Fe School of Cooking.

Rates include airfare from Boise: Double \$2,699; Single \$3,399



Canadian Rockies by Train

October 17-25, 2019

Climb aboard as VIA Rail's The Canadian takes you between Vancouver and Jasper, a once-in-a-lifetime overnight train journey. Relax in the dome car and experience panoramic views of snow-capped mountains, glacial lakes, rushing rivers and the sheer unspoiled wilderness of Canada. In Jasper, see the dramatic Maligne Canyon and its picture-perfect lake, where you enjoy breakfast with a view! Journey along the unforgettable Icefields Parkway. Stop at Columbia Icefield and choose from a Glacier Experience across this mass of glacier ice or take a walk on the Glacier Skywalk. Feel like royalty while overnighing in the region's most elegant hotels and resorts. Discover the natural beauty of Moraine Lake, the powerful Bow Falls and impressive Hoodoos. Experience a day on a ranch in the Alberta plains, complete with a wagon ride in search of buffalo and a BBQ lunch in the great outdoors.

Rates include airfare from Boise: Double \$5,699.00; Single \$6,699.00; Triple \$ 5,599.00

Classic Christmas Markets

December 7 -15, 2019

Experience the 600-year-old holiday spirit of "Christkindlesmarkts" in Germany, Austria and France. Sip mulled wine and collect unique handicrafts, hand-made ornaments and toys at some of the largest and most famous Christmas markets in Europe. Spend three nights in the traditional Alpine village of Oberammergau and two nights in the heart of the Black Forest. Bask in holiday cheer as you stroll along the cobblestone streets of Innsbruck, capital of Tyrolean Austria. Explore historic Nuremberg, Würzburg and Rothenberg, some of the best preserved medieval towns in Europe. Visit the famous Nuremberg Christmas Market dating back to 1628, where you can sample sausages and gingerbread. In Innsbruck, embark on your choice of a cultural or architectural walking tour. Explore Strasbourg's Petit France and its quaint market stalls huddled around the imposing cathedral.

Rates include airfare from Boise: Double \$2,999; Single \$3,199



Caldwell Public Library

1010 DEARBORN ST. | 208-459-3242

Youth Program Break: No regular programs Dec. 21- Jan. 6.

Early closures - Christmas Eve (1 pm) and New Year's Eve (3 pm).

Closed Christmas Day and New Year's Day.

Weekly programs

Storytime. Mondays at 10:30 and 11 (ages 0-2), Tuesdays and Wednesdays at 10:30 (ages 2-5)

Music and Movement. Wednesdays at 11:15 (ages 2-5)

Afterschool Fun. Wednesdays at 4:30 (ages 5-11). Crafts, games, board games, and fun activities for school-age kids.

Teen Thursdays. Thursdays at 4. Creating, building, and tinkering. Grades 6-12.

Tai Chi. Fridays at 10. Ages 18+ Mindful, holistic exercise for overall health and wellness.

NEW! Evening Storytime starts Jan. 8. Tuesdays at 7 pm. in the Children's Room (all ages, geared to preschool).

Technology Tutors and Research Assistance. Schedule an appointment with one of our library staff to help with your research and/or technology needs.

Bi-Weekly programs

Adulting 101: Every other Tuesday. 6:30-8 pm, Ages 14+, A series of workshops focused on the skills and resources necessary for successful adulthood. Topics are centered around a monthly theme: January: Health - Mental and Physical, February: Taxes, March: Repair, Reuse, Recycle, April: Finance/Housing. Check our calendar for specific dates and topics. Monthly

Thursday Afternoon Read: Second Thurs., 2-3 pm, Ages 18+ Join us for a lively discussion of the book of the month. Contact Marina for information on monthly titles (mrose@cityofcaldwell.org).

Crafter's Club: Third Fri., 2-3:30 pm, Ages 18+, Come work on your craft projects with other people – knit, crochet, embroider, you name it!

Homeschool Book Club. October – May. Second Tues., 2-3 pm. Readers age 6-18. Contact Fiona for information on books and groups (fmay@cityofcaldwell.org).

Technology Basics: First Thurs, 10:30-12 pm, All Ages, Drop in for computer or technology help!

Adult Board Games: Third Tues, 6:30-8 pm, Ages 18+, @ Flying M Caldwell, Bring your favorite game or play one of ours! Clue, Life, PayDay, Apples to Apples, and more!

Teen Science Café: one Thursday a month, 4-5:30 pm. Grades 6-12. Free pizza! Meet a scientist and try a hands-on activity.

Pokémon Club. Sept – April. First Sat, 2-3:30 pm. Ages 7-18. Learn the trading card game, test your skill against others. Bring your deck if you have one; a few decks available to borrow.

Family Movie. Sept – April. One Saturday monthly, 2- 4 pm. Watch a family friendly movie on the big screen and enjoy free popcorn. Ages 4+.

Ask a Librarian. Last Weds. 6-7 pm. All Ages. Drop by to ask questions about library resources and technologies.

Specials. Mid-December through April

Edible Book Contest: Sat., December 15, 2-4 pm, All ages. Make a cake or dessert of your favorite holiday-themed book or book character and compete for People's Choice award. Cake tasting to follow the contest. Amateurs only please.

Steelheads Winter Reading Contest. Kids ages 5-13 can win Steelheads tickets for themselves and a parent by participating in our winter reading contest. Dec. 17 – Feb. 15

Noon Year's Eve Party. Mon., Dec. 31, 11 a.m-12:30 pm. All ages. Like to celebrate New Year, but don't want to stay up until midnight? Crafts, snacks, activities, and a countdown ... to noon!

Movie Marathon. Wednesday, Jan. 2. Movies at 11, 2, and 5.

Super Bristle Bots. Thurs., Jan. 3, 2-3:30. Ages 5+. Make your own tiny "robot" using a brush and a few simple supplies. Thanks to the Re-useum for leading.

Mid-Winter Author Series:

Thurs. January 10. 7 to 8 pm, All Ages, Caldwell author, Angela Matlashevsky

Thurs. January 24, 7 to 8 pm, All Ages, Emmett author, Amanda Tru

Thurs. February 7, 7 to 8pm, All Ages, Boise author, Rick Just - writing workshop

Thurs. February 21, 7 to 8 pm, All Ages, Author TBD

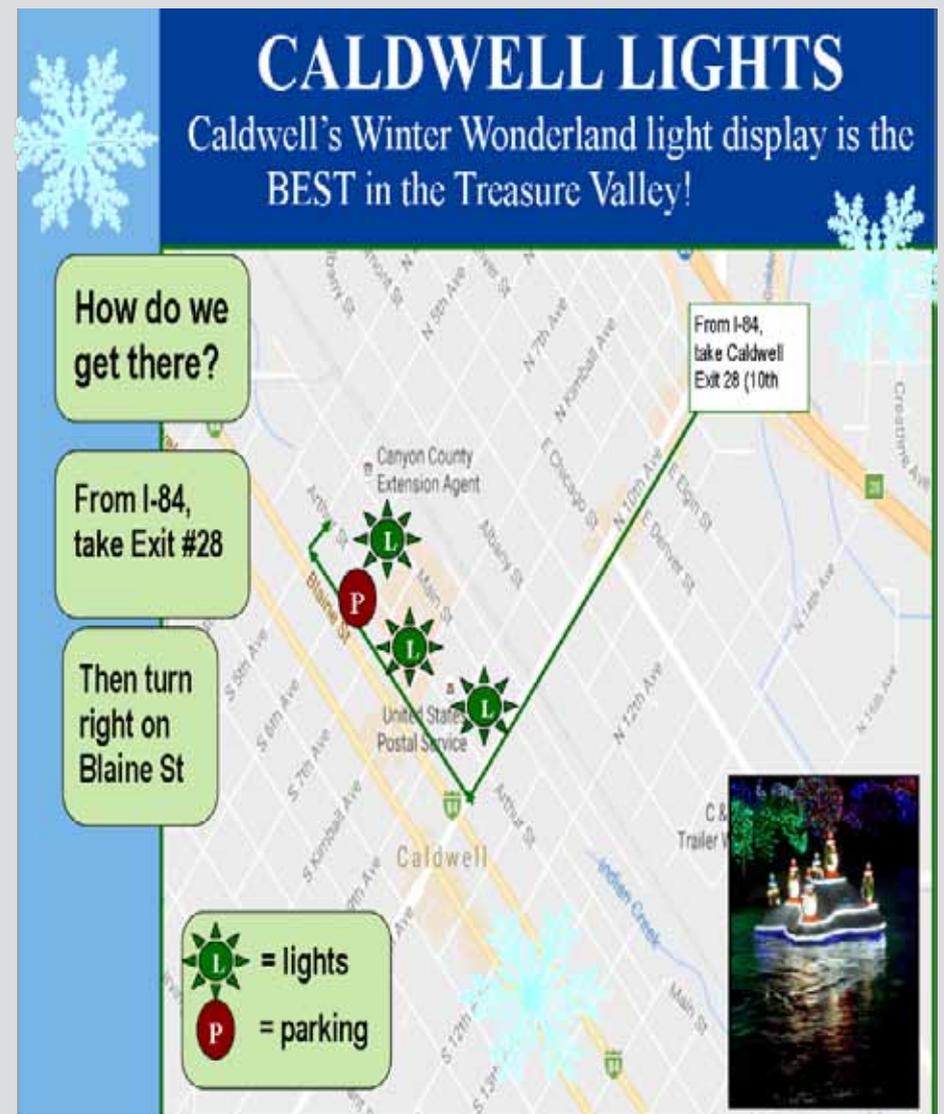
Chinese New Year Celebration. Sat., Feb. 16, 1-3 pm. All ages. Love dragons? Ready to make some noise? You're going to love bringing in the Year of the Pig!

Local Author Panel. Sat., Feb. 23, 1 - 2. All Ages. Discuss the writing process with a panel of three Idaho authors: Rick Just, Renee Settle, and Margo Kelly.

Early STEAM. Wed., Feb. 27, 10:30-noon, and Thurs., Feb. 28, 6:30-8 pm. Families with kids age 0-8. Science, Tech, Engineering and Math for little people.

Pioneer Party. Sat., Mar. 9, 11 - 1. All ages. Remember "Little House on the Prairie?" Let's celebrate pioneers in an activity-packed program of crafts, music, and creating. Light refreshments.

Stuffed Animal Slumber Party. Friday, March 22. 4:30-6 pm. Ages 2+. Would your stuffed animal like to sleep over at the library? (Sorry, kids will head home at 6.) Activities and snacks on Friday night, then kids go home. Animals enjoy the library at night! Pick up your animal friends on Saturday.



The downtown Caldwell light display will continue each night until January 15! Grab your family and friends for a stroll downtown under the lights and take lots of photos! (Makes GREAT Christmas card or Ringing in the New Year pictures.) Need a map? Here you go!

Caldwell Recreation Gymnastics

INSTRUCTORS: RENEE MOSS & MADDY KING



Classes are offered for children ages 18 months to 13 years and are held at the Roberts Recreation Center. Children will be taught skills on the balance beam and uneven bars, as well as vault skills, floor movement, and exercise. This is a great program to help your child develop motor skills, balance, and coordination.

DATE & TIME	GYMNASTIC CLASSES	FEE PER MO.	DESCRIPTION
MONDAY			
10:00 am – 10:30 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
3:30 pm – 4:00 pm	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
4:00 pm – 4:30 pm	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement
4:30 pm – 5:30 pm	Beginner 2/3 (Ages 6+)	\$40	Prior Beginner 1 required or coach placement
5:30 pm – 6:30 pm	Beginner 1 (Ages 6+)	\$35	Progressive Skills
TUESDAY			
10:00 am – 10:30 am	Basic Preschool (Ages 3 & 4)	\$25	Motor Skills, balance, coordination
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor Skills, balance, coordination
11:00 am – 11:30 am	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement.
4:00 pm – 4:30 pm	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
4:30 pm – 5:30 pm	Beginner 1 (Ages 5 - 7)	\$35	Progressive skills
5:30 pm – 6:30 pm	Beginner 2/3 (Ages 6+)	\$40	Prior Beginner 1 required or coach placement
6:30 pm – 7:30 pm	Beginner 1 (Ages 6+)	\$35	Progressive skills
WEDNESDAY			
10:00 am – 10:30 am	Parent/Tot (Ages 18 mo – 3yrs)	\$25	Parent guides child through various locomotive obstacles, skills
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
3:30 pm – 4:00 pm	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
4:00 pm – 4:30 pm	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement
4:30 pm – 5:30 pm	Beginner 1 (Ages 6+)	\$35	Progressive skills
THURSDAY			
10:00 am – 10:30 am	Parent/Tot (Ages 18 mo - 3yrs)	\$25	Parent guides child through various locomotive obstacles, skills
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
11:00 am – 11:30 am	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement
4:00 pm – 4:30 pm	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
4:30 pm – 5:30 pm	Level 1 (Ages 8+)	\$35	Progressive skills
5:30 pm – 6:30 pm	Level 2/3 (Ages 8+)	\$40	Prior Beginner 1 required or coach placement
6:30 pm – 7:30 pm	Level 3+ (Ages 8+)	\$40	Level 1 and 2 required or coach placement
SATURDAY			
9:30 am- 10:00 am	Basic Preschool (Ages 3 - 5)	\$25	Motor Skills, balance, coordination
10:00 am – 11:00 am	Beginner 2/3 (Ages 6+)	\$40	Coach placement only
11:00 am – 12:00 pm	Beginner 1 (Ages 6+)	\$35	Progressive skills

Dance & Ballet

Preschool & Prekindergarten



Instructor: Alexandra Escujuri Held at the Roberts Recreation Center Dance Studio

All dancers will need to wear a leotard and tights or leggings, or a fitted shirt and leggings, and ballet shoes. Please no sneaker, tank tops or shorts. Dancers must also have their hair pulled up out of their face. Dancers will have the opportunity to participate in a May recital.

3 - 4 YEARS OLD

4:30 - 5:00 pm (Monday or Tuesday) Fee: \$25

This class is for all aspiring ballerinas who love to move to the music. During this class, dancers will learn the core basics of ballet in a fun class environment tailored to young students. Through the course of the year, we work on spatial and body awareness, following directions, gross and fine motor skills, dancing with music, balance and much more.

5 - 8 YEARS OLD

5:15 - 6:00 pm (Monday or Tuesday) Fee: \$29

This class is for the dancer who is ready to be in a class setting learning the fundamentals of dance and ballet. We will be learning the components of ballet including the 5 positions, center work on the floor, basics at the barre as well as movements across the floor, such as leaps and turns. We will work more on quality of movement, technique and strength. We will also focus on stretching and strengthening our bodies. The fundamentals of ballet all come together in learning choreography. All of this will be done in a positive, encouraging environment.

9 - 14 YEARS OLD

6:00 - 7:00 pm (Monday Only) Fee: \$35

This class is for the dancer that has had a little to no prior dance experience but is eager to learn, because it is never too late!! We will be learning basics of ballet and dance technique, working on strengthening our bodies and increasing flexibility. This is a fun setting where we will learn together, build confidence, increase our knowledge of dance, and learn choreography.

OPEN ENROLLMENT FOR WINTER/SPRING 2019 SEMESTER!

DON'T DELAY-ENROLL TODAY!

INSTRUCTOR: CARIE MILLER

PRESCHOOL CLASS

This class is for three and four year olds who will be attending Kindergarten in the Fall of 2020. Designed for children who can use the restroom independently, this two-hour class helps develop social skills in a classroom setting. The children's knowledge of counting, the alphabet, shapes, and colors is reinforced and strengthened. Parents are asked to provide snacks for the class on a rotating basis.

Two Days a Week

Tuesday & Thursday

9:30 - 11:30 a.m.

or

12:30 - 2:30 p.m.

Fee: \$60 per month

PREKINDERGARTEN CLASS

These classes help prepare four and five year olds for success in kindergarten in the 2019 - 2020 school year. Students learn to listen and follow directions in classroom activities involving writing, beginning phonics, counting, calendar skills, and an introduction to telling time. Parents are asked to provide snacks for their child's class on a rotating basis.

Ages: 4 - 5 years

Classes held Monday, Wednesday, and Friday

8:45 - 11:30 a.m.

OR

12:00 - 2:45 p.m.

2 Days a Week - \$70 per month

3 Days a Week - \$90 per month

ATTENTION PARENTS: Please have your child's immunizations up to date, however, their record is not required for enrollment. Parents will be asked to provide snacks for your child's class on a rotation basis. Tuition is due by the 10th of each month to avoid a \$5 late fee.



Youth Sports & Activities

HIP-HOP FOR KIDS

Thursdays 5:15 – 6:00 pm

Location: Roberts Recreation Center

Instructor: Idaho Rhythm

Ages 5-9

Fee: \$29 per month

Learn the latest moves of this high-energy form of dance. A qualified and positive instructor will teach students family friendly dance moves and routines. Beginner to intermediate classes held monthly.

SHORIN-RYU KARATE

Held at the Roberts Recreation Center. Fee: \$35 per month

If you are seeking perfection of character, discipline, and self control, Shorin-Ryu Karate is for you. Students will learn self-defense techniques, self-awareness, and discipline.

Mondays & Wednesdays - Instructor: Kevin Wagner

Ages 4 - 8: 7:00 - 8:00 pm

Ages 9+: 8:00 - 9:00 pm

Tuesdays & Thursdays - Instructor: Ed Russell

Ages 4 - 8: 6:00 - 7:00 pm

Ages 9 - 13: 7:00 - 8:00 pm

Ages 14+: 8:00 - 9:00 pm

CHEER BASICS

Roberts Recreation Center

Beginners 6-10 years: 5:45 – 6:45 pm

Juniors 11-14 years old: 6:45 – 7:45 pm

Fee: \$40 per month

March/April/May

New and advanced athletes are introduced to basic to advanced jumps, stunts, motions, flexibility and cheer flips while learning leadership skills, team sportsmanship, teamwork, physical fitness and making new friends. Enrollment for the Dynamic cheer squad begins June 2019.



YOUTH ARCHERY LESSONS AND 3D LEAGUE

Archery Central, 6610 Cleveland Blvd.

Tuesdays, Jan. 8 – Feb. 5

5:00 – 6:00 pm or 6:00 – 7:00 pm

Fee: \$60 per student.

This archery league allows students the exciting opportunity to shoot 3D animal targets. This will be a fun experience for new and skilled shooters! The first class will be basics, form, safety, and sighting in. The following weeks will be 3D leagues with lessons. Kids will learn how to score their target, shoot for major vitals, and overall safety. Open to students 4 to 16 years, however, children under 5 years may require parental assistance. All equipment provided. Come join us!

C TOWN BOXING

Coaches: Manny Albares, Ed Pizano, Edgar Hernandez, Mario Hernandez

Location: Roberts Recreation Center

Gym is open Monday – Thursday, 5:30 – 7:00 pm

Fees: \$30 per month / \$20 per month for each additional family member

Caldwell Recreation is pleased to announce the addition of C TOWN BOXING, a USA Boxing sanctioned program, to the Roberts Recreation Center! Our coaches are registered with USA Boxing and have a combined experience of over 100 years! This program is open to both males and females 8 to 39 years. No prior boxing experience is required. Boxing is not only a great cardio fitness workout and form of self-defense, but also instills discipline, self esteem, and confidence in participants. Serious boxers can become USA Boxing certified and compete at national and Olympic levels. Come dressed in gym clothes and tennis shoes; all equipment provided to get you started. *Financial assistance available to those who qualify.



Youth Sports & Activities

IDAHO RHYTHM SPRING BREAK DANCE CAMPS

Held at the Roberts Recreation Dance Studio

Join these fun one-day dance camps for only \$13 each

Ages 5 – 10 years

Greatest Showman

March 27 3:00 – 4:00 pm

Come explore fun dances with the amazing music from the movie The Greatest Showman!

The Incredibles

March 28 3:00 – 4:00 pm

Every kid is INCREDIBLE at our Incredibles dance camp. Learn some fun moves to songs from the movie, and have a blast with us!

YOUNG REMBRANDTS

Instructor: Tom Dempsey

Location: Roberts Recreation Classroom

Dates: March 26 – March 28, 2019 10:00 – 11:15am

Fee: \$36 per person Ages: 6 – 12 years

This 3 day camp will be a combination of the Young Rembrandt's drawing and cartooning classes, so students will get to draw 'serious' art and some light-hearted subjects, both of which will engage their imaginations. Our elementary-age curriculum is designed to teach basic to advanced drawing skills and art techniques, all while having a lot of fun. While providing skills that help your student express their creativity, we focus on our belief that all children can – and should – learn to draw. We provide all materials and teach new lessons every day with our innovative, step-by-step method. We will be drawing subjects that your children will recognize and will have a great time with! Sign up today!



NATURE EXPLORATION TOOLKIT: NATURE JOURNALING

Instructor: Nicole Hutcherson, Environmental Educator

Location: Whittenberger Park

Date: Saturday, March 30, 1:00-3:00 pm

Fee: Free!

Connect with nature while learning the basics of nature journaling! You will use your senses to explore the park while doing a scavenger hunt, investigating flowers, sound mapping and a friendly exploration competition. This session will teach you skills to create fun, family adventures in nature: from your backyard or neighborhood park to the most remote wilderness places. Join Deer Flat National Wildlife Refuge staff for an afternoon of learning, fun, and exploration! Targeted at 4th – 5th graders that bring at least one adult but all ages are welcome. All materials provided. Registration required. Must register at deerflat@fws.gov or (208) 467-9278 by March 26.

EARTH DAY WORK DAY

Instructor: Saskia van Adrichem, Volunteer Coordinator

Location: Deer Flat National Wildlife Refuge

Date: Saturday, April 20, 9:00am-noon

Open to families, Free

Deer Flat National Wildlife Refuge invites wildlife-lovers to celebrate Earth Day by volunteering at Earth Day Work Day from 9am-12pm on Saturday, April 20. Volunteers will remove noxious weeds and clean up litter around the shores of Lake Lowell and other possible projects. Volunteers will meet at the Refuge Visitor Center at 9am. Interested volunteers should pre-register by contacting the Volunteer Coordinator at deerflat@fws.gov or (208) 467-9278.

Deer Flat National Wildlife Refuge Presents...



Preschoolers (3-5 years) use their natural curiosity to investigate nature



- Guided nature explorations
- Hands-on activities
- Come with an adult and be ready to be outside
- Free!
- Rain or shine

4th Thursday of each month at 10:30am

Not held on Federal holidays.

For information: (208) 467-9278 or deerflat@fws.gov

Deer Flat National Wildlife Refuge
13751 Upper Embankment Road, Nampa
www.fws.gov/refuge/deer_flat



The U.S. Fish and Wildlife Service is committed to providing access to this event. Please direct requests for sign language interpreting services, closed captioning, or other accommodation needs to Susan Kain (208-467-9278, deerflat@fws.gov, TTY 800-877-8339) by close of business 10 days before the event.

Youth Sports & Activities

BABYSITTING TRAINING

Location: Memorial Park Classroom

Date: March 23 10:00 am – 4:00 pm

Fee: \$12

Ages: 12 – 16

The babysitting curriculum includes fun, hands on, informational activities. Nutricious foods/snacks, ages/stages of child development, handling emergency situations, babysitting do's and don'ts, 7 principals of discipline and the business of babysitting. Participants receive a CD containing all the class material as well as a student guide and a certification of completion. We provide the basics of CPR & First Aid but certification is not included. Participants need to bring a bagged lunch. Call the Canyon County Extension Office at 208-459-6003 or email Carrie Johnson at carriej@uidaho.edu for more information.

Instructors Wanted

Caldwell Parks & Recreation is currently seeking instructors who would like to share their knowledge and talent with others. Earn \$\$\$ and have fun teaching your favorite skill or hobby. We offer a wide variety of activities for youth and adults such as art, crafts, educational programs, and physical activities. The Roberts Recreation Facility is now open with a kitchen, classrooms, gym space, and dance area. Call Denise at Caldwell Parks & Recreation for more information, 208-455-3060.

Let's Move! Outside

wants to give 4th graders and their families a free pass to all national parks, lands, and waters--and Idaho state parks! This year's passes are good through August 31, 2019. Visit everykidinapark.gov for more information.



Your gateway to local, family adventures is here! "We the Family" is an online events page that highlights FREE (or very low cost), family-focused fun events happening in Caldwell. Also promoting resources and information for parents and families in Caldwell. Find us on Facebook (search "We the Family Caldwell"), or visit the website: <http://www.cityofcaldwell.org/familycaldwell>. We the Family is co-sponsored by eight Caldwell organizations, including the City.



SECRET PAL PROGRAM

Financial Assistance for Youth Programs

Thanks to a generous donation from the Dorothy Kidd Foundation,

Caldwell Recreation has funds available to offer financial assistance to families through the Secret Pal program. This program is funded entirely by public donations and is designed to reduce the cost of enrollment in recreational programs for children.

Our goal is to allow all children the opportunity to participate in recreational programs, regardless of their family's current financial position.

Secret Pal applications are available online at cityofcaldwell.org, and at the Caldwell Parks & Recreation office.

The application only takes a few minutes to complete.

Applications are reviewed and assistance determined within one week.

If you know of someone who could benefit from this program or you would like to make a donation, please contact Denise at 208-455-3060.



WANTED: SUMMER 2019 POOL STAFF

Are you looking for a fun, summer job? The City of Caldwell has openings at the Municipal Pool for the positions of Lifeguard, WSI, and Management. The Pool will open for the season on May 25, 2019. Candidates must have current Lifeguard, WSI certification(s) and First Aid/CPR training by May 24, 2019. Must possess good interpersonal skills and have the ability to effectively communicate with other City employees and the general public. Applicants must be at least 16 years old. Applications are available at the Parks and Recreation office, 618 Irving St., Caldwell. Please submit applications by Monday, March 18, 2019.

Pay Range:

Starting at \$9.00 per hour for Lifeguard (DOQ)

Starting at \$10.00 per hour for WSI Instructor (DOQ)

Starting at \$11.00 per hour for Management (DOQ)

Contact Denise Milburn, Recreation Supervisor, for more information, 208 455-3060 or dmilburn@cityofcaldwell.org.

Youth Sports & Activities

YOUTH BASKETBALL

5th/6th GRADE RECREATIONAL BASKETBALL LEAGUE

We will offer separate leagues for boys and girls in the 5th & 6th grades. Games will be held on Saturday mornings at an area school. The season will consist of 5 regular season games with a single elimination tournament at the end.

Registration Deadline: Dec. 21

Practices Begin: Week of Jan. 7

Game Dates: Saturdays, Jan. 19 – Feb. 23

Time: 9:00 am

Fee: \$40.00 Includes Utah Jazz Jersey

KINDERGARTEN - 2nd GRADE BASKETBALL CLINIC

Our 4-week clinic is a great introduction to basketball before league play begins in February. Students will learn basketball fundamentals and gain confidence. Each participant will receive a basketball to keep. **1 & 2 Grade Basketball League will be offered at the end of February. Limited to 90 participants.

Registration Deadline: Jan. 11

Location: Sacajawea Elementary

Date: Saturdays, Jan. 12 – Feb. 2

Times: Session 1: 9:00 – 10:00 am

Session 2: 10:15 – 11:15 am

Session 3: 11:30 am – 12:30 pm

Fee: \$25.00

WINTER YOUTH BASKETBALL "HOOP SHOOT"

Date: Jan 24 @ 6:00pm

Deadline to Register: January 23

Location: Lewis & Clark Elementary School

Fee: Only \$5!

Think your shooting skills are dialed in? Get out of the cold weather and compete in our free throw competition to find out! Make the most free throws in your division to claim your prize and the title. Boys and girls will compete separately in three age divisions, 1 & 2 grade, 3 & 4 grade or 5 & 6 grade. All participants will receive a treat bag.

1st & 2nd GRADE BASKETBALL LEAGUE

Practices Begin: Week of Feb 25 Games Begin: March 9

Deadline to Register: February 8

Fee: \$35

This league is specifically designed to help 1st & 2nd grade students learn and develop skills at an early age. Children are not required to participate in our basketball clinic to play in this league, but it is a great stepping-stone for these young players. Practices will be held twice a week and games are scheduled for Saturdays at Lewis & Clark or Washington Elementary School. Boys and girls will play in separate leagues.



YOUTH VOLLEYBALL

4th & 5th GRADE COED VOLLEYBALL LEAGUE

Practices Begin: Week of Feb 25 Games Begin: March 9

Deadline to Register: February 1

Fee: \$35

This league is designed to teach kids the fundamentals and proper techniques of volleyball. Our goal is to help provide a path of learning before they reach the Junior High level. We allow both boys and girls to play. Teams will be scheduled for two weekday practices at a local school and then games on Saturdays. Games will be played at Wilson Elementary. Participants will receive a game t-shirt to keep.

6th & 7th GRADE YOUTH VOLLEYBALL LEAGUE

Practices Begin: Week of Feb 25 Games Begin: March 9

Deadline to Register: February 1

Fee: \$40

For our 6th & 7th grade volleyball, we offer a league that consists of 5 regular season games and ends with a single elimination tournament. Practices will be held at local schools twice a week. Games are held on Saturdays at Wilson Elementary School.



PICKLEBALL FOR YOUTH

Instruction by The Canyon County Pickleball Club (2CPBC) Roberts Recreation Center Gym

Fridays, Jan. 4 – 25, 2019

7:00 – 9:00 pm

Ages 8 – 14 years

Limited to 8 students.

Fee: \$5.00

This activity will give the participants an introduction to Pickleball, the fastest growing sport in the U.S. and a true lifetime sport. Sessions will consist of game fundamentals, rules, techniques, practice – and plenty of play! Open to boys and girls, whether they have played before or not. All equipment will be furnished. Come join the fun!



Youth Sports & Activities

CALDWELL GALS SIGN-UPS

Since 1983, GALS (Girls Athletic League Softball) has been offering summer softball to all girls ages, 7-16 and the 2019 season is just around the corner.

Registration fees are based on age group and range from \$40.00-\$75.00. All "New" participants will be required to bring a copy of their daughter's birth certificate to registration. Season play for 8U's (Machine Pitch) is April 1 to early May. All other age groups play early May through mid-July (Including Idaho JO State Tournaments). The majority of the games are played at the GALS Quad located off of Smeed Parkway. Other fields used are Caldwell High School, Sage Valley Intermediate School, Middleton's Hawthorne, Foote Park, and Homedale Sundance Park. If you are interested in coaching or sponsoring a team or need additional information, please contact us at 208-454-3819 or caldwellgals@gmail.com Website: caldwellgals.com **Head coaches' must take the ACE Certification through ASA (registerasa.com). All Assistant coaches' must at a minimum have an ASA background check (registerasa.com).**

Registration Dates:

Saturday, January 26, 2019 – 9:00 am – 12:00 noon

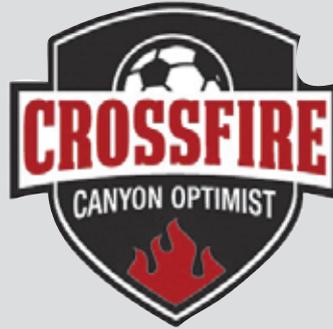
Saturday, February 2, 2019 – 9:00 am – 12:00 noon

Location: College of Idaho JAAC 105 Classroom

Fees: \$40.00-\$75.00 based on age group



CANYON OPTIMIST SOCCER CLUB



CROSSFIRE recreational soccer includes players from 4 to 16 years of age. All teams are gender specific; all girls or all boys. The U6-U10 teams play their games locally at Brothers Park, across from the YMCA on Saturday mornings starting in April. U11-U16 recreation teams play some of their games at Brothers Park and other games are traveled to. Games are played in April and May.

ON-LINE REGISTRATION: Sign up on-line starting in November at www.canyonoptimistsoccer.com Register early to guarantee your spot on a team.

WALK-IN SPRING SIGNUPS: We will hold a walk in registration night at the Caldwell Library sometime in January. Date to be announced. A full calendar can be found on our website.



U10-U16 Competitive **INFERNO** teams are registered in Treasure Valley's ISL-Southern Division. Half of the games are played at home; Brothers Park. These games are mostly played on Saturdays with an occasional weekday game, and games start in March. You **MUST** try-out for an Inferno team in order to make the roster. Tryouts are held each year in June. Check our website for details.

A copy of your child's birth certificate is required in order to register. Players must be born in 2014 or earlier to be eligible to play. Check our website for further information: www.canyonoptimistsoccer.com

CALDWELL YOUTH BASEBALL

Division Ages:

T-Ball 5-6

Coach Pitch 7-8

A Minors 8-10

AA Majors (70ft) 10-12

AAA Majors (70ft) 11-12

Babe Ruth 13-15

Online Registration:

www.caldwellyouthbaseball.com to register before the deadline of March 1st.

DROP DEAD REGISTRATION is March 5th. NO EXCEPTIONS

For all questions please email us at Caldwellbaseball@gmail.com

Adult Activities

THE MIXING BOWL

Instructor: Mary Ann Mandel
Held at Roberts Recreation Center Kitchen
6:30 – 8:00 pm
Open to adults and children 12+ years

Quick and Easy Soups
January 23, Wednesday
Fee: \$20 per person

Join us in making two hearty soups in an hour using fresh ingredients. Both without meat! Easy, winter meals you can whip up when time is short after a long day. Great tasting every time. Stir Your Inner Chef with The Mixing Bowl, or in this case, the Soup Bowl! Bring two sealed containers to take a serving of each home. Container should be 2 cups or less.



Knifeology
February 6, Wednesday
Fee: \$10 per person

This course is a brush up or introduction on cutting techniques, how to hold your knife, and what to look for when purchasing a knife. We will also go over sharpening and honing techniques to keep one of the most important tools in your kitchen ready for slicing, dicing and carving.

Soda Bread
March 11, Monday
Fee: \$20 per person

The Leprechaun in you will love the results of this class. We will bake two versions in class and send you home with your own pot o' gold. Just in time to make this Irish staple to complement your Irish stew or corned beef and cabbage.

Street Tacos
April 17, Wednesday
Fee: \$20 per person

Just in time for Cinco de Mayo and Graduations, we will make three types of tacos that can be made for any size crowd. Beef, Pork and Fish are the main ingredient with slaw and sauces that elevate these from the street to the table. Bring a container to take two of each home.

BASIC DOG OBEDIENCE

Instructor: Damon Moysard
Held at the Caldwell National Guard Armory parking lot
Fee: \$40
April 22 - April 26, 2019 6:30 – 7:30 pm

This is a basic dog obedience course open to any student 16 years and older and any dog at least 6 months old. The instructor will help you teach your dog to walk on a slack leash (to not pull), to sit, down, heel, and stay. Learn to train with praise, not treats. We will address behavioral issues, feeding, exercising, and disciplining your dog and the proper use of your training collars. Equipment needed: A good quality nylon or leather leash, not less than 4 ft. long (longer is acceptable) and a properly fitted (choke) chain, steel prong (pinch) or Starmark Pro-Training style collar. No flat collars, "halti" style head harnesses, no "martingale" style collars, no "body" harnesses, and no retractable leashes/leads. If your dog is aggressive, you must provide a muzzle. This class is held inside city limits; please ensure your dog's vaccinations and license is current.

WRITING FICTION: FROM REVELATION TO REALITY

Instructor: James Wilson
Ages: Teens to seniors
Roberts Recreation Center Classroom
Begins: January 22
7:30 - 9:00 pm
Fee: \$60/5 week course ends February 19 OR
\$100/10 week course ends March 26

A \$20 materials fee, paid to the instructor, is required for this class.

This course is for writers, aspiring writers, and readers of fiction who want to understand the creative process and release their own inner muse. Students may enroll for a five or ten week course. The course will help new writers move from a vision – a revelation – to a story or novel through the steps to a flesh and blood reality. We will stress excellence over perfection. If you think you know the difference, you don't, but you will.



Adult Sports & Activities

PIYO – NEW!!

Instructor: Amber Archibald

Location: Roberts Recreation Dance Center

Dates/Time: Tuesdays & Thursdays 6:00 – 7:00 pm

Fee: \$35.00/month or \$5.00 Drop-In Fee

Ages: 14 and up

PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of yoga. Improve your balance, mobility, flexibility, and strength with this 60-minute class. Every level of fitness is welcome. Bring a mat!

EMPOWER HOUR: BOXING INSPIRED WOMEN'S FITNESS CLASS

Instructor: Becky Bridgewater

Location: Roberts Recreation Boxing Gym

Date/Time: Saturdays, 9:00 – 10:00 am

Fee: \$10 drop in

Empower Hour is a women's only boxing inspired fitness class in which participants will practice the six fundamental punches on bags and instructor held mitts while also completing rounds of strength and conditioning exercises as well as core work.

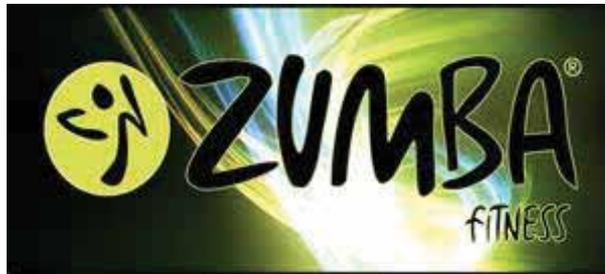
ZUMBA

Instructor: Renee Moss

Held at the Roberts Recreation Dance Center
Held Wednesdays
6:00 – 7:00 pm.

Fees: \$5 per class
\$15 for 4 classes

This high energy Latin and Top 40 dance/exercise program is geared for all ages and all fitness levels. Our licensed Zumba instructor has taught fitness classes for 25 years. No prior experience needed, just a willingness to move. Come join the fun and get fit!



SHORIN-RYU KARATE

Instructor: Ed Russell

Held at the Roberts Recreation Center.

Fee: \$35 per month

If you are seeking perfection of character, discipline, and self control, Shorin-Ryu Karate is for you. Students will learn self-defense techniques, self-awareness, and discipline.

Adults: Tuesdays & Thursdays 8:00 - 9:00 pm

WINTER ADULT COED VOLLEYBALL

Games Begin: Jan 14, 2019

Deadline to Register: Jan 4, 2019

Fee: \$100 per Team ****NO PLAYERS FEES!****

Caldwell Recreation is offering a winter recreational volleyball league. Get your team out together and stay active during the cold winter months! This season will consist of 8 regular season games and a single elimination tournament. All games will be held at Wilson Elementary School Monday-Thursday nights.



<p>Happy Dog Piano Duo Jan. 18</p> 	<p>Children's Theatre Feb. 1 & 2</p> 	<p>Lizzy Hoyt Feb. 14</p> 
<p>Jake Shimabukuro March 12</p> 	 <p>CALDWELL FINE ARTS</p>	<p>Wardrobes and Rings April 13</p> 

Tickets at caldwellfinearts.org or 208-459-5275

Adult Sports

MEN'S & WOMEN'S SWING INTO SPRING

USSSA SOFTBALL TOURNAMENT

Dates: March 16 & March 17

Deadline to Register: March 8

Location: The Quad at Pipe Dream Park

Fee: \$225 per Team

Caldwell Recreation will be hosting a men's and women's USSSA softball tournament to kick off the spring season. This is a great chance to knock the cold weather from your game before the Polar Bear Tournament held in Boise every year. Get your team together and come on out! ALL TEAMS MUST BE USSSA REGISTERED! For more information, contact Jesus Renteria, 208-455-3060.

COED SUMMER SOFTBALL LEAGUE

Games Begin: Week of April 15

Deadline to Register: April 5

Fee: \$325 + Players Fee

PLAYERS FEE: \$125 per Team (up to 15 players)

Caldwell Recreation will be offering a summer adult co-ed softball league. We will have both upper and lower divisions offered. Each division will consist of 9 regular season games and conclude with a double elimination tournament. We will play with a single umpire system and USSSA rules. All games will be held at Armory Ball Field and Griffiths Park. Games will be played Monday through Thursday nights with game times of 6:30 pm, 7:45 pm, & 9:00 pm. CO-ED AND MEN'S LEAGUES WILL NOT CONFLICT!

MEN'S SUMMER SOFTBALL LEAGUE

Games Begin: Week of April 15

Deadline to Register: April 5

Fee: \$325 + Player Fee

PLAYER FEE: \$125 per Team (up to 15 players)

This season will consist of 9 regular season games and a double elimination tournament. We will play with a single umpire system and USSSA rules. All games will be held at Armory Ball Field and Griffith's Park. Games will be played Monday through Thursday nights with game times of 6:30 pm, 7:45 pm, & 9:00 pm. CO-ED AND MEN'S LEAGUES WILL NOT CONFLICT!

****EARLY REGISTRATION:** SAVE YOUR TEAM SOME CASH BY GETTING YOUR REGISTRATION AND FEES IN EARLY! IF REGISTERED BY MARCH 29, PLAYERS FEE WILL BE \$75.00.

All rosters, league fees, and player's fees are due at time of registration. IF TEAM IS REGISTERED AFTER DEADLINE, A \$35.00 LATE FEE WILL BE APPLIED.

SOFTBALL MEETING: There will be a softball league meeting held on Thursday, April 11 at 6:30pm in the Roberts Recreation Center located at 504 Grant St. Issues to be discussed will be the formation of new leagues, any new rules changes and dates of local tournaments. A representative from each team must attend.



Adult Sports

MEN'S BASKETBALL LEAGUE - IT'S BACK!!!

The wait is finally over!! Men's basketball is back, Caldwell. Are you ready?! I said, Are you ready?! Who will be the next team crowned as champions? The last 11 years, Team De Los Santos has taken care of business and won the bragging rights. Who will be the new king on the block or will De Los Santos claim the throne once again? You won't want to miss this... Cause we are back, baby!!!

Registration Deadline: Dec. 21

Season Begins: Jan. 7

Fee: \$450.00 per team

2019 Men's Basketball League

It Is Back!!!

Presented by
CALDWELL PARKS & RECREATION
618 Irving St. Caldwell, ID 83605

**This men's league will offer 9 regular season games
double elimination tournament.**

**Games will be played Monday thru Thursday
at Jefferson Middle School.**

Game times will be 7:00pm & 8:00pm

Deadline to Register:

Dec. 21

Games Begin:

Week of Jan. 7

Fee:

\$450.00 Per Team

***\$35.00 late fee**

applied after

deadline.

NO PLAYERS FEES!!

For more info, call Jesus Renteria @ 208-455-3060



BATTLE CALDWELL MEN'S FLAG FOOTBALL TOURNAMENT - NEW!!!

Dust off the cleats, grab your friends, put a team together, and make some great football memories at Battle Caldwell Men's Flag Football Tournament! Teams are guaranteed three games with the potential of playoffs for the top teams. 7 vs 7 Format

Games Begin: Weekend of April 6

Deadline to Register: March 22

Fee: \$125.00 per team

2019 CINCO DE MAYO SPRING SLAM

3 ON 3 BASKETBALL TOURNAMENT - NEW!!!

Get your squad together and come out for our First Annual Cinco De Mayo Spring Slam 3 on 3 Basketball Tournament. This tournament will be played in a three game guarantee drop down style bracket. There will be both coed and men's open divisions offered. Age 16 & Up Prizes will be given to 1st & 2nd place teams in each division.

Tentative Date: May 4 - Tournament Date(s) will depend on number of teams to register. Deadline to Register: April 26

Fee: \$75.00 per Team



Caldwell Parks Information

MEMORIAL PARK (15 ACRES)

Kimball and Grant St.

- Roberts Recreation Center
- Swimming pool
- Softball field
- Two youth baseball fields
- Tennis courts
- Basketball court
- Playground
- Pioneer Museum
- Picnic shelter
- Skate park

LUBY PARK (12 ACRES)

Illinois and Marble Front Road

- Rose Garden
- Picnic shelter
- Playground
- Volleyball and basketball courts
- Baseball field

MALLARD PARK (30 ACRES)

10th and Orchard near Lake Lowell

- State of the art playground
- Walking paths
- Six picnic shelters
- Amphitheatre
- Basketball court
- 18 hole disc golf course

DENSHO GARDENS

4th Ave & Arthur St.

Tranquil ornamental Japanese gardens along Indian Creek

LIONS PARK (5 ACRES)

(formerly Jaycee Park)

5th Ave. and Frontage St.

- Playground
- Basketball courts

BROTHERS PARK (35 ACRES)

Indiana and Ustick Rd.

- Soccer fields
- Playground
- Walking path

GRIFFITHS PARK (35 ACRES)

Griffiths Parkway off of Linden St.

- Three adult softball fields
- Collegiate baseball field
- Walking paths

PIPE DREAM PARK (54 ACRES)

Smeed Parkway near Highway 20/26

- 4-plex softball field
- BMX track
- State of the art skate park
- Playground
- Picnic shelter

CURTIS PARK (15 ACRES)

Channel Rd. off River Road

- Wilderness park by the Boise River
- Overnight camping

SEBREE PARK (5 ACRES)

12th Ave. and Grant St.

- Playground
- Softball fields
- Volleyball courts
- Basketball courts
- Walking path

USTICK PARK (16 ACRES)

Ustick Rd. and Oregon St.

- 4-plex youth baseball fields
- Babe Ruth baseball field
- Playground
- Picnic shelter

WHITTENBERGER PARK (17 ACRES)

Chicago St. and Centennial Way

- Soccer field
- Greenbelt walking path along Boise River
- Picnic shelter

ROTARY POND (40 ACRES)

On Chicago, near Whittenberger Park

- Fishing docks
- Walking path to the Greenbelt
- Archery Range



Facility Rental Information

PARK RESERVATION POLICY

The following reservations can be made at Caldwell Parks & Recreation, 618 Irving St. or call 208 455-3060. Reservations can be made up to one year in advance.

MEMORIAL PARK BANDSHELL RENTAL

The Bandshell in Memorial Park is a covered shelter used for reunions, special events, birthdays, and wedding receptions. It is available for rent 12 months prior to your event. The rates are: 4 hours or less: \$75, over 4 hours or all day: \$125. This fee includes several electrical outlets and ten picnic tables which are permanently located in the shelter. Water is available on site.

MALLARD PARK PICNIC SHELTER RENTAL

Caldwell's newest park located at the corner of 10th Ave. and Orchard near Lake Lowell. This new park consists of 6 shelters available for rent. Other amenities include a handicap accessible playground, basketball court, walking paths, an amphitheatre, and disc golf course. Rates: large shelters (two): 4 hours or less \$60; over 4 hours or all day \$100. Small shelters (four): 4 hours or less \$50; over 4 hours or all day \$75.

ROSE GARDEN RENTAL

This is a perfect setting for weddings. Roses are in bloom from June until the first frost in the fall. The Rose Garden is available for rental from April through September. The cost is \$50 for 2 hours or \$90 for 4 hours. This fee covers the garden only, chair rental is not included. Electricity is available.

LUBY PARK GAZEBO RENTAL

This gazebo style shelter in Luby Park is open for reservations. This covered shelter is available for wedding receptions, birthday parties, and family events. The rates are: 4 hours or less: \$50; over 4 hours or all day: \$75. This fee includes electrical outlets and four picnic tables located on the shelter.

CALDWELL POOL RENTAL

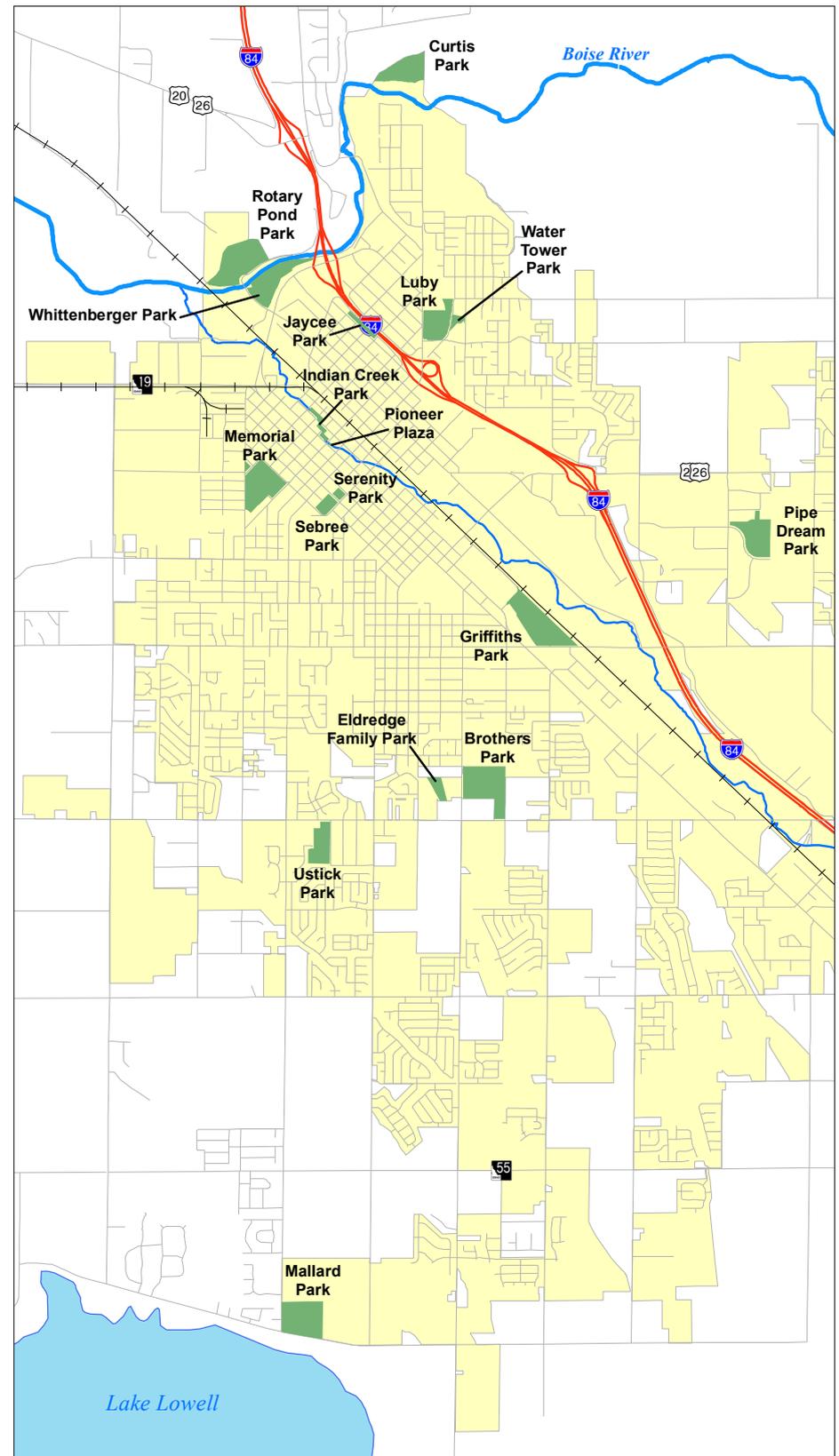
The Caldwell pool is available for rent during the months of June – August. Rental times are: Weekdays: 9:00 – 11:00 p.m. Weekends: 6:30 – 11:00 p.m. *Some weekday rentals available at 6:30 p.m. the second week in August. The rental fee is based on occupancy. Call Caldwell Recreation at 208-455-3060 for more information.

PIPE DREAM PARK GAZEBO RENTAL

This new gazebo style shelter in Pipe Dream Park is open for reservations. This covered shelter is available for birthday parties and family events. The rates are: 4 hours or less: \$50; over 4 hours or all day: \$75. This fee includes electrical outlets and three picnic tables located on the shelter.

CURTIS PARK

This gated park is located off Channel Rd. along the Boise River. This wilderness park supports wildlife, footpaths, and a natural spring. Great for weekend outings. There is no fee to use this park, however, reservations must be made at the Parks office and a \$20 key deposit is required. This is refunded to the customer when keys are returned.



Registration Information

HOW TO REGISTER:

ONLINE REGISTRATION

Visit our Website and look through the various programs offered. Fill out the registration form and enroll in classes. Credit card required.

WALK-IN REGISTRATION

Visit us at the Caldwell Parks and Recreation office located at 618 Irving St. in Memorial Park. We are located off Kimball Ave. near Fairview Golf Course. Office hours are 8:00 a.m. to 5:00 p.m. Mon. - Fri.

MAIL-IN REGISTRATION

Complete registration form located on the back of the activity guide. Mail form and payment to: Caldwell Recreation, 618 Irving St., Caldwell, ID 83605. Verification of enrollment will not be mailed to you. You will only be notified if a class is full or has been cancelled. Your cancelled check will serve as your receipt. Please make checks payable to: City of Caldwell.

DROP BOX REGISTRATION

Drop box registration will be accepted with completed registration form and correct fee. A drop box is located at the front of the building, near the entrance ramp. Priority is given to e-mail and walk-in registration over mail-in and drop box registration.

ON-LINE REGISTRATION

Our website offers you the opportunity to view upcoming classes and programs as well as registering right from the convenience of your own home. Available 24 hours a day, seven days a week, this site is the perfect solution to your busy schedule. Payments can be made with either American Express, MasterCard, or Visa. To visit our website go to: activenet.active.com/caldwell

Click on "My Account". Enter in your account information & choose a password.

Click on the activities you want to register for. Availability of

classes will be listed. Enroll in your program(s). The enrollment form is automatically completed with the information from your customer account. Pay with credit card, print your receipt, and receive an instant e-mail confirmation of your enrollment. ** A small convenience fee is added to each online registration by our technology partner, The Active Network.

REFUND POLICY

A total refund will be issued if the class or program you have registered for is full or has been cancelled by the City Recreation Department and for medical reasons (with documented evidence). A refund, minus a \$6.00 processing fee, is issued when you cancel 7 days before the starting date of the class. The processing fee is waived if you apply your refund to an alternate class.

Refunds will not be issued:

1. when you cancel after the 7th day prior to the beginning date of a class / program.
2. the fee is less than \$6.
3. for team fees when cancellation is after the registration deadline.

LIABILITY WAIVER

The following liability waiver applies to all participants enrolled in a City of Caldwell Recreational program. Upon enrollment you accept the following conditions:

1. I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities.
2. In consideration of acceptance of the registration, I for myself, children, guardianship, and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and agree that I will exercise caution and take all steps necessary to avoid injury.
3. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.

Please read all directions before filling out form

1. Fill in form completely;
2. Add all program fees and include a check for full amount made out to City of Caldwell;
3. Mail in or drop off completed form to: **Caldwell Parks and Recreation, 618 Irving St, Caldwell, ID 83605;**
4. Office hours are 8:00 am – 5:00 pm. 208-455-3060

Parent or Guardian Information:

NAME : FIRST	LAST	MI
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RESIDENTIAL ADDRESS:

STREET		
CITY	STATE	ZIP

MAILING ADDRESS: (if different from above)

STREET		
CITY	STATE	ZIP

CONTACT INFORMATION:

E-MAIL ADDRESS		To receive promotional information via email concerning future activities check here <input type="checkbox"/>
HOME PHONE	WORK PHONE	CELL PHONE

IN CASE OF EMERGENCY, CONTACT: (if parent is unable to be reached)

FIRST	LAST	MI
PHONE	RELATIONSHIP TO PARTICIPANT	

Participant 1 Information:

NAME: FIRST	LAST		MI
GENDER check one: <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	DATE OF BIRTH	AGE	GRADE
NAME OF SCHOOL		START MO/DAY	ACTIVITY NAME
			FEE

Participant 2 Information:

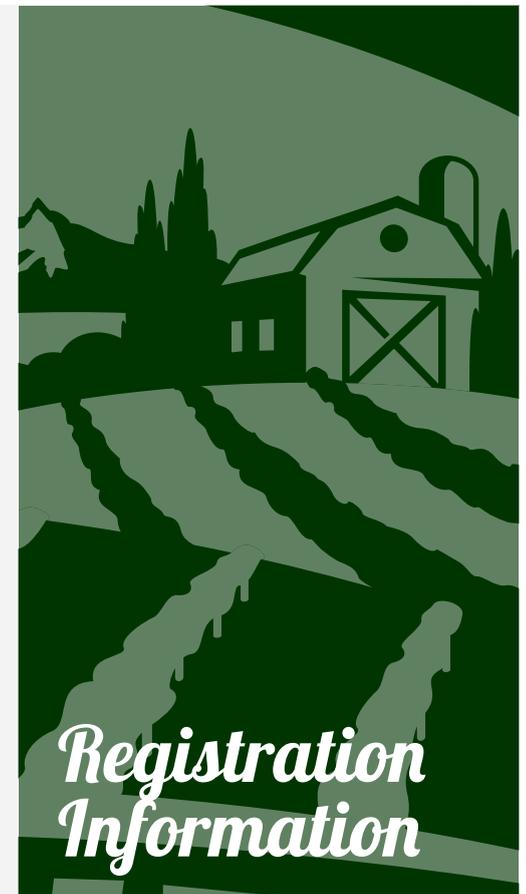
NAME: FIRST	LAST		MI
GENDER check one: <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	DATE OF BIRTH	AGE	GRADE
NAME OF SCHOOL		START MO/DAY	ACTIVITY NAME
			FEE

Participant 3 Information:

NAME: FIRST	LAST		MI
GENDER check one: <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	DATE OF BIRTH	AGE	GRADE
NAME OF SCHOOL		START MO/DAY	ACTIVITY NAME
			FEE

I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities. In consideration of acceptance of the registration, I for myself, children, guardianship and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and will exercise caution to avoid injury. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.

Signature _____ Printed Name _____ Date _____



Recreational programs offered through the City of Caldwell are on a first come -first serve basis. Those enrolling on the internet will be processed in "real time" meaning they will instantly be enrolled in classes.

All programs require a minimum number of students in order for that program to be held. Please sign up at least two days prior to the beginning of each class or by the deadline posted. Programs not meeting the registration requirements will be cancelled and the registrant will be notified. Participants will have the option to receive a credit on their account or a full refund. All refunds must be processed through City Hall and will be mailed to you, usually within three weeks. The City reserves the right to cancel or combine programs at any time.



Meet Me Monday CALDWELL

EVERY MONDAY



JOIN THE MOVEMENT . . . BRING A FRIEND

Meet Me Monday (MMM) is a free weekly fitness walk/run event held every Monday year round. Participants sign a participation waiver the first time they attend MMM, and each time after that, they just initial beside their name on the participant roster. We track participation and our MMM athletes earn Meet Me Monday gear when they have attended 8, 16, 50 and 100 times.



Sign-in on Mondays 5:15 p.m.
Closing ceremonies 6:30-6:45 p.m.

Flying M Coffee

724 E. Arthur St. | Caldwell, ID

Sponsored by Saint Alphonsus,
Bandanna Running & Walking and Flying M Coffee

ACTIVENET.ACTIVE.COM/CALDWELL

STAY ACTIVE TO WARM UP THESE WINTER MONTHS

Hectic schedule?! Kids have to be at basketball practice, scouts, and ballet? Not enough hours in the day? Let us help make your day easier by using our online registration system to enroll for classes. Don't miss a registration deadline because you are just too busy!

Go to: activenet.active.com/caldwell and register online for your favorite programs. Pay with a credit card and print your receipt from your home or office. A small convenience fee is added to each online registration by our technology partner, The Active Network.

UPCOMING WINTER CLASSES & PROGRAMS:

Preschool & Prekindergarten

Youth & Adult Basketball

PiYo

Youth Dance Classes

Gymnastics

Youth Archery 3D League

Boxing

Young Rembrandts

Dog Obedience

Youth & Adult Volleyball

Zumba

Youth & Adult Karate

Youth Hip-Hop

Empower Hour AND MORE!

REGISTER NOW



<https://www.facebook.com/caldwellparksandrec>

