

**Youth Master Plan Committee**  
**Accomplishments of Goals & Initiatives**  
**Updated through December 31, 2016**

#	Year	Task	Partners	Promise/Goal
	2010-11	Youth Master Plan was created by Lourdes Matsumoto City of Caldwell staff member under the advisement of Mayor Garret Nancolas and Superintendent Roger Quarles of the Caldwell School District.	Community-wide partnership with agencies and school districts	
	2011	Youth Master Plan was adopted by City Council.	City of Caldwell	
	2012	Youth Master Plan Committee Members were ratified by City Council on March 19, 2014 and the initial two-year implementation plan for the Youth Master Plan began with the Committee's first meeting held on April 23, 2012.	City of Caldwell	
#1	2012	<p>YMP Committee met with the Chief of Police regarding the current PAL program within the City of Caldwell and discussed goals of how the program can be expanded.</p> <p>Discussion held concerning options for locating the PAL facility to a public location.</p>	<p>City of Caldwell Staff Members:</p> <ul style="list-style-type: none"> <li>-Ken Wien,</li> <li>-Chief of Police Chris Allgood and Engineering Staff</li> <li>-PAL Boxing Club Officers</li> <li>-Adam Garcia of Houston-Bugatsch Architects</li> <li>Chartered – Nampa</li> </ul>	<p><b>P: "Safety"</b></p> <p><b>#4Children and youth will have safe places to gather where they can learn, grow and access educational resources</b></p> <p><b>G:</b> Increase awareness of PAL and other police sponsored activities.</p>

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		<p>A separate sub-committee has since been formulated with the following plan:</p> <p>1) Donation from R &amp; M Steel of a building frame that could be used for constructing a new PAL Center.</p> <p>2) Partnerships established to address this possible facility.</p> <ul style="list-style-type: none"> <li>➤ Goal: To construct a PAL/Recreation Center to house the PAL Boxing Club and other recreational activities.</li> </ul>	<p>Canyon County Builder's Association</p> <p>-R &amp; M Steel</p>	
#2	2012	<p>Transportation for students to attend after-school opportunities at the local YMCA was set in order.</p> <p>Valley Regional Transit organized this effort in cooperation with the Brown and Caldwell Bus Companies.</p>	<p>YMCA Valley Regional Transit Brown Bus Company Caldwell Transportation</p>	<p><b>P: "Out of School Time"</b> <b>#2 Children and youth will be provided with a means of transportation to participate in out-of-school activities.</b></p> <p><b>G:</b> Increase awareness of free transportation options to the YMCA</p>
#3	2013	<p>The Idaho Job Service provided information to local businesses and government regarding the Career Information System</p>	<p>Idaho Job Service</p>	<p><b>P: "Education and Workforce Readiness"</b> <b>#8 Young adults will be taught basic job skills and prepared to be productive members of the workforce.</b></p> <p><b>G:</b> Provide more opportunities for internships for high school and college students.</p>
#4	2013	<p>1<sup>st</sup> Annual Youth Forum was held with approximately 65 in attendance. Theme: "Bystander Syndrome" held on September 13, 2013</p>	<p>College of Idaho Caldwell High School Vallivue High School</p>	<p><b>P: "Safety"</b> <b>#3 Children and young adults will be protected from bullying and abuse from adults and peers.</b></p>

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				<p><b>G:</b> Increase bullying awareness campaigns in schools. Make awareness an ongoing program throughout the year.</p> <p><b>G:</b> Provide classes and programs to demonstrate how to react when witnessing acts of bullying.</p>
#5	2014	Organize a centralized "Career Fair" for students from both Caldwell High School and Vallivue High School students (freshman/sophomores/juniors)	Caldwell High School Vallivue High School College of Idaho Caldwell Event Center/City of Caldwell	<p><b>P: "Education and Workforce Readiness"</b> <b>#7 Children will be encouraged to pursue post-second educational opportunities.</b></p> <p><b>G:</b> Increase awareness and information distributed to high school students on all post-secondary options including military and trade school.</p>
#6	2014	Partner with United Way and Bank On Treasure Valley to provide support for this program: <ul style="list-style-type: none"> <li>• Allow flyers about the program to be included within approximately 17,000 City of Caldwell water statements for the April 2014 billing cycle.</li> <li>• Discuss with the YMP Committee how this program could be implemented within Caldwell and Vallivue schools to generate an interest in establishing savings account for future educational</li> </ul>	United Way Bank On Treasure Valley Caldwell School District Vallivue School District	<p><b>P: "Education and Workforce Readiness"</b> <b>#7 Children will be encouraged to pursue post-second educational opportunities.</b></p> <p><b>G:</b> Develop programs and classes to teach financial responsibility and budgeting to high school students.</p>

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		benefits.		
#7	2014	2 <sup>nd</sup> Annual Youth Forum was held with approximately 65 in attendance. Theme: “Bystander Syndrome” held on September 12, 2014	College of Idaho Caldwell High School Vallivue High School	<p><b>P: “Safety”</b>  <b>#3 Children and young adults will be protected from bullying and abuse from adults and peers.</b></p> <p><b>G:</b> Increase bullying awareness campaigns in schools. Make awareness an ongoing program throughout the year.</p> <p><b>G:</b> Provide classes and programs to demonstrate how to react when witnessing acts of bullying.</p>
#8	2015	<p>Let’s Move! Caldwell program was organized using the Guidelines of the National League of Cities</p> <ul style="list-style-type: none"> <li>• Mayor Nancolas signed a proclamation on February 17, 2015 to officially make Caldwell a Let’s Move! city.</li> <li>• Saturday, April 18<sup>th</sup> was the first annual community Let’s Move! Caldwell Fun Day, which showcased each city park and some of the activities available to get kids and adults moving.</li> <li>• At the Winter Wonderland, the “Snowflake Shuffle” kid-zone activity utilized College of Idaho Kinesiology student volunteers to get kids moving in a fun way.</li> </ul>	<ul style="list-style-type: none"> <li>-Southwest District Health</li> <li>-Oasis Feeding Programs</li> <li>-Vallivue School District</li> <li>-Vallivue School District Nutrition Program</li> <li>-Caldwell School District</li> <li>-Caldwell School District Nutrition Program</li> <li>-City of Caldwell Parks &amp; Recreation Departments</li> <li>-YMCA</li> <li>-West Valley Medical Ctr.</li> <li>-City of Caldwell Planning &amp; Zoning Department</li> <li>-City of Caldwell – City Clerk</li> <li>-City of Caldwell – Shannon Ozuna, City Council Liaison</li> </ul>	<p><b>P: “Health”</b>  <b>#5 Parents &amp; children will be educated on nutrition and healthy food options.</b>  <b>#6: Children and young adults will have access to healthy food, active lifestyle choices and protection against preventable diseases.</b></p> <p><u>Goals in process:</u></p> <ul style="list-style-type: none"> <li>• Increase “marketing” of healthy programs and classes available for youth and young parents. <i>Parks &amp; Recreation departments will be involved with the “Unplug Treasure Valley” program to promote City of Caldwell events on their yearly calendar.</i></li> <li>• Incorporate more fitness and</li> </ul>

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		<ul style="list-style-type: none"> <li>Several schools and Mayor Nancolas participated in the Mayor's Walking Challenge in October.</li> </ul> <p>Let's Move! Caldwell is also gearing up to begin a Community Walking Program in 2016, modeling it after other successful programs highlighted on the America Walks website. Coordination between the City, parks, pathways committee, and schools will be utilized so that the community is aware of all the pathways available in Caldwell.</p> <p><u>Let's Move! Goals and Medal Count:</u>  <b>Goal 1: Start Early, Start Smart</b> <i>Caldwell has earned a Bronze medal for this goal.</i>  <b>Goal 2: My Plate Your Plate.</b> The City commissioned metal "My Plate" signs to post at municipally-owned food venues. <i>Once the signs are hung, Caldwell will earn a Gold Medal for this goal.</i>  <b>Goal 3: Smart Servings for Students.</b> <i>Caldwell has earned a Silver medal for this goal.</i>  <b>Goal 4: Model Food Service.</b> <i>Caldwell has earned a Bronze medal for this goal.</i>  <b>Goal 5: Active Kids at Play.</b> <i>Caldwell has earned a Gold medal for this goal.</i></p>	<ul style="list-style-type: none"> <li>-Head Start</li> <li>-Safe Routes 2 School</li> <li>-Love Caldwell</li> </ul>	<p>nutrition education in school curriculums beginning in elementary school. <i>Vallivue &amp; Caldwell School Districts are addressing this with their programs in conjunction with the Let's Move! Caldwell programs.</i></p> <ul style="list-style-type: none"> <li>Develop a community garden to promote healthy eating and nutrition education. <i>Canyon County Extension Office within the 4-H has a curriculum. YMCA is looking to partner with them in their garden program for 2016.</i></li> </ul> <p><b>G:</b> Increase educational opportunities or classes for young parents on how to shop for healthier food for infants and children.</p> <p><b>G:</b> Replace traditional vending machines with healthy snack vending machines.</p>
#9	2015	The Mayor's College Savings Initiative: "Caldwell Saves 1 <sup>st</sup> "	-Ideal – Idaho's 529 college savings plan	<b>Promise: "Education &amp; Workforce Readiness"</b>

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		<p>April 1, 2015 Kick-Off for the “Caldwell Saves 1<sup>st</sup>” Program. First Grade students are selected from Caldwell elementary schools and attend sessions with their parents. A big emphasis of the program is educating parents in financial and banking matters. The other main focus is college savings accounts for students—beginning in the 1<sup>st</sup> grade. The program is self-regulating, sustainable, and consistent. Coordinated by Holly Cook and the YMP Commttee.</p> <ul style="list-style-type: none"> <li>• Sub-committee formed to help execute the program.</li> <li>• Holly provided training for other municipalities in Idaho and other states in how to start/manage their own initiatives.</li> <li>• Caldwell Saves 1<sup>st</sup> was recognized by the NLC for our training efforts and for the emphasis placed on adult financial education.</li> </ul>	<p>-Caldwell School District  -City of Caldwell  -Local banks who have been trained in the “Bank On” program.  -Bank On Program</p>	<p><b>#7 Children will be encouraged to pursue post-secondary educational opportunities.</b></p> <p><u>Goal in Process:</u>  Develop programs and classes to teach financial responsibility and budgeting to students <u>and their parents.</u></p>
#10	2015	<p>3<sup>nd</sup> Annual Youth Forum held on September 16, 2015. Approximately 75 in attendance. The theme, “Not Just a Bystander,” targets what to do to help prevent bullying, and how to identify and change the ‘environment’ that fosters bullying, under-age drinking, drug use, and other dangerous activities.</p> <p>YMP formed a sub-committee headed by</p>	<p>College of Idaho  Caldwell High School  Vallivue High School  COSSA (Wilder)  Canyon Spring HS  ISLD</p>	<p><b>P: “Safety”</b>  <b>#3 Children and young adults will be protected from bullying and abuse from adults and peers.</b></p> <p>Goals met:</p> <ul style="list-style-type: none"> <li>• Increase bullying awareness campaigns in schools. Make awareness an ongoing program throughout the year.</li> </ul>

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		<p>Ron Bonneau (College of Idaho) to focus more specifically on planning for an annual Youth Forum.</p> <p>For 2016: We plan to increase the number of students that can be accommodated at the Forum, and we plan to invite Thomas Jefferson High and Gem State Academy to be involved in next year's Forum.</p>		<ul style="list-style-type: none"> <li>Provide classes and programs to demonstrate how to react when witnessing acts of bullying.</li> </ul>
#11	2015	<p>-“Next Door” information and sign-up link added to City of Caldwell website: Nextdoor is an online group that makes it easy for neighbors to establish their own virtual neighborhood watch, which is vital in strengthening community and combating local crime. On Nextdoor, neighborhoods create and self manage private neighborhood networks that are accessible only to residents of that neighborhood.</p> <p>-The Caldwell Police Department's new program, "<a href="#">Caldwell Cyber Safety</a>" is also now on the City of Caldwell website. This program teaches kids how to be safe and careful online AND teaches parents how to stay up-to-date on technology, apps and more. It's important to know what our kids are up to and how they are using the internet.</p>	<p>Nextdoor</p> <p>Caldwell Police Dept.</p>	<p><b>P: “Safety”</b>  <b>#2 Children and youth will have safe places to gather where they can learn, grow and access educational resources</b></p> <p><b>G:</b> Encourage all citizens to know their neighbors for the safety and protection of families and children</p> <p><b>G:</b> Increase awareness of the variety of safe places and activities available to children and youth.</p>
#12	2015	New Community Internship program with the College of Idaho. College students	College of Idaho	<p><b>P: “Education and Workforce Training”</b>  <b>#8 Young adults will be taught basic job</b></p>

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		volunteer for community positions that relate to their college degree program. Example: Kinesiologist students intern (without pay) with Caldwell Let's Move! program director.		<b>skills and prepared to be productive members of the workforce.</b> <b>G:</b> Provide more opportunities for internships for high school and college students.
#13	2015	<p>"Rake up Caldwell" volunteer opportunity publicized on the city website and in the newsletter.</p> <p>New Community Internship program with the College of Idaho (#12 above) also addresses this promise.</p>	Mayor's Youth Advisory	<p><b>P: "Community Involvement"</b> <b>#9 Children and young adults will be aware of and encouraged to participate in volunteer opportunities</b></p> <p><b>G:</b> Increase emphasis on the importance of civic involvement by providing more opportunities to students and parents.</p> <p><b>G:</b> Create a volunteer pool through which non-profits can seek and obtain volunteers easily and more quickly than through the current methods.</p>
#14	2015	<p>Mayor's Youth Advisory Council gives high school students the opportunity to observe the processes of city government, and to be heard on issues important to them.</p> <p>MYAC attends the yearly National League of Cities Conferences and has had interactions with Idaho's state government representatives.</p>	Mayor Nancolas	<p><b>P: "Community Involvement"</b> <b>#10 Children will be given an active voice in the community and have the opportunity to learn about decision and policy-making.</b></p> <p><b>G:</b> Increase opportunities for youth representation on boards and commissions.</p>
#15	2016	Groundbreaking for the new Roberts Recreations Center was held and	City of Caldwell R & M Steel (donation of	<b>P: "Safety"</b> <b>#4 Children and youth will have safe</b>

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		construction will be completed by February 2017. The Caldwell Recreation Department and the PAL program will be conduct classes and activities within the facility.	the steel frame building materials) Police Athletic League (PAL)	<b>places to gather where they can learn, grow and access educational resources</b>  <b>G:</b> Increase awareness of PAL and other police sponsored activities.
#16	2016	<p>The Let's Move! Caldwell met the following goals in association with the YMP and the National Let's Move! Cities, Towns and Counties initiative. In less than 2 years Caldwell ranks #1 by achieving gold status in all categories.</p> <ol style="list-style-type: none"> <li>1) <b>Start Early, Start Smart</b></li> <li>2) <b>My Plate, Your Place</b></li> <li>3) <b>Smart Servings for Students</b></li> <li>4) <b>Model Food Service</b></li> <li>5) <b>Active Kids at Play</b></li> </ol> <ul style="list-style-type: none"> <li>✓ Training offered to child care providers as they learn how to improve the health environment of their daycares. Topic include: physical activity, less screen time, and healthy food choices</li> <li>✓ 2<sup>nd</sup> Annual "Let's Move! Caldwell Family Fun Day held in May in conjunction with the Rotary Club's Fishing Derby. Free bikes given to the children through the Bike Project Program, Bike Rally, Story Walk, and Disc Golf.</li> <li>✓ The Caldwell City Council passed a resolution ensuring healthy food</li> </ul>	<p>City of Caldwell Caldwell Recreation Caldwell Planning &amp; Zoning Oasis Food Bank &amp; Summer Feeding Program Caldwell School District Caldwell Canyon County Bike Project</p> <p>College of Idaho – Students organized and operated the Snowflake Shuffle activity.</p>	<p><b>P: "Health"</b> <b>#5 Parents &amp; children will be educated on nutrition and healthy food options.</b> <b>#6: Children and young adults will have access to healthy food, active lifestyle choices and protection against preventable diseases.</b></p> <p><u>Goals in process:</u></p> <ul style="list-style-type: none"> <li>• Increase "marketing" of healthy programs and classes available for youth and young parents. <i>Parks &amp; Recreation departments will be involved with the "Unplug Treasure Valley" program to promote City of Caldwell events on their yearly calendar.</i></li> <li>• Incorporate more fitness and nutrition education in school curriculums beginning in elementary school. <i>Vallivue &amp; Caldwell School Districts are addressing this with their programs in conjunction with the Let's Move! Caldwell programs.</i></li> <li>• Develop a community garden to promote healthy eating and nutrition</li> </ul>

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		<p>choices will be available at the Caldwell Event Center and the Memorial Park Swimming Pool concession stands.</p> <ul style="list-style-type: none"> <li>✓ Several Caldwell schools along with Mayor Nancolas participated in the Mayor's Walking Challenge. This is a statewide walking challenge. \$2,000 was awarded to the Lincoln Elementary School to assist with the completion of their walking track.</li> <li>✓ MY PLATE metal signs were hung at all city-owned concession areas to remind vendors and the public of options for healthy food choices.</li> <li>✓ 2<sup>nd</sup> Annual Snowflake Shuffle event held in conjunction with Winter Wonderland in downtown Caldwell on November 18, 2016.</li> </ul>		<p>education. <i>Canyon County Extension Office within the 4-H has a curriculum. YMCA is looking to partner with them in their garden program for 2016.</i></p> <p><b>G:</b> Increase educational opportunities or classes for young parents on how to shop for healthier food for infants and children.</p> <p><b>G:</b> Replace traditional vending machines with healthy snack vending machines.</p>
#17	2016	<p>The Caldwell Saves 1<sup>st</sup> Program:</p> <p>A revised Caldwell Saves 1<sup>st</sup> Operational Plan was revised to provide for a sustainable, community-based program. The program directors (Caldwell City Clerk and Caldwell Deputy Treasurer) gained additional community sponsors to assist with the financial literacy classes and children's savings accounts.</p>	<p>Partners:</p> <p>Caldwell Mayor's Youth Advisory Council Whittenberger Foundation Republic Services Idaho Financial Literacy Coalition Women's &amp; Children's Alliance Fortify Financial Services D.L. Evans Bank</p>	<p><b>Promise: "Education &amp; Workforce Readiness"</b></p> <p><b>#7 Children will be encouraged to pursue post-secondary educational opportunities.</b></p> <p><u>Goal in Process:</u> Develop programs and classes to teach financial responsibility and budgeting to students <u>and their parents.</u></p>

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		Plans put in place for the newly revised program to roll out on February 9, 2017.	Caldwell Branch	
#18	2016	<p>4<sup>th</sup> Annual Youth Forum held in September. Approximately 90 in attendance. The theme <b>“It’s On Us”</b> targets what to do to help prevent bullying, and how to identify and change the ‘environment’ that fosters bullying, under-age drinking, drug use, and other dangerous activities.</p> <p>YMP formed a sub-committee headed by Ron Bonneau (College of Idaho) to focus more specifically on planning for this annual Youth Forum event.</p>	<p>Gem State COSSA Vallivue HS Caldwell HS</p>	
#19	2016	<p>Health &amp; Wellness Outreach Committee</p> <p>Dawna Laird organized biometric screens at the Treasure Valley Resource Fair on April 13 at O’Connor Field House.</p> <ul style="list-style-type: none"> <li>✓ Blood screenings for the first 50 participants.</li> <li>✓ Only \$20 for each applicant after that.</li> </ul>		<p><b>Promise: “Health &amp; Wellness”</b></p> <p><b>#5 Increase “marketing” of health programs and classes available for youth and young parents.</b></p> <p><b>#6 Children and young adults will have access to health food, active lifestyle choices and protection against preventable diseases.</b></p> <p><u>Goal in Process:</u> Increase “marketing” of healthy programs and classes for youth &amp; young parents.</p>
#20	2016	Compassion Caldwell	Compassion Caldwell	<b>Promise: “Health &amp; Wellness”</b>

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		Approximately 300 families received medical screening and dental services at no cost	Volunteers West Valley Medical Center as volunteers Local churches Community volunteers	<b>Promise: "Health &amp; Wellness"</b> <b>#5 Increase "marketing" of health programs and classes available for youth and young parents.</b>  <u>Goal in Process:</u> Increase "marketing" of healthy programs and classes for youth & young parents.

Promises/Goals yet to be addressed in 2017:

- ✓ Work hand-in-hand with the Caldwell Library staff concerning community programs in place to assist with reading and math skills for children and young adults.
- ✓ Work hand-in-hand with the Salvation Army and address concerns regarding outreach of this non-profit agency.

**P #11 Children and young adults will be educated on proper social etiquette to help them succeed in the workforce and community.**

G: Increase emphasis on the importance of manners and civility in the community.

G: Develop educational opportunities for parents on how to teach and enforce social etiquette with their children.

G: Place a greater emphasis on the etiquette of technology, social networks and social media in schools.

G: Increase individuals using the core values: respect yourself, respect others, respect the place where you are, and take responsibility for your actions when using technology.

**P #12 Youth will be taught and encouraged to use various forms of communication in order to voice their opinions respectfully and confront and resolve personal and social issues.**

G: Implement school communications, relationship building and conflict resolution classes or learning opportunities.

G: Increase the ability of youth to handle conflicts and resolve differences as they develop and maintain great relationships.=

G: Increase opportunities for diversity training for youth (and adults) in our community.

G: Increase opportunities for sexual harassment training for youth and adults.