Adolescent Resource Guide
A guide to community resources and supports in Region 3.

Please email updates/feedback/information to: selfrescue@phd3.idaho.gov
<table>
<thead>
<tr>
<th>Table of Contents:</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescent Services and Programs</td>
<td>3</td>
</tr>
<tr>
<td>Alternative and Online Schools *specific criteria to attend</td>
<td>6</td>
</tr>
<tr>
<td>Counseling &amp; Mental Health</td>
<td>8</td>
</tr>
<tr>
<td>Substance Use Disorder Treatment</td>
<td>11</td>
</tr>
<tr>
<td>Continuing Education</td>
<td>13</td>
</tr>
<tr>
<td>Health Services</td>
<td>13</td>
</tr>
<tr>
<td>Employment Assistance</td>
<td>14</td>
</tr>
<tr>
<td>Pregnancy, Parenting and Family</td>
<td>16</td>
</tr>
<tr>
<td>National Hotlines</td>
<td>17</td>
</tr>
</tbody>
</table>
**ADOLESCENT SERVICES & PROGRAMS**

**4-H - Adams County Extension Office**  
203 S Galenas  
Council ID 83612  
Ph: 208-253-4279  
www.4-h.org

**4-H - Canyon County Extension Office**  
501 Main St  
Caldwell ID 83605  
Ph: 208-459-6003  
www.4-h.org

**4-H - Gem County Extension Office**  
2199 S Johns  
Emmett ID 83617  
Ph: 208-365-6363  
www.4-h.org

**4-H - Owyhee County Extension Office**  
238 Eighth Ave West  
Marsing ID 83639  
Ph: 208-896-4104  
www.4-h.org

**4-H - Payette County Extension Office**  
16 South 9th St  
Payette ID 83661  
Ph: 208-642-6022  
www.4-h.org

**4-H - Washington County Extension Office**  
485 East Third  
Weiser ID 83672  
Ph: 208-414-0415  
www.4-h.org

---

**Boy Scouts of America**  
Visit website to find a troop near. [https://www.scouting.org/programs/boy-scouts/](https://www.scouting.org/programs/boy-scouts/)

**Boys and Girls Club - Nampa**  
316 Stampede Dr.  
Nampa ID 83686  
Ph: 208-461-7203  
Fills the gap between school and home. While kids and teens have fun, participate in life changing programs 1st – 12th grade.  
www.bgcnampa.org

**Caldwell Corps Community Center**  
1023 Chicago St  
Caldwell ID 83605  
Ph: 208-459-2011  
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low or no cost.  
www.caldwell.salvationarmy.org/caldwell/youth-programs

**Caldwell Public Library**  
1010 Dearborn St  
Caldwell, ID 83605  
Ph: 208-459-3242  
Free activities for kids and adults in the community for all ages.  
www.caldwellpubliclibrary.org

**Cascade Public Library**  
105 N Front St  
Cascade ID 83611  
Ph: 208-382-4757  
www.cascade.lili.org

**Central Elementary School – Region 3 Pathways School Clinician**  
Allyssa Sobotta, LMSW and Maria Raas, LMSW  
Ph: 208-850-2849  
Allysa.sobotta@pathways.com

**Council High School/Midvale High School grades 9th – 12th**  
Project Towards No Drug Abuse 101 E Bleeker St  
Council ID 83612  
Ph: 208-253-4217

**Council Valley Library**  
104 California Ave  
Council ID 83612  
www.council.lili.org

**Deseret Industries**  
1370 Caldwell Blvd  
Nampa ID 83651  
Ph: 208-465-0722  
Services provided to any student in the Nampa School District. School clothing, shoes, belts.  
www.deseretindustries.org

**Emmett Public Library**  
275 S Hayes Ave  
Emmett ID 83617

---

Updated May 2019
Updated May 2019

Empty Hand Combat
1124 1st St South
Nampa, ID 83687
Ph: 208-467-6586
Martial Arts classes are available to anyone interested in discipline. All ages.
www.emptyhandcombat.com

Girl Scouts – Silver Sage Girl Scout Council
Boise, ID 83704
Ph: 208-377-2011
general@girlscouts-ssc.org
https://www.girlscouts.org/

Girls on the Run
Physical activity is woven into the program to inspire an appreciation of fitness and to build habits that lead to a lifetime of health. Visit the website to find location.
www.girlsontherun.org

Homedale Public Library
125 W Owyhee Ave
Homedale ID 83628
Ph: 208-337-4228
www.homedale.lili.org

Idaho FFA Association
650 W State St
Boise ID 83720
FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth, and career success through agricultural education.
www.idahoffa.org

Idaho Youth ChalleNGe Academy

Nampa Corps Community Center
403 12th Avenue South
Nampa ID 83687
Ph: 467-6586
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low to no costs. All ages.
www.nampa.salvationarmy.org/nampa/teach-kids/

Nampa Parks and Recreation
312 1st St. South
Nampa ID 83651
Nampa Recreation offers many programs for you and your family to participate in.
www.nampaparksandrecreation.org/reccenter/index.aspx

Nampa Public Library
215 12th Avenue South Nampa
ID 83651
Ph: 208-468-5800
Free activities for kids and adults in the community.
www.nampa.library.org

Nampa Rec Center
131 Constitution Way
Nampa ID 83686
Ph: 208-468-5777
nrc@cityofnampa.us
Mon – Fri: 5am – 10pm
Sat: 8am – 7pm Sun: 11am – 6pm. Day passes available
http://www.nampaparksandrecreation.org/RecCenter/index.aspx

Nampa High School – Region 3 Pathways School Clinician
Whitney Herter, LPC
Ph: 208-850-9519
Whitney.herter@pathways.com

Love Inc.
16470 N. Franklin Blvd
Nampa ID 83687
Ph: 208-466-7810 ext 5
Requests are taken via the phone and an application process. Resources for furniture, bedding, adult, teen and children’s clothing. Mon – Fri 9:30am to 1:00pm available 24/7 for victims of sexual assault.

Melba Cottage Library
109 Charlotte St
Melba ID 83641
Only open in the summer on Tuesdays from 10am to noon starting June through the end of August. Call 208-459-1002 for an appointment
www.cityofmelba.org/library.html

Middleton Parks and Recreation
310 Hawthorne Dr
Middleton ID 83644
Ph: 208-585-3461
www.greatermiddletonparksandrecreation.org

Middleton Public Library
307 Cornell St
Middleton ID 83644
Ph: 208-585-3931
www.middletown.lili.org

Nampa High School – Region 3 Pathways School Clinician
Whitney Herter, LPC
Ph: 208-850-9519
Whitney.herter@pathways.com

117 Timberline Dr
Pierce ID 83546
Ph: 208-464-1253
This is a volunteer program for 16 to 18-year-old teens that are at risk of dropping out or that have already dropped out of high school.
www.idyouthchallenge.com

Ph: 208-365-6057
www.cityofemmett.org/library

177 Timberline Dr
Pierce ID 83546
Ph: 208-464-1253
This is a volunteer program for 16 to 18-year-old teens that are at risk of dropping out or that have already dropped out of high school.
www.idyouthchallenge.com

Ph: 208-365-6057
www.cityofemmett.org/library

Ph: 208-467-6586
Martial Arts classes are available to anyone interested in discipline. All ages.
www.emptyhandcombat.com

Girl Scouts – Silver Sage Girl Scout Council
Boise, ID 83704
Ph: 208-377-2011
general@girlscouts-ssc.org
https://www.girlscouts.org/

Girls on the Run
Physical activity is woven into the program to inspire an appreciation of fitness and to build habits that lead to a lifetime of health. Visit the website to find location.
www.girlsontherun.org

Homedale Public Library
125 W Owyhee Ave
Homedale ID 83628
Ph: 208-337-4228
www.homedale.lili.org

Idaho FFA Association
650 W State St
Boise ID 83720
FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth, and career success through agricultural education.
www.idahoffa.org

Idaho Youth ChalleNGe Academy
New Meadows Public Library
400 Virginia St
New Meadows ID 83654
Ph: 208-347-3147
www.meadowsvalley.lili.org

Notus Public Library
387 N. First St
Notus, ID 83656
Ph: 208-459-8247
Free activities for kids and adults in the community.
www.notus.lili.org

Parma Learning Center
Dahlia Martinez-Roberts, Director
Ph: 208-779-4069 ext 1606
Academic enrichment and tutoring services. There is a calendar on the website so that parents and students know upcoming events.
Grades first through sixth
https://parmaschoolslc.sharpschool.com/contact_us

Parma Public Library
121 N 3rd St
Parma ID 83660
Ph: 208-722-6605
www.parma.lili.org

Payette Public Library
24 S. 10th St.
Payette, ID 83661
Ph: 208-642-6029
This branch provides a monthly calendar with activities for all ages.
www.payette.lili.org/

Payette County Recreation
1200 N Pennsylvania Ave
Fruitland ID 83619
Ph: 208-452-3542
www.payettecountyrec.org

Prevention Associates of Idaho Towards No Drugs+
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-866-8763
School based direct services for adolescents age 9-12. Best practices including drug and alcohol prevention curriculum and support.
Preventionassociates1@gmail.com

Salvation Army
1023 Chicago St
Caldwell ID 83605
Ph: 208-459-2011
403 – 12th Ave South
Nampa ID 83651
Ph: 208-467-6568
http://caldwell.salvationarmy.org
http://nampa.salvationarmy.org

School Based Therapist Program Contacts – Terry Reilly
Columbia High School, Nampa
Marisela Nunez, LPC
mnunez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School,
Nampa Nichole Warner, LPC
mwarner@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday; 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW
klist@trhs.org
Ph: 208-468-4629 x3932
Tuesday – Friday, 8am – 6pm
Lewis and Clark Elementary,
Caldwell Laura Alvarez, LPC
lalvarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba

Janina Dowdy, LMSW
jdowdy@trhs.org
Ph: 208-495=2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and Union High School
Jesse Tangen, LMSW
jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

Sherman Elementary School
Region 3 Pathways School Clinician
Andrea Drake, LMSW
Ph: 208-703-7062
Andrea.drake@pathways.com

University of Idaho Extension, Canyon County
501 Main St
Caldwell ID 83605
Ph: 208-459-6003
Email: canyon@uidaho.edu
4-H is for ages of eight and 18 years old.
www.uidaho.edu/extension/county/canyon

Valhalla
511 W. Main St.
Middleton, ID 83644
Ph: 208-585-3251
After school options even on early release Wednesday.
Many activities available on website. Once a month trip to the Caldwell YMCA
Grades sixth through eighth
www.msd134.org/domain/657

Weiser Public Library
628 E 1st St
Weiser ID 83672
Ph: 208-549-1243
www.weiserlibrary.net
**Weiser Recreation Department**  
55 W Idaho St  
Weiser ID 82672  
Ph: 208-414-0301  
www.cityofweiser.net

**West Middle School – Region 3 Pathways School Clinician**  
Shannon Moskitis, LMSW and Maria Raas, LMSW  
Ph: 208-761-4674  
Email: Shannon.moskitis@pathways.com

**Wilder Public Library**  
111 2nd St  
Wilder ID 83676  
Ph: 208-482-7880  
www.wilder.lili.org

**YMCA Caldwell**  
3720 S. Indiana Ave  
Caldwell ID 83605  
Ph: 208-454-9622  
Offers many after school programs for you and your family to participate in.  
www.ymcatvidaho.org/programs/youth-programs/  
www.ymcatvidaho.org/facilities/fac-caldwell/

**ALTERNATIVE, GED & ONLINE SCHOOLS**

**Another Choice Virtual Academy**  
1014 W Hemingway Blvd  
Nampa ID 83651  
Ph: 208-475-4255  
704 Blaine St  
Caldwell, ID 83605

**Atlas School**  
200 S. 4th Avenue W  
Middleton ID 83644  
Ph: 208-585-3251  
www.msd134.org

**Breaking Chains Academy**  
1701 3rd St North  
Nampa ID 83687  
Ph: 208-250-7959  
Breaking Chains Academy exists to provide services and alternatives to at risk youth through education programs, job skills training, and mentoring activities.  
gsbcad@gmail.com

**Calvary Chapel Nampa & Calvary Christian School**  
1210 N Middleton Rd  
Nampa ID 83651  
Ph: 208-467-7116  
Offer AdvancEd accredited preschool to 12th grade.  
https://www.ccsnampa.org

**Canyon Springs Alternative High School**  
516 N 11th St  
Caldwell ID 83605  
Ph: 208-455-3325  
https://can.caldwellschools.org

**CWI Assessment & Testing Center**  
Nampa Campus  
Ph: 208-562-2440  
Email: cwiproctor@cwidaho.cc

**COSSA Academy Alternative High School**  
109 Penny Ln  
Wilder, ID 83676  
Ph: 208-482-6074

**Elevate Academy**  
114 W. Chicago St  
Caldwell ID 83605  
Monica White  
Ph: 208-407-4963  
Matt Strong  
Ph: 208-869-7458  
info@elevate2c.org  
https://www.elevate2c.org

**Gateways Alternative – Middle & High School**  
141 Smith Ave  
Nampa, ID 83651  
Ph: 208-498-0557  
info@idahova.org  
The IDVA high school program serves students in grades 9-12 who reside within the state of Idaho.  
https://idva.k12.com/

**ICON Academy**  
5680 E Franklin Rd, Ste 200  
Nampa ID 83687  
Ph: 208-475-3093  
Idaho Connects Online School (ICON) is a free online alternative school choice for any student in Idaho in grades 6-12, through the age of 21.  
Register online at  
www.iconschool.org

**Idaho Center for Advanced Technology and Career & Technical Education Programs**  
Jewels Carpenter, Director Ph: 208-468-4600 ext 1089  
Clay Long, Assistant Director Ph: 208-697-1912  
Rosalie Sanders  
Ph: 208-468-4600 ext 1047

Updated May 2019
<table>
<thead>
<tr>
<th>School Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website/Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Idaho Virtual Academy</td>
<td>1965 S. Eagle Rd, Suite 190, Meridian ID 83642</td>
<td>866-339-9065</td>
<td></td>
</tr>
<tr>
<td>Indian Creek Academy</td>
<td>1502 Fillmore St, Caldwell, ID 83605</td>
<td>208-455-3300</td>
<td></td>
</tr>
<tr>
<td>INSPIRE Connections Academy</td>
<td>600 N. Steelhead Way Suite 164 Boise ID 83704</td>
<td>800-382-6010</td>
<td></td>
</tr>
<tr>
<td>Nampa Alternative Night School – Grade 9 - 12</td>
<td>1303 E. Greenhurst Rd, Nampa, ID 83651</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parkview High School – Grades 7 - 12</td>
<td>609 15th Ave North, Nampa, ID 83686</td>
<td>208-498-0558</td>
<td></td>
</tr>
<tr>
<td>Pathways in Education</td>
<td>124 Holly St, Nampa, ID 83686</td>
<td>208-505-4800</td>
<td></td>
</tr>
<tr>
<td>Ridgeline High School – Grades 9 – 12</td>
<td>94 N Canyon St, Nampa, ID 83686</td>
<td>208-498-0559</td>
<td></td>
</tr>
<tr>
<td>Steven-Henager College (Nampa Satellite Campus)</td>
<td></td>
<td>800 622-2640</td>
<td></td>
</tr>
<tr>
<td>A toll-free, confidential service available 24/7.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Treasure Valley Leadership Academy</td>
<td>609 15th Ave North, Nampa, ID 83687</td>
<td>208-498-0568</td>
<td></td>
</tr>
<tr>
<td>Opened in Fall 2017 for Grade 9; adding grade 10 in 2018; adding grade 11 in 2019; adding grade 12 in 2020</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Union High School – Grades 9 - 12</td>
<td>506 Fletcher Drive, Nampa, ID 83686</td>
<td>208-498-0559</td>
<td></td>
</tr>
<tr>
<td>Application process required.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vallivue Academy – Grades 9 - 12</td>
<td>6123 Timbre Dr, Caldwell, ID 83607</td>
<td>208-455-1917</td>
<td></td>
</tr>
<tr>
<td>Application process required.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EDUCATION RESOURCES AND SCHOOL SUPPLIES</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Advocates Against Family Violence - Hope Ln. Learning Center</td>
<td>1508 Hope Ln, Caldwell, ID 83605</td>
<td>208-459-6330</td>
<td></td>
</tr>
<tr>
<td>Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.</td>
<td>208-468-4740</td>
<td><a href="http://www.south.nsd131.org/">www.south.nsd131.org/</a></td>
<td></td>
</tr>
<tr>
<td>Big Brothers Big Sisters of Southwest Idaho</td>
<td>110 N. 27th St, Boise, ID 83702</td>
<td>208-377-2552</td>
<td></td>
</tr>
<tr>
<td>Computers for Kids, Inc.</td>
<td>8540 W Elisa St, Boise, ID 83709</td>
<td>208-345-0346</td>
<td></td>
</tr>
<tr>
<td>Holds a one-to-one mentoring relationship intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one. Contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID.</td>
<td>9:00am-4:00pm</td>
<td><a href="http://www.bbbsidaho.org">www.bbbsidaho.org</a></td>
<td></td>
</tr>
<tr>
<td>Computer Lab-South Middle School, Nampa</td>
<td>229 W Greenhurst Rd, Nampa, ID 83686</td>
<td>208-468-4740</td>
<td></td>
</tr>
<tr>
<td>Hope House</td>
<td>7696 Old Bruneau Hwy, Marsing ID 83639</td>
<td>208-896-4673</td>
<td></td>
</tr>
</tbody>
</table>
onefaithmom@frontier.com
Youth living at Hope House attend Hope Christian Academy. Visit the website for more information.
http://ahome2come2.com/

The Mentoring Network, Inc.
Nampa, ID 83653
Ph: 208-880-1690
School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.
www.MentoringNetworkID.org

Nampa School District 131
446 Lake Lowell
MV Office
Ph: 208-468-4601 Ext. 1161
Contact: Steffanie Altenbern saltenbern@nsd131.org or Mirella Garcia.
Provide resources and support for homeless students.

School Based Therapist Program Contacts – Terry Reilly
Columbia High School, Nampa
Marisela Nunez, LPC mnunez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School, Nampa
Nichole Warner, LPC mwarn@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday, 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW klist@trhs.org
Ph: 208-468-4629 x3932

Monday – Friday; 8am – 5pm
Lewis and Clark Elementary, Caldwell
Laura Alvare, LPC lalvarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba
Janina Dowdy, LMSW jdowdy@trhs.org
Ph: 208-495-2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and Union High School
Jesse Tangen, LMSW jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

Tutoring at Farmway
22730 Farmway Rd.
Caldwell, ID 83605
Ph: 208-455-3300
Monday – Friday, 8am – 5pm
Walk in appointments available on a limited basis.
Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP.
Counseling, case management, CBRS, developmental therapy for children and adults, peer support, outpatient substance use disorder treatment, individual therapy, med management. Emergency walk in clinic for medication on Fri. www.accessbhs.com

Access Behavioral Health Services
3307 Caldwell Blvd Ste 102
Nampa ID 83651
Ph: 208-465-4833
Mon-Fri 8:00am-5:00pm
Walk in appointments available on a limited basis.
Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP.
Counseling, case management, CBRS, developmental therapy for children and adults, peer support, outpatient substance use disorder treatment, individual therapy, med management. Emergency walk in clinic for medication on Fri. www.accessbhs.com

Advocates Against Family Violence – Hope’s Door
1508 Hope Lane Ste 102
Caldwell ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault

Updated May 2019
response team, court advocacy, groups/classes, counseling, safe and sober housing, child care center, teen outreach program, rural outreach program. www.aafvhope.org

**All Seasons Mental Health**
1007 W Orchard
Nampa ID 83651
*Ph: 208-461-2838*
General medicine, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages. Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale. www.asmh.org

**Allied Mental Health Services**
220 10th Ave S
Nampa ID 83651
*Ph: 208-468-0850*
11104 W State St
Star ID 83669
*Ph: 208-286-7967*
CBRS, peer support, family support, case management, counselors and medication managers. www.alliedmentalhealthservices.com

**Ambitions of Idaho**
524 E Cleveland Blvd

Caldwell ID 83605
*Ph: 208-454-2996*
1031 W. Sanetta St
Nampa ID 83651
*Ph: 208-466-7443*
CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services. 24 Hour Crisis Intervention
*Ph: 208-794-2379*
Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

**Aspire Professional Counseling Services**
14880 Alkmaar St
Caldwell ID 83607
*Ph: 208-585-3062*
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

**Aura Counseling and Wellness, LLC**
3050 12th Ave Rd
Nampa ID 83686
*Ph: 208-463-4639*
Offer mental health and substance Use Disorder services including: assessments, case management, individual, family, and couples’ therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale. www.auracounseling.com

**Canyon Counseling Center**
718 S 7th Ave
Caldwell ID 83605
*Ph: 208-454-1576*
Individual and family therapy, adolescent and children therapy (ages 7+). Mon-Thurs 9:00am – 6:00pm Crime victim comp/private insurance. www.canyoncounselingcenter.com

**Carol Collins, Ph.D., LCPC**
1909 S Tenth Ave
PO Box 75
Caldwell ID 83606
*Ph: 208-454-3825*
collinscwa@gmail.com

**Center for Change**
1411 W Franklin St
Boise ID 83607
*Ph: 208-888-224-8250*
Treatment services for anorexia, bulimia, binge eating, and other eating disorders. www.centerforchange.com

**Centerpointe**
915 ParkCentre Way Suite 7
Nampa ID 83651
*Ph: 208-442-7791*
Provides behavioral and mental healthcare clinics that specializes in providing care to children, adolescents and their families. Includes
individual therapy, family therapy, psychiatric services, medication mgmt., psychosocial rehabilitation in the community and at school, school drug and alcohol groups, and consultations.

www.centerpointeinc.com

Easter Seals – Goodwill Behavioral Health
510 Arthur Street
Caldwell ID 83605
Ph: 208-454-8555
Offers substance use disorder treatment and case management. Accepts state funding/Medicaid

Idaho Behavioral Health
524 S 9th St Suite 101
Caldwell ID 83605
Ph: 208-454-2144
1811 E Karcher Rd
Nampa ID 83867
Ph: 208-505-4419
Case management, CBRS, counseling, peer support, and play therapy.

www.idahobehavior.com

Intermountain Hospital
303 N Allumbaugh St
Boise ID 83704
Ph: 208-377-8400
Toll free: 800-321-5984
Offers treatment programs for adolescent patients, ages 12-17.

www.intermountainhospital.com

Life Counseling Center
6123 Graye Ln (inside WICAP)
1710 N Illinois (inside Sacajawea Elementary School)
3311 S 10th Ave (located inside Jefferson Middle School) Caldwell ID 83605
Ph: 208-465-5433
112 12th Ave Rd
Nampa ID 83686
Ph: 208-465-5433
2281 7th Ave N (located inside WICAP) Payette ID 83661
Ph: 208-465-5433
Individual and group therapy, girls’ empowerment group, boys’ empowerment group, depression, anxiety, ADHD, bipolar disorder.

www.iccidaho.com

Lifeways
2609 S 10th Ave #102
Caldwell ID 83605
Ph: 208-454-2766
824 S Diamond St
Nampa ID 83868
Ph: 208-546-3046
645 E 5th St
Weiser ID 83672
Ph: 541-889-9167
Toll Free 800-995-9169
Counseling, life skills classes, anger management, medication management and psychiatric assessment.

www.lifeways.org

Mana Resources
923 Grant St.
Caldwell, ID 83605
123 N Yale St
Nampa ID 83651
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families.
Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out of corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.

www.manaohana.org

Mindful Expressions Counseling LLC
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-340-5513
Appointments Wednesdays and Thursdays

Montgomery Counseling Center
323 12th Ave Rd
Nampa ID 83686
Ph: 208-463-0212
Family counseling, parenting support, grief counseling, stress management, and adoptions.

www.montgomerycounselingcenter.com

Pathways Inc
115 W Idaho St
Weiser ID 83672
Ph: 208-549-0330
Mental health treatment, suicide prevention services, and psychiatric emergency walk-in services.

Pathways of Idaho LLC
1305 S Kimball
Caldwell ID 83605
Ph: 208-459-1039
204 10th Ave S
Nampa ID 83651
Ph: 208-466-2229
540 S 16th St Ste 118
Payette ID 83662
Ph: 208-642-5079
Autism services, case management, foster care, in-home tutoring. Provide services primarily in the
client’s home or community. www.pathways.com

**Quality Care Counseling Center**
136 N Broadmore Wy Ste 103 Nampa ID 83687 Ph: 208-465-6720
Anger management, anxiety disorders, bipolar disorder, coping skills, gender identity issues, PTSD, substance use disorder issues, and individual counseling for children, adolescents and adults. Accept Medicaid and most private insurance plans. www.qualitycarecounseling.com

**Recovery 4 Life Behavioral Health**
709 Dearborn St Caldwell, ID 83605 Ph: 208 376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell. www.recovery4lifeidaho.com

**Shannon Sorini, LCSW**
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-409-7286 Shannon@ sorini@gmail.com

**Terry Reilly Health Services – Behavioral Health**
2005 Arlington Ave Caldwell ID 83605 Ph: 208-459-1025
Monday, Wednesdays, Thursday, and Fridays: 8am – 12pm; 1pm – 6pm www.trhs.org

**Terry Reilly Marsing – Behavioral Health**
201 Main St
Marsing ID 83641
Ph: 208-896-4159 Monday, Tuesday: 8am – 5pm www.trhs.org

**Terry Reilly Melba – Behavioral Health**
150 2nd St
Melba ID 83641
Ph: 208-495-1011 Monday, Tuesday: 8am – 5pm www.trhs.org

**Terry Reilly Middleton – Behavioral Health**
201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048 Monday & Friday: 8am – 12pm, 12:30pm – 5pm. Thursday: 12:30 – 5pm www.trhs.org

**Terry Reilly Nampa – Behavioral Health**
207 1st Street South Nampa ID 83651 Ph: 208-466-7869 www.trhs.org

**Terry Reilly Nampa – Behavioral Health**
223 16th Avenue North Nampa ID 83687 Ph: 208-467-7654 www.trhs.org

**Treasure Valley Behavioral Health**
1007 W Orchard Ave
Nampa ID 83651 Ph: 208=461-2838
Offers counseling, community based rehabilitation services, and peer support services. www.asmh.org

**Valley Family Healthcare – Counseling**

**SUBSTANCE USE DISORDER TREATMENT**

**Acacia Wellness Center**
217 W Georgia Ave
Nampa ID 83686 Ph: 208-498-1760
Crisis: 208-914-3053 Private pay/Medicaid/Private insurance/sliding scale. Mental Health, CBRS, case management, med mgmt., peer support, substance Use Disorder groups, and individual therapy. www.acaciawellness.org

**Access Behavioral Health**
3307 Caldwell Blvd
12

Updated May 2019

Nampa ID 83651
Ph: 208 466-4637

**Aspire Assessments and Health Resources**
16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024
By appointment only
DUI and alcohol evaluations, GAIN assessments and SUD evaluations.
www.aspireaahr.com

**Aura Counseling and Wellness, LLC**
3050 12th Avenue Road
Nampa ID 83651
Ph: 208-463-4639
Offers outpatient substance use disorder treatment, case management, alcohol/drug testing, case management, transportation and child care. Accepts state funding/Medicaid/insurance/self-pay/sliding scale
www.auracounseling.com

**Bell Counseling – White Sage**
1208 E Linden
Caldwell, ID 83605
Ph: 208 454-1744
Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

**Emmett Counseling & Psychiatric Services, LLC**
2007 E Quail Run Rd Suite 1
Emmett ID 83617
Ph: 208-365-5445
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma and domestic violence therapy.
www.counselingidaho.com

**Emmett Services Treatment dba Emmett Family Services**
2031 E Quail Run
Emmett ID 83617
Ph: 208-365-2525
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.

**Intermountain Hospital**
303 N Allumbaugh St
Boise ID 83704
Ph: 208-377-8400
Toll free: 800-321-5984
Offers treatment programs for adolescent patients, ages 12-17.
www.intermountainhospital.com

**Lifeways**
2609 S 10th Ave #102
Caldwell ID 83605
Ph: 208-454-2766
824 S Diamond St
Nampa ID 83686
Ph: 208-546-3046
645 E 5th St
Weiser ID 83672
Ph: 541-889-9167
Toll Free 800-995-9169
Counseling, life skills classes, anger management, medication management and psychiatric assessments.
www.lifeways.org

**Mana Resources**
923 Grant St.
Caldwell, ID 83605
123 N Yale St
Nampa ID 83651
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.
www.manaohana.org

**Payette Counseling & Psychiatric Services, LLC**
501 N 16th St Suite 110
Payette ID 83661
Ph: 208-642-2600
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma & domestic violence therapy.
www.counselingidaho.com

**Payette Family Services**
501 N 16th St Ste 108
Payette ID 83661
Ph: 208-642-6160
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.
Peak Recovery
2423 S Georgia Ave
Caldwell, ID 83605
Ph: 208 455-1788
Offers outpatient substance use Disorder treatment, case mgmt., and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents. www.peakrecoveryllc.com/

Recovery 4 Life
709 Dearborn St
Caldwell, ID 83605
Ph: 208 376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell. www.recovery4lifeidaho.com

Valley Family Healthcare
1441 NE 10th Ave
Payette ID 83661
Ph: 208-642-9378
www.vfhc.org

CONTINUING EDUCATION RESOURCES
*Most online charter schools offer a program for free GED

CWI Community College
2407 Caldwell Blvd
Nampa ID 83651
5500 E Opportunity Dr
Nampa ID 83653
www.cwi.edu

Pro-Weld
918 S Impressions Court
Nampa ID 83651
Ph: 208-249-4911
This program provides welding/fabrication training. Can be under the age of 18. Email: dcproweld@yahoo.com
www.dcproweld.com

Sawtooth Emergency Medical Institute (STEMI)
2107 Industrial Way
Nampa ID 83687
Ph: 208-209-3777
EMT Training School in Idaho
www.Sawtoothemi.com

Stevens-Henager College
16819 N Marketplace Blvd.
Nampa, ID 83687
Ph: 208-466-2251
https://www.stevenshenager.edu/locations/nampa

TRIO
BSU 1464 University Dr
Boise ID 83725
Ph: 208-426-3571
CWI 205 S 6th Ave
Caldwell ID 83605
or 208-364-9925
www.nextsteps.idaho.gov

Treasure Valley West #710
1018 W. Sanetta St.
Nampa, ID 83651
Ph: 208-465-8414

TVCC Caldwell Testing Center
(1st floor, Room CA 124)
317 Happy Day Blvd
Caldwell ID 83607
Ph: 541-881-5865

Western Idaho Community Action Partnership - WICAP
Ph: 208-454-0675
Toll Free: 1-877-270-9086
Employment and training services. www.wicap.org

HEALTH SERVICES

Adams County Health Center
205 N Berkle
Council ID 83612
Ph: 208-253-4242
Medical, Behavioral health, dental and optometry services.
https://www.achcid.org

Canyon County Community Clinic
524 Cleveland Blvd, Ste 110
Caldwell ID 83605
Ph: 208-455-1143
Offer medical services and mental health services. Visit website for more information.
https://www.canyon-clinic.org

Family Medicine Health Center
215 E Hawaii Ave
Nampa ID 83686
Ph: 208-514-2529
Medicaid, Medicare, sliding fee program. Beginning of life through end of life care. Women’s health, chronic disease management, Hep C, HIV, mental health services,
and more. Community health workers and certified enrollment counselors.
www.fmridaho.org/patients

Idaho Youth Ranch
2804 E Cleveland Blvd
Caldwell ID 83605
Ph: 208-459-4548
228 E Main St
Middleton ID 83644
Ph: 208-585-6670
www.youthranch.org

Southwest District Health
13307 Miami Lane
Caldwell ID 83607
Ph: 208-455-5345
Services include physical exams, treatment of STD’s, contraceptives and counseling. Confidential and private.
www.phd3.idaho.gov

Terry Reilly Health Services
Medical and Behavioral Health
2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Services offered child and adolescent health, prenata
and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Canyon Dental
11136 Moss Lane
Nampa ID 83651
Ph: 208-466-0515
www.trs.org/area/caldwell/

Terry Reilly Homedale Dental
Eight 2nd St West
Homedale ID 83628
Ph: 208-337-6101
www.trhs.org/area/caldwell/

Terry Reilly Marsing Medical, Dental and Behavioral Health
201 Main St
Marsing ID 83641
Ph: 208-896-4159
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Melba Medical, Dental and Behavioral Health
150 2nd St
Melba ID 83641
Ph: 208-495-1011
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Middleton Medical, Dental and Behavioral Health
201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Nampa Medical, Dental, Behavioral Health and Pharmacy
207 1st Street South
Nampa ID 83651
Main Ph: 208-466-7869
Pharmacy Ph: 208-318-1376
Services offered child and adolescent health, prenatal and OB care, free pregnancy testing Thursdays from 2pm to 4:30pm, pharmacy and behavioral health care. Cleanings, fillings, crowns, bridges, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Nampa Medical, Behavioral Health and Urgent Care
223 16th Avenue North
Nampa ID 83687
Ph: 208-467-7654
Services offered urgent care, child & adolescent health, pre-natal and OB care, and behavioral health care.
www.trhs.org

Valley Family Health Care Dental
1441 NE 10th Ave
Payette ID 83661
Ph: 208-642-9379
www.vfhc.org

EMPLOYMENT ASSISTANCE

Community Council of Idaho
317 Happy Day
Caldwell ID 83607
Ph: 208-454-8604
Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment. [www.communitycouncilofidaho.org](http://www.communitycouncilofidaho.org)

**Deseret Industries**  
1370 Caldwell Blvd  
Nampa ID 83651  
Ph: 208-465-0722  
Services provided to any student in the Nampa School District. School clothing, shoes, belts.  
[www.deseretindustries.org](http://www.deseretindustries.org)

**Idaho Department of Labor Caldwell-WIOA**  
4514 Thomas Jefferson St.  
Caldwell ID 83605  
Ph: 208-364-7781  
Services provided to those in the community who need training resource to obtain employment. This program is state and federally funded for adults, dislocated workers, low-income workers and youth.  
[www.labor.idaho.gov](http://www.labor.idaho.gov)

**Intelligent Employment Solutions**  
732 Caldwell Blvd Ste. C  
Nampa ID 83651  
Ph: 208-463-9228  
Provides help finding a job in the community.  

**Hopes Door Shelter**  
702 E Chicago St.  
Caldwell ID 83605  
Ph: 208-459-6279  
Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success and referrals meal planning for work. Services are free. [https://aafvhope.org/](https://aafvhope.org/)

**Labor Ready Temporary Service**  
10 W Franklin Rd.  
Meridian ID 83642  
Ph: 208-331-3606  
After application process is complete, employee is asked to come into office at 6:00am if desiring employment. Mon-Fri 5:30am-6:00pm, Sat 7:00am-11:00am Sun closed. Application time & dates may vary-please call office for current application times.  
Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available. [http://www.peopleready.com](http://www.peopleready.com)

**Mana Resources**  
923 Grant St.  
Caldwell, ID 83605  
123 N Yale St  
Nampa ID 83651  
Ph: 208-585-3375  
Counseling services to children, youth, adults, couples, and families.  
Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out of corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless. [www.manaohana.org](http://www.manaohana.org)

**Treasure Valley Special Programs**  
650 W State St Rm 150  
Boise, ID 83720  
Ph: 208-327-7017  
Services provided for adolescents with disabilities to enhance their living through employment and community enrichment. This program is state and federally funded. [www.vr.idaho.gov](http://www.vr.idaho.gov)

---

### PREGNANCY, PARENTING, & FAMILY

**Baby Haven Salvation Army Caldwell**  
1015 East Chicago  
Caldwell, ID 83605  
Ph: 208-459-2011  
Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish. [http://caldwell.salvationarmy.org/caldwell/baby-haven/](http://caldwell.salvationarmy.org/caldwell/baby-haven/)

**Caldwell School District Early Childhood Intervention Program**  
1502 Fillmore St.  
Caldwell, ID 83605  
Ph: 208-455-3300
Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district. [www.sd132.k12.id.us](http://www.sd132.k12.id.us)

**Casey Family Program**  
6441 Emerald St.  
Boise, ID 83704  
Ph: 208-377-1771  
*Toll free: 888-581-3275*  

**Catholic Charities of Idaho**  
847 Park Center Way Ste. 7  
Nampa, ID 83651  
Ph: 208-466-4442  
Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish. [http://ccidaho.org/what-we-do/](http://ccidaho.org/what-we-do/)

**Children’s Mental Health Department of Health and Welfare**  
Ph: 1-800-926-2588 or 211  
The Idaho Parent Network for Children’s Mental Health offers resources created by parents who have children with a mental health diagnosis. [www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)

**Community Council of Idaho-Head Start**  
22730 Farmway Rd. Ste. 112  
Caldwell, ID 83605  
Ph: 208-459-6536  
*Toll Free: 1-800-787-7863*  
Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available. [http://communitycouncilofidaho.org/head_start](http://communitycouncilofidaho.org/head_start)

**St. Luke’s Birth, Parenting, and Community Education**  
Ph: 208-381-1510  
Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website. [https://www.stlukesonline.org/communities-and-locations/find-classes-and-events](https://www.stlukesonline.org/communities-and-locations/find-classes-and-events)

**Hopes Door Shelter**  
Caldwell, ID 83605  
Ph: 208-459-6279  
Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Substance use disorder. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free. [https://aafvhope.org/](https://aafvhope.org/)

**Idaho Parents Unlimited**  
4619 Emerald St.  
Boise, ID 83706  
Ph: 208-342-5884  
Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services. [www.ipulidaho.org](http://www.ipulidaho.org)

**La Leche League**  
Ph: 1-877-452-532  
Services provided from mothers and for mothers with support, encouragement and information for breast feeding. [www.lllusa.org](http://www.lllusa.org)

**Lifeline Pregnancy Care Center**  
1323 12th Ave. S  
Nampa, ID 83651  
Ph: 208-466-4000  
Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals for adoption, medical care, and social services if needed. Abortion recovery assistance and abstinence programs.
Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Careline. TEXT-208-615-1053

Nurse Family Partnership at Southwest District Health
13307 Miami Lane
Caldwell ID 83607
Ph: 208-455-5433
This is a free voluntary program for first-time moms that provide you with a nurse until your baby is 2 years old. Any woman who is pregnant with her first child, meets low-income requirement and live in Canyon County can enroll in the program.

Parents as Teachers at Southwest District Health
13307 Miami Lane
Caldwell ID 83607
Ph: 208-455-5325

Planned Parenthood
2112 E Franklin Rd
Meridian ID 83642
Ph: 800-769-0045
Birth Control, general health care, HIV services, Pregnancy testing and STD testing and treatment & vaccines and Men & Women health services.

Solace House
4481 N Dresden PL
Garden City ID 83714
Provides a therapeutic setting for victims to receive emergency shelter and residential care for victims of human trafficking.

HOTLINES

Boys Town Hotline
800-448-3000
The Boys Hotline is open 24 hours a day, 365 a year, and is staffed by specially trained Boys Town counselors

Child Help
Not a reporting agency
Ph: 1-800-422-4453
To talk to a counselor on the phone.

Idaho Suicide Prevention Hotline
Call, Text or Crisis Chat 208-398-HELP (4357)

Intermountain Hospital
Ph: 208-377-8400
Open 24 hours a day, seven days a week for risk assessments. Ages 12 and older.

NAMI Helpline
800-950-6264 or TEXT NAMI to 741741
National Alliance on Mental Illness

National Hotline on Domestic Violence
Ph: 800-799-7233

A toll-free service that provides information and assistance to victims of Use Disorder.

National Runaway Safeline
800-RUNAWAY (786-2929)
Text: 66008

National Sexual Assault Hotline:
Ph: 1-800-656-HOPE (4673)
A toll-free, confidential service available 24/7 for victims of sexual assault.

Women and Children’s Alliance
720 W Washington St
Boise ID 83702
24-hour Domestic Violence Hotline Ph: 208-343–3688
24-hour Sexual Assault Hotline Ph: 208-345–7273
Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

Updated May 2019