



Caldwell Recreation Dept. 2019 City League Basketball Rules and Regulations

Game Days & Times

Game days will be Monday thru Thursday. We will use Friday nights only if necessary. We will be using Jefferson Middle School. Game times will be 7:30 & 8:30 - * 6:30 games are optional* Note: If school is cancelled, games will be cancelled as well and rescheduled for a later date. Check your schedules closely!

Tournament

The end of season tournament will be a double elimination format. Teams may be moved between divisions if the Rec Dept. Deems necessary to keep play fair and competitive. Teams will be notified of move prior to tournament beginning. Prizes will be given as follows in each division:

1st place—trophy, team shirts, & MVP trophy

2nd place—trophy

3rd place—trophy

Uniforms

It is required that all players have matching uniforms (at least make them close!) **All players must also have at least 6" numbers on the back of their uniforms.** Under shirts must be of the same color as the team jerseys. Only court shoes will be acceptable. No bare feet!! Officials and scorekeepers will not permit any player who is not in compliance to enter the game. If you have any problems or questions about this rule call the Rec. Office.

Gym Supervisors

The scorekeepers and game officials are the official representatives of the City of Caldwell and are in charge of the gym facility and will report any problems to the Recreation office. Scorekeepers will also have rosters with them for review. Scorekeepers may also report to game officials any act that warrants action.

Rules and Regulations- We will use Idaho High School Association Rules with the following exceptions;

1. There will be two twenty-minute halves with a running clock. During the last two minutes of the second half, the clock will stop according to high school rules. In the second half, clock will not stop at the two minute mark if one team is ahead by 15 or more points.
2. Tie games will have a two minute overtime period. The clock shall stop accordingly. There will be only one O.T.
3. Teams not ready to start at game time will have to forfeit. There will be a 5-minute grace period for the first game of the night only. If your team has to forfeit a game, please have the courtesy to call the Rec. office by 3:00pm the day of the game so we can contact the opposing team.
4. Teams may start a game with 4 players, but must start second half with 5, or game will be a forfeit. (You may finish game with less than 5 if you lose a player due to injury ONLY!)
5. Time outs: Each team will have four time outs per game total; 2 per half and are on a “**use them or lose them**” basis. In the event of overtime each team will receive 1 timeout for the O.T. period. Timeouts do not carry over.
6. Shooting fouls will require us to shoot free throws, but the clock will run, so please hustle to get set so we don't run off an excess amount of time.
7. **Technical Fouls** – If a player receives a technical foul during the game he must sit out 10 minutes before he returns to the game. The scorekeeper will keep time. If this happens near the end of the game, the player will need to serve the rest of his time at the next game. (A player must be present and able to play in order to “serve his time”) Two technical fouls by a player will result in the player being ejected from the game and will automatically be suspended from the next scheduled game. **If a player is ejected twice during the**

season he will be suspended for the rest of the year. If a player receives 5 technical's in the season he will be suspended the rest of the year.

8. Each team may designate 2 captains per game. They will be the only ones allowed to act as spokespersons during a game if a team has concerns or questions that may arise. This needs to be done in a sportsmanlike manner and during a dead ball.
9. No hanging on the rim will be allowed. The only exception will be if player is trying to avoid contact with another player. In some gyms we will be using, dunking will not be allowed. If in doubt ask game officials before the game- it is your responsibility to know. Violations of these rules will result in a technical foul. This applies before, during and after the game.
10. Caldwell Recreation Dept. reserves the right to institute new rules or alter current rules to ensure the continuity of the league.
11. Since we follow High School rules I wanted to inform you of some of the new rules that have been installed over the last few seasons. 1. While shooting free throws there can only be six in the lane. A maximum of 4 defensive and 2 offensive players. 2. Excessive swinging of the elbows without making contact is a violation just like traveling. 3. A defensive player cannot draw a charge if any part of his body is out of bounds. 4. Defensive Basket interference will result in the awarding points to the offensive team. If it was intentional interference a technical foul will also be issued. 5. A player may not at any time place his hand directly in front of an opponent's eyes in an effort to restrict the vision of the opponent. 6. A player may not "flop" in an effort to draw a player control foul on the opposing player. The last two rules changes are enforced with a technical foul.

Sportsmanship

1. **Profanity will not be tolerated!** Any player guilty of this will receive a technical foul. This applies even if you're cursing at yourself or your own teammates.
2. Any person who assaults a City of Caldwell employee, which includes officials and scorekeepers, will be suspended indefinitely from any Caldwell Recreation Dept. activities and may face criminal charges.
3. **Fighting will not be tolerated!** Any person who throws a punch before, during, or after the game will be automatically suspended from any Caldwell Recreation Dept. activity for at least one year.
4. The City of Caldwell does not carry accident insurance to cover individuals who may be injured before during or after a game.
5. Excessive complaining by a team, player, or coach may result in a technical foul. See rule 8 of the rules and regulations.
6. **Team captains** are responsible for the conduct of their **players** and **fans**. Captains are also responsible for their player's familiarity of the rules and regulations of the league as well as the facility rules. Children are the responsibility of their parents. **Children must not be allowed to run in the hallways or in the gym. This has been a problem in the past, so please address this with your team.**
7. If, during the game, the officials see a situation that is getting out of control, they may have the player or players sit out for a cooling off period, not to exceed 4 minutes of the game. This will not carry to the next game if it occurs at the end of the game. With this rule we hope to prevent technical fouls and/or fights amongst teams.

Player Eligibility

1. Any player who is currently participating in organized sanctioned school basketball is not eligible to participate. This includes freshman ball through college. (A redshirt college player is considered to be participating.)
2. Minimum age is 16 although any minor participating must have a parental consent form turned in prior to participating.
3. **All rosters must be turned in prior to first game.** Each player must sign the official roster prior to playing. If you need to add a player after the deadline, you must obtain approval from the Recreation office at least one day in advance of your next scheduled game. The scorekeepers and officials can't provide that approval so don't show up to a game with a new player and expect him to play.
4. A player must participate in at least 3 regular season games in order to be eligible to play in the postseason tourney. Exception will be a player who is on a roster but is injured and not physically able to play. Note: The player in question must be on a roster prior to injury.
5. **Deadline for roster changes will be Friday, February 8th.** Extenuating circumstances must be evident for a roster change to be allowed.
6. A player will be allowed to be on **only one** Caldwell Recreation Dept. roster per division. A lower division team may not have more than 2 upper division players on their roster.

Protests

1. All protests must be submitted to the Caldwell Recreation Dept. in writing within 48 hrs of the game in question.
2. Protests of judgment calls will not be allowed.
3. The protest must be stated to the game officials of the game in question in a sportsmanlike manner. The scorekeeper will note the time of the game when the protest is asked for. The game must be finished.
Note: officials and scorekeepers are not responsible for administrative protests, such as, roster issues. If a protest is filed and the team asking for the protest refuses to complete the game, they will forfeit the game regardless of the protest!

Facility Rules

1. **Keep all children out of the hallways. Children must be seated in the bleachers or designated area. No Young children should be brought without adult supervision from someone not participating in the game. Please do not allow them to run on the Bleachers!**
Do not bounce basketballs in the hallways.
2. The school does not have a locker room, please come ready to play.
3. **There will no tobacco of any kind allowed in the school.** It is a State Law, not just a school rule. This has been a major problem in the past especially with chewing tobacco. Please leave this in the car and under no circumstances are you allowed to spit in the school anywhere!!!!!! Do not smoke outside either; this law affects the entire school grounds. If any one of these violations is seen by game officials, scorekeepers, or any Caldwell Recreation Dept. employee, the game will stop until the tobacco is removed and a technical foul will be issued to the offending player. If it is not clear whom the tobacco belongs to but the evidence leads us to believe it belongs to a certain team or the offending person is a spectator, the team captain will be issued a technical foul and be asked to dispose of the tobacco. **Compliance with this rule is critical to our continued use of the school facilities, so please talk to your team and spectators about this issue.**
4. Players who arrive at the game **intoxicated will be disqualified** for the night. If a person is **caught in possession or consuming an alcoholic beverage** on school grounds they will face immediate suspension from the league.
5. Please observe all parking regulations at the schools. All the schools have certain problems, but some common issues are parking on sidewalks, parking in fire zones, and parking in handicap zones. Please park only in a designated area. If any of these violations are observed an effort will be made to notify the person parked incorrectly, which may include stopping the game. If we can't get the car moved in a timely matter, the schools have informed me that they will have the car towed at the owner's expense. Please realize that once the tow truck has been called, the owner will still be billed for the expense of the tow truck even if they move the vehicle before the tow truck arrives. Please note that Jefferson Jr. High does not allow parking in the driveway leading to the gym lobby!!!
6. If a game is a forfeit we can't use the court for pick-up games or practice. This becomes an uncontrolled environment and a liability issue. Teams may "shoot around" prior to their game only. This rule is in effect for all game times.
7. If a team, player or fans consistently ignores any of these facility rules, they face suspensions from the league. If it is an alcohol or tobacco issue, we reserve the right to contact the Police.

CALDWELL RECREATION RESERVES THE RIGHT TO MAKE ANY CHANGES SEEN NECESSARY AT ANYTIME TO MAINTAIN THE INTEGRITY OF THIS LEAGUE.

Call 455-3060 for any questions
Thanks and have fun
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