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Fall



Activity Guide
CALDWELL IDAHO
Parks & Recreation
Recreation



YOUTH PROGRAMS
ADULT CLASSES



YOUTH SPORTS
ADULT SPORTS

The City of Caldwell

Caldwell City Hall

208-455-3000 • 411 Blaine St.

Caldwell Senior Center

208-459-0132 • 1009 Everett St.

Caldwell Library

208-459-3242 • 1010 Dearborn St.

Caldwell Events Center

208-455-3004 • 2200 Blaine St.

Caldwell Police

208-455-3115 • 110 S. 5th Ave.

Caldwell Fire

208-455-3032 • 310 S. 7th Ave.

MAYOR

Garret Nancolas

CITY COUNCIL

Dennis Callsen

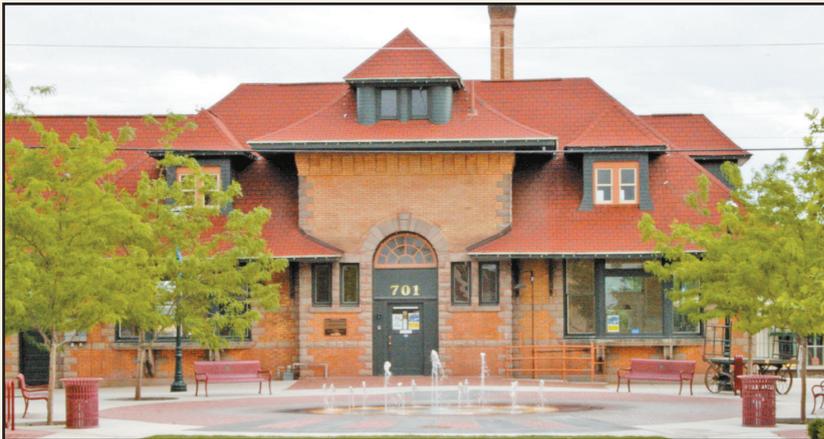
Mike Pollard

Rob Hopper

Chris Allgood

Jarom Wagoner

John McGee



\$400 +TAX

Rental Fee for Building

\$150 +TAX

Rental Fee for Plaza

Make Your Next Event Historic Plan It At The Depot

This beautifully restored 1906 facility is available for special events and private rentals

Corporate Meetings

Weddings • Social Events

Company Functions • Catered Parties

208-455-4656 | www.cityofcaldwell.org/live/historic-caldwell/caldwell-train-depot



PARKS & RECREATION

618 Irving St. • Caldwell, ID 83605

(208) 455-3060

E-mail: caldwellrec@cityofcaldwell.org

Office Hours: Mon. - Fri. 8:00 a.m. – 5:00 p.m.

www.cityofcaldwell.org

RECREATION

Denise Milburn - Recreation Supervisor

Justin Smith - Sports Coordinator

Kacey Teichert - Administrative Assistant I

PARKS

Vinton Howell - Parks Superintendent

GOLF

Ken Wheeler - Golf Superintendent

Purple Sage Golf Course - 208-459-2223

15192 Purple Sage Rd.

Brett Williams - Golf Pro

Fairview Golf Course - 208-455-3090

816 Grant St.

Roger Garner - Golf Pro

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A message from Denise Milburn, Recreation Supervisor

Greetings from Caldwell Recreation!

As I write this letter, City of Caldwell offices are again closed to walk-in traffic. The Parks & Recreation office is fully staffed and available to assist you via email, phone, or by appointment. The Caldwell Pool has remained open through the summer but is scheduled to close on Sunday, August 16 as staff and students prepare to return to college and school. All municipal parks, including shelters, are open to the public. The Roberts Recreation Center continues to be open for youth and adult classes. Make sure you check out this guide for a list of fun fall programs! For your convenience, online registration for Recreation programs is accessible 24 hours a day at activenet.active.com/Caldwell.

As summer winds down, Caldwell Recreation is gearing up for our fall schedule of activities! And nothing says fall like "football!" Flag football is a great way to introduce your child to our favorite fall pastime. Our program is open to girls and boys attending Kindergarten through 4th grade. This league focuses on fundamental skills, teamwork, and the basic rules of the game. If you would like to share your love and passion for football, contact our office to become a coach. Additionally, we offer a Men's Flag Football league. Adult games are played weekday evenings under the lights at Luby Ball Field.

Our goal at Caldwell Recreation is, and always has been, to offer fun, affordable and safe programs to the community. We continue to follow CDC guidelines and are working with Southwest District Health to provide a healthy and safe environment for the community to participate in recreational activities. If your family is experiencing financial hardships, please contact our office to ask about "Secret Pal" financial assistance for youth programs. Caldwell Recreation is eager to help your family stay strong, healthy and active!

Happy Fall!

Denise Milburn
Recreation Supervisor



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Community Events Calendar



FARM TO FORK FARMERS' MARKET

Indian Creek Plaza

Tuesdays, 5:00 – 8:00 pm

The best place to pick up fresh produce, proteins, and pantry staples to support your healthy lifestyle! The market features local farmers and often has free cooking demonstrations and samples between 5 and 6 PM. This year, the market will accept EBT, swipe your card for tokens at the Information Booth. The market also features other free activities and live music from 6-9PM. We invite you to join us each week to get outside, enjoy our community, and grab something good to eat. Admission to the farmers' market and concert is free.

INDIAN CREEK FESTIVAL

Downtown Caldwell

Friday, Sept. 18 from 6:00 – 10:00 PM

Saturday, Sept. 19 from 7:00 AM – 4:00 PM

This community event includes a pet parade, car cruise, car show, chalk art contest, and a local marketplace. The most anticipated event is the cardboard kayak race where teams compete to see who can build the fastest, watertight kayak out of just cardboard and duct tape.

LOCAL LEGENDS LIP SYNC BATTLE

Indian Creek Plaza

Friday, October 2 6:00 – 10:00 PM

Watch as community rivals impersonate their favorite stars to be voted this year's local legend! This is a ticketed event and attendees must be 21 and over.

THE GREAT DOWNTOWN HARVEST FESTIVAL

Downtown Caldwell

Saturday, October 24 1:00 – 5:00 PM

We invite you to join us to experience the fall harvest and Halloween themed activities throughout downtown Caldwell! Enjoy farm fresh goods from local farmers and food producers.



CALDWELL POLICE HALLOWEEN PARTY

O'Connor Field House

Saturday, October 31 6:00 – 8:00 PM *

Ages 12 and under

Free indoor family event! *Event details may change due to potential public safety and health concerns.

ICE SKATING RIBBON & RINK

Indian Creek Plaza

November 18, 2020 - February 18, 2021

*Weather Permitting



WINTER WONDERLAND FESTIVAL

Downtown Caldwell

Friday, Nov. 20

6:00 – 10:00 PM

Every year, the City of Caldwell Street Department decorates Indian Creek in downtown Caldwell with over a million lights! Come watch as we turn on the beautiful lights at the family-friendly, fun-filled, FREE Winter Wonderland Festival. After the creek lighting, explore downtown and experience Christmas; visit Santa, go ice skating, eat your favorite treat, or start your holiday shopping. We have everything you need to kick off the holiday season right here in downtown Caldwell!

18TH ANNUAL TREASURE VALLEY

NIGHT LIGHT PARADE

Saturday, December 5

Begins at 6:00 PM

One of the largest night-time family parades in the Northwest, this two mile line-up of over 70 floats will be beautifully decorated with thousands of lights. This event will be held on Saturday, December 5th, beginning at approximately 6:00 pm.

The parade route will begin at O'Connor

Field House and proceed down Blaine St. to 5th Street. Children are invited to visit Santa at the Fire Department Open House between 1:00 - 4:00 pm

Please call 208-459-7493 for more information.

WINTER SOLSTICE MARKET

Indian Creek Plaza

Monday, December 21

6:00 – 10:00 PM

Finish (or start) your holiday shopping at Indian Creek Plaza's Winter Solstice Market! We'll have dozens of the finest handmade items and crafted treats to make every person on your list say 'WOW' this Christmas, Hanukkah, Kwanzaa, Yule, or other holiday or special occasion.

City of Caldwell

PUBLIC EVENT SCHEDULE

O'Connor Field House, Simplot Stadium/CNR Arena

EVENT DATES	EVENT	LOCATION	TIME
SEPTEMBER			
SATURDAY 26	RED RIVER POW-WOW	O'CONNOR F.H.	12:00 PM
SUNDAY 27	RED RIVER POW-WOW	O'CONNOR F.H.	12:00 PM
OCTOBER			
SATURDAY 31	HALLOWEEN PARTY	O'CONNOR F.H.	5:00 PM
NOVEMBER			
FRIDAY 13	HOLIDAY BAZAAR	O'CONNOR F.H.	9:00 AM — 5:00 PM
SATURDAY 14	HOLIDAY BAZAAR	O'CONNOR F.H.	10:00 AM — 6:00 PM
DECEMBER			
SATURDAY 5	NIGHT LIGHT PARADE	O'CONNOR F.H.	6:00 PM
SATURDAY 12	DUCKS UNLIMITED DINNER	O'CONNOR F.H.	6:00 PM

Caldwell Senior Center

1009 EVERETT ST. | MONDAY – FRIDAY 9:00 A.M. - 3:00 P.M. | 208-459-0132

Meals

Monday – Friday 12:00 pm; \$4 suggested donation Age 60+; \$5 under age 60

Senior Exercise Group

Class includes standing, sitting, and floor exercises. Meet new friends and gain strength, flexibility, and balance. Classes meet every Monday & Thursday at 10:00 AM. Free

“Fit and Fall Proof” Exercise Program

Improve strength and balance. Classes meet every Monday & Thursday at 11:00 AM

Pinochle Group

Meet every Tuesday starting at 1:00 PM

Pool Room

Open Monday through Friday, 9:00 AM to 3:00 PM .50 cents per person all day



Get a copy of our monthly menu and events calendar at cityofcaldwell.com website.

“Like” us on Facebook!

Meals on Wheels - 208-454-8142

Senior Bus - CCOA - 208-459-0063 (\$.75 suggested donation)

Tours & Trips

Caldwell Recreation, in conjunction with Collette Travel Service, Inc., is offering three very unique trips. These travel packages are a great way to take a vacation without all the stress and hassle. Each includes airfare from Boise, accommodations, ground transportation, entrance tickets, and several meals. A deposit will be required to reserve your space on these trips. Call Denise at Caldwell Recreation for more information, 208 455-3060.

WASHINGTON D.C., NIAGARA FALLS & NEW YORK CITY

April 9 - 17, 2021

Get better acquainted with this iconic region of North America on a tour that features Washington, D.C.; Pittsburgh, Pennsylvania; Niagara Falls and New York, New York. Begin your journey in America's capital city, Washington, D.C., on a guided city tour where you'll see panoramic views



of the Capitol building and the White House. Continue on to Pittsburgh, commonly known as "Steel City" and "the City of Bridges." In Niagara Falls, get an up-close look at the mighty falling waters when you cruise to the base of this powerful natural wonder. Your East Coast journey ends in New York City, where you'll immerse yourself in the energizing bustle of the "Big Apple." Enjoy a locally guided city tour and visit poignant sites like the 9/11 Museum and Memorial.

Rates include airfare from Boise: Double \$2,999; Single \$3,799; Triple \$2,969

BRITISH LANDSCAPES

Featuring the Royal Edinburgh Military Tattoo

August 8 - 17, 2021

An adventure fit for a Shakespearean tale takes you from verdant hillsides to bustling British cities rich with culture. See the quintessential sights of London with a local guide. Enjoy medieval York and its historic Minster. Discover the ancient Roman walls of Chester – the best-preserved set in all of Britain. See the Welsh landscape from above on a cruise atop of the Pontcysyllte Aqueduct (UNESCO). Walk in the footsteps of the Bard and enjoy dinner at Hall's Croft, a 400-year-old Shakespeare family home. Personalize your tour with a choice of included excursions in Chester and Edinburgh. Sleepy villages, grassy slopes, mountainside lakes, and cities built upon layers of history – these are the landscapes of Britain.



Rates include airfare from Boise; Double \$4,399; Single \$5,099 Triple \$4,369



AUTUMN IN VERMONT

Featuring Lake Champlain and the Adirondacks

October 8 - 14, 2021

Discover Vermont's winding roads lined with autumn foliage and cozy towns with an eclectic spirit. Experience the quintessential New England town of Woodstock. Enjoy a 3-night stay in the youthful, artsy hub of Burlington. Step into the past at the Shelburne Museum, a sprawling campus of nearly 40 buildings dedicated to art and Americana. Feel the past come alive at Fort Ticonderoga, where 18th-century artillery line the outer walls and actors go through a soldier's daily tasks. Connect with the local community in the Mad River Valley. Stop at Hildene, the former home of Robert Todd Lincoln, past Chairman of the Pullman Company and son of Abraham and Mary Todd Lincoln. On a colorful journey through the "Green Mountain State," find local artisans, tasty treats, and an age-old history in New England.

Rates include airfare from Boise; Double \$3,049; Single \$3,649; Triple \$3,019

Instructors Wanted

Caldwell Parks & Recreation is currently seeking instructors who would like to share their knowledge and talent with others. Earn \$\$\$ and have fun teaching your favorite skill or hobby. We offer a wide variety of activities for youth and adults such as art, crafts, educational programs, and physical activities. The Roberts Recreation Center has a kitchen, classrooms, gym, and dance studio available for youth and adult classes. Call Denise at Caldwell Parks & Recreation for more information, 208-455-3060.

Caldwell Recreation Gymnastics

INSTRUCTOR: RENEE MOSS

Classes are offered for children ages 18 months to 13 years and are held at the Roberts Recreation Center, 504 Grant St. Children will be taught skills on the balance beam and uneven bars, as well as vault skills, floor movement, and exercise. This is a great program to help your child develop motor skills, balance and coordination.

Date & time	Gymnastic Classes	Fee per mo.	Description
MONDAY			
10:00 am – 10:30 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
11:00 am – 11:30 am	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement. Not an entry level class.
4:00 pm – 4:30 pm	Advanced Preschool (Ages 4 & 5)	\$25	Requires prior basic preschool or coach placement. Not an entry level class.
4:30 pm – 5:30 pm	Beginner 2+ (Ages 6+)	\$40	Prior Beginner 1 required or coach placement. Not an entry level class.
5:30 pm – 6:30 pm	Beginner 1 (Ages 6+)	\$35	Entry Level Class
6:30 pm – 7:30 pm	Beginner 1 (Ages 6+)	\$35	Entry Level Class
TUESDAY			
10:00 am – 10:30 am	Parent/Tot (Ages 18 mo-3)	\$25	Parent guides child through various locomotive obstacles, skills
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
11:00 am – 11:30 am	Advanced Preschool (4 - 5)	\$25	Prior Preschool required. Not an entry level class
4:00 pm – 4:30 pm	Basic Preschool (Ages 3 - 4)	\$25	Motor skills, balance, coordination
4:30 pm – 5:30 pm	Beginner 1 (Ages 5-8)	\$35	Progressive skills
5:30 pm – 6:30 pm	Beginner 2/3 (Ages 5-8)	\$40	Prior Beginner 1 required or coach placement
6:30 pm – 7:30 pm	Beginner 1 (Ages 6+)	\$35	Entry Level Class
WEDNESDAY			
10:00 am – 10:30 am	Parent/Tot (Ages 18 mo – 3)	\$25	Parent guides child through various locomotive obstacles, skills
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
11:00 am – 11:30 am	Basic Preschool (Ages 3 & 4)	\$25	Prior Preschool required. Not an entry level class.
THURSDAY			
10:00 am – 10:30 am	Parent/Tot (Ages 18 mo – 3)	\$25	Parent guides child through various locomotive obstacles, skills
10:30 am – 11:00 am	Basic Preschool (Ages 3 & 4)	\$25	Motor skills, balance, coordination
11:00 am – 11:30 pm	Advanced Preschool (Ages 4 & 5)	\$25	Prior Preschool required. Not an entry level class.
4:00 pm – 4:30 pm	Basic Preschool (Ages 3 - 4)	\$25	Motor skills, balance, coordination
4:30 pm – 5:30 pm	Level 1 (Ages 8+)	\$35	Entry level class.
5:30 pm – 6:30 pm	Level 2+ (Ages 8+)	\$40	Prior Beginner 1 required or coach placement. Not an entry level class.
6:30 pm – 7:30 pm	Intermediate Gym/Tumbling	\$40	Prior Beginner 1 required or coach placement. Not an entry level class.

Preschool/PreK/Youth Programs

PRESCHOOL & PREKINDERGARTEN

Enrollment for the 2020 – 2021 school year is currently open! Don't delay — enroll today!

Instructor: Marie Krause

We are pleased to welcome back Marie to Caldwell Recreation! Marie Krause has more than 35 years of experience in diverse educational Settings, including Head Start, private preschools in church and non-profit Sectors, Parent Cooperative preschools, literacy programs and public Special Education programs. She enjoys nurturing preschool children with songs, stories, art, nature and imaginative play. She looks forward to creating a safe, loving environment where children can learn through play and exploration. Marie holds a B.A. in Early Childhood Development from Idaho State University.

Preschool Class

This class is for three and four year olds who will be attending Kindergarten in the Fall of 2022. Designed for children who can use the restroom independently, this two-hour class helps develop social skills in a classroom setting. Children will enhance their social and language skills and develop independence. Colors, shapes, letters, numerals, following simple directions and name recognition will be reinforced, with an emphasis on coordination needed for gluing, drawing and cutting. Parents are asked to provide snacks on a rotating basis.

Two Days a Week

Ages: 3 - 4 years
Tuesday & Thursday
Times: 9:30 – 11:30 a.m.
Fee: \$60 per month

PreKindergarten Class

These classes help prepare four and five year olds for success in kindergarten in the 2021 - 2022 school year. Through play, children gain independence, acquire basic kindergarten readiness skills in literacy, math, science, writing, art and music. It challenges children to think, solve problems, communicate and investigate their world. Parents are asked to provide snacks on a rotating basis.

3 Days A Week

Ages: 4 – 5 years
Days: Monday, Wednesday, Friday
Times: 8:45 – 11:30 a.m.
or
12:00 - 2:45 p.m.
Fee: \$95 per month

ATTENTION PARENTS: Please have your child's immunizations up to date, however, your child's record is not required for enrollment. Parents will be asked to provide snacks for the class on a rotating basis. Tuition is due by the 10th of each month to avoid a \$10 late fee.



DANCE & BALLET

Instructor: Alexandra Escujuri

Held Mondays or Tuesdays at the Roberts Recreation Center , 504 Grant St.

All dancers will need to wear a leotard and tights or leggings, or a fitted shirt and leggings, and ballet shoes. Please no sneakers, tank tops or shorts. Dancers must also have their hair pulled up out of their face. Dancers will perform a mini recital for parents in December. Classes will begin September 14. Limited to 6 students.

5 – 8 YEARS OLD

5:00 - 5:45 pm Fee: \$29 per month

This class is for the dancer who is ready to be in a class setting learning the fundamentals of dance and ballet. We will be learning the components of ballet including the 5 positions, center work on the floor, basics at the barre as well as movements across the floor, such as leaps and turns. We will work more on quality of movement, technique and strength. We will also focus on stretching and strengthening our bodies. The fundamentals of ballet all come together in learning choreography. All of this will be done in a positive, encouraging environment.

9 – 14 YEARS OLD

5:45 - 6:45 pm Fee: \$35 per month

This class is for the dancer that has had little to no prior dance experience but is eager to learn, because it is never too late!! We will be learning basics of ballet and dance technique, working on strengthening our bodies and increasing flexibility. This is a fun setting where we will learn together, build confidence, increase our knowledge of dance, and learn choreography.

CHEERLEADING SQUAD

Instructor: JuJu Hansen

Location: Roberts Rec Center Gym, 504 Grant St.

Fee: \$40 per month

Date: Wednesdays

Mini: Ages 7 - 10 5:45 - 6:45 pm

Junior: Ages 11 – 14 6:45 - 7:45 pm

Come join our "Dynamic Cheer" squad! Learn the proper skills needed to perform cheer stunts. Students will learn jumps, tumbling, chants, and cheer motions. This is a recreational squad with emphasis on skill. The squads will perform for parents in November.

****Uniforms are required and are not included in the monthly class fee.**

Youth Activities



JUNIOR CULINARY CLUB

Instructor: Monica Estes

Location: Roberts Rec Center Kitchen, 504 Grant St.

Dates: Thursday

Sept. 10, Oct. 8, Nov. 12 or Dec. 10

Time: 5:30 - 7:30 p.m.

Ages: 8-14

Fee: \$20 per session

Limit: 9 students per session

Each month chefs will explore a new baking or cooking recipe of their choice from previous month. Students will learn their way around a kitchen, a recipe, share ideas, and have fun while making new friends.

SCIENCE WIZARDS

Instructor: Serena Lehman

Location: Roberts Recreation Kitchen, 504 Grant St.

Dates: Tuesdays, Oct. 6 – Nov. 3

Time: 4:30 – 5:30 p.m.

Ages: 6 – 12

Fee: \$30

Hey kids, science is cool! Come join us for a week of fun filled learning about Physical, Life and Earth Science. Explore topics like, crystal formation, volcanoes, and chemical reactions. Students will learn about a new topic and complete a project everyday. They will conduct experiments and participate in lots of hands on learning.

SHORIN RYU KARATEDO

Martial Arts Life Experience

Location: Roberts Center Gym, 504 Grant St.

Fee: \$40 per month

If you are looking to impact your child's life in a positive way, Shorin Ryu Karatedo is the right place for you. Each student will be given the tools necessary to grow and venture to a better life. Students will learn self-defense techniques, self-awareness, and discipline. This karate program is dramatically different from other karate programs in martial arts.

Mondays & Wednesdays – Instructor, Kevin Wagner

Ages 4 – 8: 7:00 – 8:00 pm

Ages 9+: 8:00 – 9:00 pm

Tuesdays & Thursdays – Instructor, Ed Russell

Ages 4 – 6: 5:00 – 6:00 pm

Ages 6 – 8: 6:00 – 7:00 pm

Ages 9 – 13: 7:00 – 8:00 pm

Ages 14+: 8:00 – 9:00 pm

C TOWN BOXING

Coaches: Manny Albares, Ed Pizano, Edgar Hernandez, Mario Hernandez

Location: Roberts Recreation Center, 504 Grant St.

Gym is open Monday – Thursday, 5:30 – 7:00 pm

Fees: \$35 per month / \$25 per month for each additional family member

Caldwell Recreation is pleased to announce the addition of C TOWN BOXING, a USA Boxing sanctioned program, to the Roberts Recreation Center! Our coaches are registered with USA Boxing and have a combined experience of over 100 years! This program is open to both males and females 8 to 39 years. No prior boxing experience is required. Boxing is not only a great cardio fitness workout and form of self-defense, but also instills discipline, self esteem, and confidence in participants. Serious boxers can become USA Boxing certified and compete at national and Olympic levels. Come dressed in gym clothes and tennis shoes; all equipment provided to get you started.

*Financial assistance available to those who qualify.



IDAHO INFERNO SOCCER CLUB

Inferno Recreational Soccer Program includes players from 4 to 14 years of age. All teams are gender specific; all girls or all boys.

The U6-U10 teams play their games locally at Brothers Park, across from the YMCA on Saturday mornings. U11-U15 recreation teams play some of their games at Brothers Park, and other games are traveled to. Games are played in September and October.

FALL RECREATION ON-LINE REGISTRATION: Sign up to play recreational soccer starting May 1st at www.infernosoc.org Register early to guarantee your spot on a team. The registration deadline will be on July 27th.

SPRING RECREATION ON-LINE REGISTRATION: U6-U16 Recreation spring season runs in April and May. Practices begin late in March. Sign ups will open early 2021.

WALK-IN REGISTRATION : Due to the current COVID pandemic we were unable to hold walk in registrations this year.

A copy of your child's birth certificate must be shown in order to register. Players must be born in 2016 or earlier to be eligible to play. Check our website for further information: www.infernosoc.org

U9-U19 Competitive teams are registered in the Idaho State League-Southern Division. Half of the games are played at home; Brothers Park. These games are mostly played on Saturdays with an occasional weekday game, and games start in August. You **MUST** try-out for an Inferno team in order to make the roster. Tryouts are held each year in June. A full year commitment is required. Check our website for details.



Youth Activities



YOUTH FLAG FOOTBALL LEAGUE

HURRY - REGISTRATION ENDS SOON!

K – 1st and 2nd – 4th Grade Leagues

Registration Deadline: August 28

Practice Begins: September 14

First Game: September 26

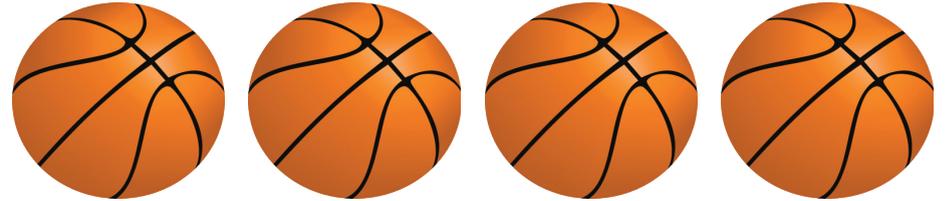
Fee: \$40

This will be a non-contact league designed to teach kids the fundamentals of football in a safe manner. We will also focus on the importance of team work and sportsmanship in a team setting. Practice will be held two nights per week and games will be on Saturdays starting at 9am. The last game of the season will be on October 24.

**If you are interested in coaching,
please contact Justin Smith at 208-455-3060!**

CALDWELL EXCHANGE TACKLE FOOTBALL LEAGUE

Registrations held August 14 & 15 at the Caldwell Exchange Club concessions stand located at the Caldwell Rodeo Grounds (Simplot Stadium). Games and practices are held week nights with 3 – 4 practices per week and 1 game. Open to 3rd – 6th grade students. Volunteers are welcomed for various positions. **For more information, contact Coby Saulls, 208.249.4791, cobycs@hotmail.com, or Rob Jerome, 208.571.1003, rjerome11@gmail.com. Find us on Facebook at “Caldwell Exchange Football League”** Participation fee: \$60; includes registration fee, equipment rental, team picture and an insurance policy. Players are required to provide their own shoes.



DEAR CALDWELL COMMUNITY MEMBERS,

Unfortunately, due to COVID-19 concerns, we will not be able to facilitate our 3rd & 4th Grade Basketball League this Fall. We are deeply sorry for this inconvenience, but the safety of our participants is our main priority. We hope to be able to move forward with our 5th & 6th Grade Basketball League and K - 2nd Grade Basketball Clinic in the Winter.

If we are able to proceed as planned in the Winter, the dates will be as follows:

5th & 6th Grade: Registration Deadline is December 18. Practices start the week of January 4 and Saturday games start on January 16.

K—2nd Grade Clinic: Registration Deadline is January 8. The clinic will be held on Saturdays from January 9 – January 30. Three sessions will be offered each day, the time slots will be announced at a later date.

We will continue to provide more information to the community as the situation progresses. We appreciate your patience during this ever-changing time and we hope to serve you at full capacity in the near future!

Sincerely,

Caldwell Recreation Staff



Youth & Adult Golf Lessons

PURPLE SAGE GOLF LESSONS

Location: Purple Sage Golf Course

Instructor: Pete Burton, PGA Associate Director of Instruction

Bring your own clubs if you have them, however a few sets will be available to use. *Register at Caldwell Recreation only. Registrations will not be accepted at Purple Sage Golf Course.

About Coach Pete:

Coach Pete is the PGA Associate Director of Instruction at Purple Sage Golf Course. Pete has been playing the game of golf ever since he was 3 years old and absolutely loves teaching the game to all ages and ability levels. Coach Pete is very involved with LPGA Girls Golf of Boise, is certified through the Titleist Performance Institute, American Development Model and is specializing in Teaching and Coaching through the PGA Professional Golf Management Program.

ADULT GOLF LESSONS

Dates: Mondays, Sept. 14 – Oct. 12

Times: 5:30pm – 6:30pm

Fee: \$55 per student

Maximum 10 students

Adult golf classes combine fun games, fundamentals and healthy competition. Couples and beginners are strongly encouraged.



SECRET PAL PROGRAM

Financial Assistance for Youth Programs

Thanks to a generous donation from the Dorothy Kidd Foundation,

Caldwell Recreation has funds available to offer financial assistance to families through the Secret Pal program. This program is funded entirely by public donations and is designed to reduce the cost of enrollment in recreational programs for children.

Our goal is to allow all children the opportunity to participate in recreational programs, regardless of their family's current financial position.

Secret Pal applications are available online at cityofcaldwell.org, and at the Caldwell Parks & Recreation office.

The application only takes a few minutes to complete. Applications are reviewed and assistance determined within one week.

If you know of someone who could benefit from this program or you would like to make a donation, please contact Denise at 208-455-3060.



YOUTH GOLF LESSONS

Dates: Tuesdays, Sept. 15 – Oct. 13

Times: 5:00 – 6:00 p.m.

Ages: 6 - 17 years

Fee: \$45 per student

Maximum 10 students

Junior golf classes combine fun games, fundamentals, an introduction to healthy competition and an emphasis on sportsmanship.

FAMILY GOLF LESSONS

Dates: Saturdays, Sept. 19 – Oct. 17

Times: 5:00 – 6:00 p.m.

Ages: Designed for parents and children 6+ years

Fee: \$35 per student

Maximum 10 students

Perfect for families who want to learn the game of golf together. Join us for fun, fundamentals and some healthy family competition.

Youth & Adult Activities

LET'S PAINT

Instructor: Sarah Harwood

Location: Roberts Rec Center Kitchen, 504 Grant St.

Dates: Sept. 12

Oct. 10

Nov. 14

Dec. 12

Time: 11:00 am – 1:00 pm

Ages: All Ages

Fee: \$25 per person/per session

Be brave with that brush. That's what Bob says to do right? It's your world. So let's... paint it. We will grow our confidence and learn we really CAN DO IT. But only if we're brave. Are you brave? Great. Let's paint! Please wear clothes that can handle some fun. i.e. clothes that can get messy.



GOOGLE SEARCH OPTIMIZATION FOR YOUR LOCAL BUSINESS

Instructor: Jessica Rosales

Dates: Saturday & Sunday

Session I: October 10 & 11

Session II: January 16 & 17

Session III: April 10 & 11

Time: 10:00 am – 3:00 pm

Fee: \$150 per Session

Location: Roberts Recreation Center, 504 Grant Street

Ages: 16 & Up

Min/Max: 2-20 people

Get your business found online! Learn basic search engine optimization (SEO) techniques and requirements to get your business found on Google, Bing, and Yahoo. 81% of sales begin with an online search and 72% of consumers who did an online search visited a local business. Learn SEO Basics, keyword research, competition analysis, google analytics, and google map optimization, as well as how to setup and install your own wordpress website!



DOG OBEDIENCE

Instructor: Damon Moysard

Held at the Caldwell National Guard Armory parking lot

Fee: \$50

September 21 - 25 6:30 – 7:30 pm

This is a basic dog obedience course open to any student 16 years and older and any dog at least 6 months old. The instructor will help you teach your dog to walk on a slack leash (to not pull), to sit, down, heel, and stay. Learn to train with praise, not treats. We will address behavioral issues, feeding, exercising, and disciplining your dog and the proper use of your training collars. Equipment needed: A good quality nylon or leather leash, not less than 4 ft. long (longer is acceptable) and a properly fitted (choke) chain, steel prong (pinch) or Starmark Pro-Training style collar. No flat collars, "halti" style head harnesses, no "martingale" style collars, no "body" harnesses, and no retractable leashes/leads. If your dog is aggressive, you must provide a muzzle. This class is held inside city limits; please ensure your dog's vaccinations and license are current.

Adults Sports & Activities

Free Class

Registration is required!

FREE Online DINING WITH DIABETES 4-WEEK COURSE

Dining with Diabetes is a program offered by the University of Idaho Extension that helps people with Type 2 diabetes to identify and understand important information on how to manage this disease. We are offering this program online to continue serving you during this time!

Participants will learn about diabetes and how to manage it through meal planning, portion control, understanding labels, and physical activity.

Online program includes:

1. An initial phone call from the instructor to ensure you understand how to access the course.
2. Access to one "Introduction Module" and four pre-recorded and structured lesson modules and recipe demonstrations on Google Classroom (each week, you will receive access to the next lesson module.)
**Online access to the Introduction Module and Lesson 1 will be provided to all registrants on Friday, September 25.
3. Online chat with instructors and other participants
4. Four weekly live Q&A sessions on Wednesdays (starting Sept. 30 and ending Oct. 21) from 5:30-6:30 PM
5. Completion of the four modules and pre- and post-program evaluations and you will be provided with a **FREE diabetes plate!**

To register, contact:
Caldwell Parks & Rec
618 Irving St. Caldwell, ID 83605
208-455-3060

Registration deadline: Thursday, Sept. 24 by 5 pm

University of Idaho
Extension



The University of Idaho has a policy of nondiscrimination on the basis of race, color, religion, national origin, sex, age, sexual orientation, gender identity/expression, disability, genetic information, or status as any protected veteran or military status.

Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact Jackie Amende by at least two weeks prior to the event at 501 Main St. Caldwell, ID, 208-459-6003, or jamende@uidaho.edu

CANNING BASICS

Registration
Pre-registration is required for this FREE virtual workshop with limited space.

To Register
Contact Caldwell Parks & Rec 618 Irving St. Caldwell, ID 83605 (208)455-3060

Registration deadline
Thursday, Sept. 10th by 5 pm. Following registration, participants will receive an e-mail with instructions to join the class via Zoom.

Thursday, September 17th
5:30pm to 7:30pm

Learn to safely preserve your garden using a boiling water Canner. Discover the important steps recommended to safely process. This will be a lecture/demonstration class that will discuss research-based recommendations you can access for safe, up-to-date recipes. There will be opportunity to ask questions so you are ready to preserve your produce!

FREE COURSE VIA ZOOM

DEHYDRATION BASICS

Learn how fun and easy it can be to dehydrate your garden goodies so you can eat them or use them in cooking all year long! Recommended practices for quality and safety will be shared through this lecture/demonstration class that will also cover the different ways to dehydrate safely. There will be time to ask questions live so you will be ready to dehydrate your fruits, vegetables and herbs!

Tuesday, September 15th
5:30pm to 7:30pm

Registration
Pre-registration is required for this FREE virtual workshop with limited space.

Registration deadline
Tuesday Sept. 8th by 5 pm.
Following registration participants will receive an e-mail with instructions to join the class via Zoom.

To Register Contact
Caldwell Parks & Rec
618 Irving St.
Caldwell, ID 83605
(208)455-3060

FREE COURSE VIA ZOOM

Adults Sports & Activities

EMPOWER HOUR: BOXING INSPIRED WOMEN'S FITNESS CLASS

Instructor: Becky Bridgewater

Location: Roberts Recreation Boxing Gym, 504 Grant St.

Date/Time: Saturdays, 9:30 – 10:15 am

Monthly classes beginning in October!

Fee: \$10 drop in

Empower Hour is a women's only boxing inspired fitness class that features interval rounds of instructor led bag work, mitt work, strength training, conditioning, and core work.



ZUMBA

Instructor: Renee Moss

Held at the Roberts Recreation Dance Center, 504 Grant St.

Held Wednesdays 6:00 – 7:00 pm.

Fees: \$5 per class \$15 for 4 classes

This high energy Latin and Top 40 dance/exercise program is geared for all ages and all fitness levels. Our licensed Zumba instructor has taught fitness classes for 25 years. No prior experience needed, just a willingness to move. Come join the fun and get fit!



GENTLE YOGA

Instructor: Lindsey McConnell-Soong, RYT-200

Date: September 1-29, Tuesdays & Thursdays

Time: 9:30 - 10:30 am

Fee: \$50 monthly or \$10 drop in fee

Location: Roberts Dance Studio, 504 Grant Street

Ages: 16 & Up

Min/Max: 3-10 People

Treat your mind and body with gentle yoga for all levels. Beginners through advanced practitioners will benefit from focusing on the basics of combining breath and movement. This one hour class will provide an opening breath meditation, warm up stretches, accessible poses for strength and balance building, and a guided relaxation at close.

'WE RUN C-TOWN' RUNNING CLUB

Attention runners, come check out the newest running club in town! Whether you are a new runner who is still breaking in their first pair of shoes or you are a seasoned runner who is training for their next race, this group is for you!

This group will be led by AK Whittaker and Justin Smith. AK is a NASM Certified Personal Trainer and Fitness Nutrition Specialist. She is an accomplished runner who has qualified for and ran the Boston Marathon, two IRONMAN 70.3's, and Spartan Races, amongst many other athletic hobbies! Justin is an avid runner who ran the Boston Marathon, New York City Marathon, and is a current member of the Idaho Distance Project. The group plans to work alongside local businesses, including Fleet Feet of Meridian, to provide an educational running experience for all involved! Now for the best part, the club is FREE! We just want to provide a friendly and welcoming environment for all runners in the community.

The group plans on meeting two times a week, starting in Early-September. This is subject to change due to COVID-19. If you are interested in receiving up to date information about the club, please contact Justin Smith at jsmith@cityofcaldwell.org or call 208-455-3060. You can also follow the 'Caldwell Parks and Recreation' page on Facebook.

POUND FITNESS

Instructor: Janelle Davis - Certified Pound Pro

Held at the Roberts Recreation Dance Studio, 504 Grant St

Times: Mon – Thursday 7:00 – 7:45 p.m.

Saturdays – 10:00 – 10:45 a.m.

Classes open to adults and kids 12+ years

Fees: \$10 per class OR \$35/per month

Pound® is the world's first cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums. Using Riptix®, lightly-weighted drumsticks engineered specifically for exercise, POUND® transforms drumming into an incredibly effective way of working out. All are welcome.



Adults Sports & Activities



MEN'S FLAG FOOTBALL

Do you think your team has what it takes to be the champion of the Gridiron? If so, sign up today for our competitive flag football league! There will be 8 regular season games and a season ending single elimination tournament. Games will be held on Monday-Thursday evenings at Luby Park. Participants must be at least 18 years of age or at least 16 years old with a signed parental consent form and they may not be participating in a school league at the time.

Registration Deadline: September 4

Games start: Week of September 21

Fee: \$330 per team



MEN'S BASKETBALL

Our league offers both a recreational and a competitive division, which makes it the perfect option for anybody who is looking to play! The season will consist of 8 regular season games and a double elimination tournament. Awards will be given to the first and second place teams in both divisions! Games will be held Monday - Thursday evenings at a local school.

****Please note that COVID-19 concerns may cause schedule changes, location changes, or even league cancellation.****

Registration Deadline: December 28

Season Begins: Week of January 11

Location: TBD

Fee: \$450.00 + \$50 team players fee



Caldwell Parks Information

MEMORIAL PARK (15 ACRES)

Kimball and Grant St.

- Roberts Recreation Center
- Swimming pool
- Softball field
- Two youth baseball fields
- Tennis courts
- Playground
- Pioneer Museum
- Picnic shelter
- Skate park

LUBY PARK (12 ACRES)

Illinois and Marble Front Road

- Rose Garden
- Picnic shelter
- Playground
- Volleyball and basketball courts
- Baseball field
- Pickleball Courts

MALLARD PARK (30 ACRES)

10th and Orchard near Lake Lowell

- Playground
- Walking paths
- Six picnic shelters
- Amphitheatre
- Basketball court
- 18 hole disc golf course

DENSHO GARDENS

4th Ave & Arthur St.

Tranquil ornamental Japanese gardens along Indian Creek

LIONS PARK (5 ACRES)

(formerly Jaycee Park)

5th Ave. and Frontage St.

- Playground
- Basketball courts

BROTHERS PARK (35 ACRES)

Indiana and Ustick Rd.

- Soccer fields
- Playground
- Walking path

GRIFFITHS PARK (35 ACRES)

Griffiths Parkway off of Linden St.

- Three adult softball fields
- Collegiate baseball field
- Walking paths

PIPE DREAM PARK (54 ACRES)

Smeed Parkway near Highway 20/26

- 4-plex softball field
- BMX track
- State of the art skate park
- Playground
- Picnic shelter

CURTIS PARK (15 ACRES)

Channel Rd. off River Road

- Wilderness park by the Boise River
- Overnight camping

SEBREE PARK (5 ACRES)

12th Ave. and Grant St.

- Playground
- Softball fields
- Volleyball court
- Basketball court
- Walking path

USTICK PARK (16 ACRES)

Ustick Rd. and Oregon St.

- 4-plex youth baseball fields
- Babe Ruth baseball field
- Playground
- Picnic shelter

WHITTENBERGER PARK (17 ACRES)

Chicago St. and Centennial Way

- Greenbelt walking path along Boise River
- Picnic shelter
- Dog park

ROTARY POND (40 ACRES)

On Chicago, near Whittenberger Park

- Fishing docks
- Walking path to the Greenbelt
- Archery Range



Facility Rental Information

PARK RESERVATION POLICY

The following reservations can be made at Caldwell Parks & Recreation, 618 Irving St. or call 208 455-3060. Reservations can be made up to one year in advance.

MEMORIAL PARK BANDSHELL RENTAL

The Bandshell in Memorial Park is a covered shelter used for reunions, special events, birthdays, and wedding receptions. It is available for rent 12 months prior to your event. The rates are: 4 hours or less: \$75, over 4 hours or all day: \$125. This fee includes several electrical outlets and ten picnic tables which are permanently located in the shelter. Water is available on site.

MALLARD PARK PICNIC SHELTER RENTAL

Caldwell's newest park located at the corner of 10th Ave. and Orchard near Lake Lowell. This new park consists of 6 shelters available for rent. Other amenities include a handicap accessible playground, basketball court, walking paths, an amphitheatre, and disc golf course. Rates: large shelters (two): 4 hours or less \$60; over 4 hours or all day \$100. Small shelters (four): 4 hours or less \$50; over 4 hours or all day \$75.

ROSE GARDEN RENTAL

This is a perfect setting for weddings. Roses are in bloom from June until the first frost in the fall. The Rose Garden is available for rental from April through September. The cost is \$50 for 2 hours or \$90 for 4 hours. This fee covers the garden only, chair rental is not included. Electricity is available.

LUBY PARK GAZEBO RENTAL

This gazebo style shelter in Luby Park is open for reservations. This covered shelter is available for wedding receptions, birthday parties, and family events. The rates are: 4 hours or less: \$50; over 4 hours or all day: \$75. This fee includes electrical outlets and four picnic tables located on the shelter.

CALDWELL POOL RENTAL

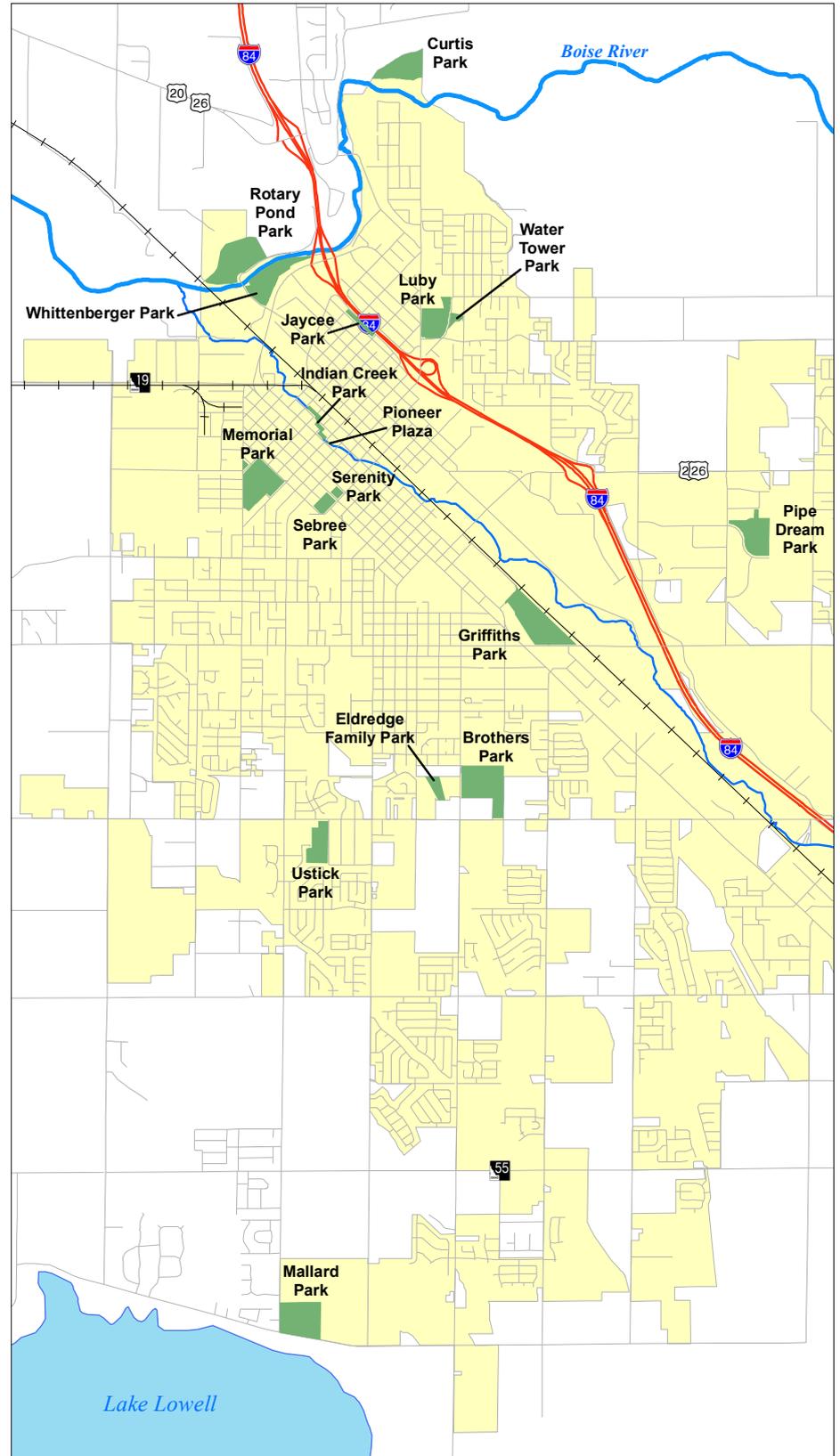
The Caldwell pool is available for rent during the months of June – August. Rental times are: Weekdays: 9:00 – 11:00 p.m. Weekends: 6:30 – 11:00 p.m. *Some weekday rentals available at 6:30 p.m. the second week in August. The rental fee is based on occupancy. Call Caldwell Recreation at 208-455-3060 for more information.

PIPE DREAM PARK GAZEBO RENTAL

This new gazebo style shelter in Pipe Dream Park is open for reservations. This covered shelter is available for birthday parties and family events. The rates are: 4 hours or less: \$50; over 4 hours or all day: \$75. This fee includes electrical outlets and three picnic tables located on the shelter.

CURTIS PARK

This gated park is located off Channel Rd. along the Boise River. This wilderness park supports wildlife, footpaths, and a natural spring. Great for weekend outings. There is a \$50 fee/per day to reserve the park. In addition, a \$20 key deposit is required. The \$20 deposit is refunded to the customer when the key is returned. Reservations can be made at the Parks & Recreation office, 618 Irving St. or call 208.455.3060.



Registration Information

HOW TO REGISTER:

WALK-IN REGISTRATION

Visit us at the Caldwell Parks and Recreation office located at 618 Irving St. in Memorial Park. We are located off Kimball Ave. near Fairview Golf Course. Office hours are 8:00 a.m. to 5:00 p.m. Mon. - Fri.

MAIL-IN REGISTRATION

Complete registration form located on the back of the activity guide. Mail form and payment to: Caldwell Recreation, 618 Irving St., Caldwell, ID 83605. Verification of enrollment will not be mailed to you. You will only be notified if a class is full or has been cancelled. Your cancelled check will serve as your receipt. Please make checks payable to: City of Caldwell.

DROP BOX REGISTRATION

Drop box registration will be accepted with completed registration form and correct fee. A drop box is located at the front of the building, near the entrance ramp. Priority is given to e-mail and walk-in registration over mail-in and drop box registration.

ONLINE REGISTRATION

Our website offers you the opportunity to view upcoming classes and programs as well as registering right from the convenience of your own home. Available 24 hours a day, seven days a week, this site is the perfect solution to your busy schedule. Payments can be made with either American Express, MasterCard, or Visa. To visit our website go to: activenet.active.com/caldwell

Click on "My Account". Enter in your account information & choose a password.

Click on the activities you want to register for. Availability of classes will be listed. Enroll in your program(s). The enrollment form is automatically completed with the information from your customer account. Pay with credit card, print your receipt, and

receive an instant e-mail confirmation of your enrollment. ** A small convenience fee is added to each online registration by our technology partner, The Active Network.

REFUND POLICY

A total refund will be issued if the class or program you have registered for is full or has been cancelled by the City Recreation Department and for medical reasons (with documented evidence). A refund, minus a \$6.00 processing fee, is issued when you cancel 7 days before the starting date of the class. The processing fee is waived if you apply your refund to an alternate class.

Refunds will not be issued:

1. when you cancel after the 7th day prior to the beginning date of a class / program.
2. the fee is less than \$6.
3. for team fees when cancellation is after the registration deadline.

LIABILITY WAIVER

The following liability waiver applies to all participants enrolled in a City of Caldwell Recreational program. Upon enrollment you accept the following conditions:

1. I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities.
2. In consideration of acceptance of the registration, I for myself, children, guardianship, and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and agree that I will exercise caution and take all steps necessary to avoid injury.
3. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.

Please read all directions before filling out form

1. Fill in form completely;
2. Add all program fees and include a check for full amount made out to City of Caldwell;
3. Mail in or drop off completed form to: **Caldwell Parks and Recreation, 618 Irving St, Caldwell, ID 83605;**
4. Office hours are 8:00 am – 5:00 pm. 208-455-3060

Parent or Guardian Information:

NAME : FIRST	LAST	MI
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RESIDENTIAL ADDRESS:

STREET		
CITY	STATE	ZIP

MAILING ADDRESS: (if different from above)

STREET		
CITY	STATE	ZIP

CONTACT INFORMATION:

E-MAIL ADDRESS		To receive promotional information via email concerning future activities check here <input type="checkbox"/>
HOME PHONE	WORK PHONE	CELL PHONE

IN CASE OF EMERGENCY, CONTACT: (if parent is unable to be reached)

FIRST	LAST	MI
PHONE	RELATIONSHIP TO PARTICIPANT	

Participant 1 Information:

NAME: FIRST		LAST		MI	
GENDER	<input type="checkbox"/> MALE	DATE OF BIRTH	AGE	GRADE	NAME OF SCHOOL
check one:	<input type="checkbox"/> FEMALE				
START MO/DAY		ACTIVITY NAME		FEE	

Participant 2 Information:

NAME: FIRST		LAST		MI	
GENDER	<input type="checkbox"/> MALE	DATE OF BIRTH	AGE	GRADE	NAME OF SCHOOL
check one:	<input type="checkbox"/> FEMALE				
START MO/DAY		ACTIVITY NAME		FEE	

Participant 3 Information:

NAME: FIRST		LAST		MI	
GENDER	<input type="checkbox"/> MALE	DATE OF BIRTH	AGE	GRADE	NAME OF SCHOOL
check one:	<input type="checkbox"/> FEMALE				
START MO/DAY		ACTIVITY NAME		FEE	

I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities. In consideration of acceptance of the registration, I for myself, children, guardianship and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and will exercise caution to avoid injury. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.

Signature _____ Printed Name _____ Date _____



Registration Information

Recreational programs offered through the City of Caldwell are on a first come -first serve basis. Those enrolling on the internet will be processed in "real time" meaning they will instantly be enrolled in classes.

All programs require a minimum number of students in order for that program to be held. Please sign up at least two days prior to the beginning of each class or by the deadline posted. Programs not meeting the registration requirements will be cancelled and the registrant will be notified. Participants will have the option to receive a credit on their account or a full refund. All refunds must be processed through City Hall and will be mailed to you, usually within three weeks. The City reserves the right to cancel or combine programs at any time.

Meet Me Monday CALDWELL

EVERY MONDAY

JOIN THE MOVEMENT . . . BRING A FRIEND

Meet Me Monday (MMM) is a free weekly fitness walk/run event held every Monday year round. Participants sign a participation waiver the first time they attend MMM, and each time after that, they just initial beside their name on the participant roster. We track participation and our MMM athletes earn Meet Me Monday gear when they have attended 8, 16, 50 and 100 times.



Sign-in on Mondays 5:15 p.m.

Closing ceremonies 6:30-6:45 p.m.

Flying M Coffee

724 E. Arthur St. | Caldwell, ID

Sponsored by Saint Alphonsus,
Bandanna Running & Walking and Flying M Coffee



ACTIVENET.ACTIVE.COM/CALDWELL

GO ACTIVE!

Hectic schedule?! Kids have to be at flag football practice, a soccer game, or gymnastics class?

Let us help make your life easier by using our online registration system to enroll for classes. Don't miss a registration deadline! Go to: activenet.active.com/caldwell and register online for your favorite programs. Pay with a credit card and print your receipt from your home or office. A small convenience fee is added to each online registration by our technology partner, The Active Network.

UPCOMING FALL CLASSES & PROGRAMS:

PRESCHOOL & PREKINDERGARTEN
YOUTH DANCE CLASSES
JUNIOR CULINARY CLUB
GYMNASTICS
BOXING
YOUTH & ADULT KARATE
YOUTH & ADULT GOLF LESSONS
YOUTH & ADULT FLAG FOOTBALL
LET'S PAINT
DINING WITH DIABETES
CANNING & DEHYDRATING BASICS
DOG OBEDIENCE
EMPOWER HOUR
POUND FITNESS
YOGA
AND MORE!

REGISTER NOW



<https://www.facebook.com/caldwell.recreation>

