EXAMPLE 1
WITH COLD JOINT

EXAMPLE 2
PREFERRED METHOD

NOTE:
1. A POST THAT IS TIED INTO A PORTION OF A STRUCTURE ABOVE, SUPPORTING OR NON SUPPORTING, SHALL BE ANCHORED INTO FOOTINGS HAVING THE REQUIRED FROST DEPTH.
2. TO PREVENT STRUCTURAL DAMAGE FROM FROST UPLIFT, THE POST BASES MUST BE SUPPORTED BY A FOOTING, AND NOT THE SLAB ALONE. A SLAB ON TOP OF FOOTINGS THAT HAS COLD JOINTS, HAS NO PROTECTION FROM UPLIFT.