The City of Caldwell

Caldwell City Hall
208-455-3000 • 411 Blaine St.

Caldwell Senior Center
208-459-0132 • 1009 Everett St.

Caldwell Library
208-459-3242 • 1010 Dearborn St.

Caldwell Events Center
208-455-3004 • 2200 Blaine St.

Caldwell Police
208-455-3115 • 110 S. 5th Ave.

Caldwell Fire
208-455-3032 • 310 S. 7th Ave.

MAYOR
Garret Nancolas

CITY COUNCIL
Shannon Ozuna
Dennis Callsen
Mike Pollard
Chuck Stadick
Rob Hopper
Chris Allgood

PARKS & RECREATION
618 Irving St. • Caldwell, ID 83605
(208) 455-3060
E-mail: caldwellrec@cityofcaldwell.org
Office Hours: Mon. - Fri. 8:00 a.m. – 5:00 p.m.

RECREATION STAFF
Denise Milburn - Recreation Supervisor
Ray Miller - Sports Coordinator

PARKS STAFF
Vinton Howell - Parks Superintendent

GOLF STAFF
Ken Wheeler - Golf Superintendent
Purple Sage Golf Course - 208-459-2223
15192 Purple Sage Rd.
Brett Williams - Golf Pro

Fairview Golf Course - 208-455-3090
816 Grant St.
Roger Garner - Golf Pro
### A message from Denise Milburn, Recreation Supervisor

Greetings from Caldwell Recreation,

April marks the one year anniversary of the opening of the Roberts Recreation Center. In February, we invited the public to an open house and dedication ceremony. Mayor Garret Nancolas and R&M Steel owners, Rob and Nancy Roberts, were there as we unveiled a bronze plaque in honor of their donation of the building (pictured on page 2). During the ceremony, Collette Sanders was also recognized for her 24+ years of dedication and service to the Caldwell community. Collette was determined to find a permanent home for Recreation classes and activities. Construction plans for the Rec Center were in place before she retired as the Recreation Superintendent in July 2015. In her honor, the Rec Center gym was officially named the Collette Sanders Gymnasium (see photo below). A big thank you to all who came to celebrate this special occasion with Caldwell Recreation!

The Roberts Recreation Center has a boxing gym, dance room, gymnastics, classroom, and kitchen. Youth and adult programs are held in the facility throughout the year. The Rec Center is home to the following on-going programs: C-Town boxing, gymnastics, Karate, Dance/ballet, Cheer, and Zumba. This summer, we will be holding sewing, art and drawing, cooking and nutrition, soap making, fly tying, Lego robotics, and many other programs in the Rec Center. In addition to these classes, Caldwell Recreation offers plenty of outdoor camps and activities, and of course, swimming lessons!

Caldwell Parks & Recreation offers numerous opportunities for our community to enjoy outdoor activities. Young athletes are meeting at the soccer, softball, and baseball fields. As the weather warms, families gather for events at Caldwell’s many beautiful parks. Idaho Fish & Game has already stocked Rotary Pond this spring, the perfect place for a fun day of fishing and a picnic. Perhaps you would like to try disc golf, just head to Mallard Park’s 18-hole course. And, May 26 will mark the season opening of the Municipal Pool.

Summer is a busy time for Caldwell Parks & Recreation! I hope you and your family will take advantage of the many parks and programs the City of Caldwell has to offer.

Sincerely,

Denise Milburn
Recreation Supervisor

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Community Events

CFEO Golf Tournament, honoring Mary Crookham
April 20  Purple Sage Golf Course
12:30 pm shotgun

Purple Sage Golf Course Open House
April 26  3:00 – 5:00 pm
Come meet the new golf pro, Brett Williams!

Community Pride Day
April 28  For more information, contact the Mayor’s Assistant, Susan Miller, 208 455-3011.

Heap Herders Spring Bling Car Show & Shine
April 28  10 am – 3:00 pm  Memorial Park

Musical Art Park Ribbon Cutting
April 30  2 pm  Indian Creek Park (7th & Arthur)

Veterans’ Memorial Hall Grand Opening
May 1  5:30 pm
1101 Cleveland Blvd

Mayor’s Golf Tournament
June 1  Purple Sage Golf Course

Cinco de Mayo Celebration
May 6  Memorial Park

Family Fun Day
June 9  9:00 am – 1:00 pm
Whittenberger Park

Caldwell Municipal Pool Opens for the Season
May 26  Memorial Park

Centennial Band Concert
June 25  Memorial Park Bandshell

Independence Day Celebration
July 4  Memorial Park

July 4th Fireworks
Begins at dusk at Brothers Park

Centennial Band Concert
July 9  Memorial Park Bandshell

Indian Creek Plaza Grand Opening
July 14

Centennial Band Concert
July 23  Memorial Park Bandshell

Canyon County Fair
July 26 – 29

Centennial Band Concert
August 6  Memorial Park Bandshell

Caldwell Night Rodeo
August 14 -18

Centennial Band Concert
August 20  Memorial Park Bandshell

Caldwell Farmers Market
Season Begins
May 9th!

Join us Wednesday evenings during the Spring and Summer from 3:00 - 7:00 p.m. WE HAVE MOVED! During Downtown construction, we are once again located next to TVCC in Indian Creek Park at Blaine and Kimball.

More than 30 local vendors have everything from produce to honey, jewelry to baked goods and much more! Add in plenty of live music, ready to eat food, and fun, and you’ve got the Caldwell Farmers Market!
Plan it at The Depot!

THE CALDWELL DEPOT & PLAZA

This beautifully restored 1906 facility is available for special events and private rentals

Corporate Meetings
Weddings • Social Events
Company Functions • Catered Parties

May – August: $250 rental fee for building/plaza (plus $200 refundable rental deposit)

CALL 208-455-4656 FOR MORE INFORMATION
Senior Tour
Where Life’s Adventures are Just Beginning

Call Caldwell City Recreation Supervisor Denise Milburn for more information 208-455-3060
SOUTHERN IDAHO CITY OF ROCKS NATIONAL RESERVE
June 12-14, 2018

Get ready for a great outdoor adventure in Southern Idaho! We will explore the “Great Rift” area including Shoshone Falls, the Hagerman Valley, City of Rocks National Reserve, Thousand Springs area, and Malad Gorge. While at the City of Rocks National Reserve, we will stop at Camp Rock, which contains many writings from early pioneers who traveled through the area in the 1800’s. We will also visit Three Island Crossing Interpretive Center in Glenn’s Ferry, located near the Oregon Trail crossing on the Snake River. Plans also include 1000 Springs Boat Tour and an afternoon trip to Jackpot for their great buffet dinner!

The cost of this trip is $385 per person based on double occupancy, which includes transportation, lodging, boat trip, and most of the meals.

Reservations require a $25 non-refundable deposit per person.

Idaho Veterans Garden 4th Annual Spring Fling!

Saturday, May 12th 12 - 3 pm
305 W Belmont, Caldwell ID

Come join us for Food, Fun, Planting, Garden Tours and more!
This is a great opportunity to come and visit your local community garden and honor the veterans in our community!

Visit our Website at www.idahoveteransgarden.com
Follow us on Facebook: Idaho Veterans Garden
Caldwell Parks & Recreation, in conjunction with Collette Travel Service, Inc., is offering three exciting trips. These travel packages are a great way to take a vacation without all the stress and hassle. Each includes airfare from Boise, accommodations, ground transportation, entrance tickets, and several meals. Collette Travel will have a presentation of upcoming trips at 12:00 p.m. on Monday, April 30th at the Caldwell Library. A deposit will be required to reserve your space on these trips. Call Denise at Caldwell Recreation for more information, 208 455-3060.

**Tours & Trips**

**Albuquerque Balloon Fiesta**

**October 3 – 8, 2018**

*Take Flight Above the Southwest* - Up, up and away! This is an experience not to be missed! The Albuquerque Balloon Fiesta has grown into one of the world’s most photographed events. Set in New Mexico, a place diverse in culture and scenic beauty, the Fiesta is simply one of the most spectacular displays of sound and color you are ever to witness. This exciting journey also includes time in Albuquerque and Santa Fe, two culturally rich cities. Visit the unique shops and restaurants of Old Town Albuquerque. Wind through the stunning Turquoise Trail. Set out on a walking tour of Santa Fe that highlights the St. Francis Cathedral and the end of the Santa Fe Trail. Experience the Santa Fe School of Cooking.

Rates include airfare from Boise: Double $2,699; Single $3,399

**Southern Charm Holiday Discovery**

**December 9 – 14, 2018**

*Southern Hospitality Meets Beauty and Charm* - Experience the history, charm and singular hospitality of the Low Country in Georgia and South Carolina fully adorned for the holidays. Overnight at the exclusive Jekyll Island Club, once described as “the richest, most exclusive club in the world.” Explore one of America’s oldest plantations, Boone Hall, or the Patriots Point Naval & Maritime Museum. Discover the history of Savannah and antebellum Charleston with 2-night stays in each city. Drive through James Island County Park illuminated with over 500,000 lights. Visit Santa’s Village where you may roast marshmallows by an open fire. You will uncover the magic of the South that shines bright during the holiday season.

Rates include airfare from Boise: Double $2,479; Single $3,079

**Iceland’s Magical Northern Lights**

**March 25 – 31, 2019**

*Nature’s Wonderland* - The “land of fire and ice” is a place of many wonders, including the rare opportunity to see the spectacular aurora borealis – or northern lights. Travel in Iceland will bring you on a search for that once-in-a-lifetime moment. Take an exhilarating evening northern lights cruise. Travel to the “Golden Circle,” home to many of Iceland’s most renowned natural wonders. Spend time at Thingvellir National Park, the nation’s most historic area. Gaze at the spectacular Gullfoss waterfall – one of the world’s most incredible cascades. Explore Skogar Folk Museum and see traditional turf-built homes. Walk on a black volcanic sand beach. See Jökulsárlón glacial lagoon filled with floating icebergs. Relax in the warm, mineral-rich water of the natural geothermal pool the Blue Lagoon. Spend your evenings gazing at the night sky in search of the elusive and dazzling northern lights.

Rates include airfare from Boise: Double $3,999; Single $4,499
Purple Sage Golf Course

PRO: BRET WILLIAMS
15192 Purple Sage Road
208-459-2223

9 Holes Weekday (Mon – Thurs): $15.25
18 Holes Mon – Thurs: $19.75
9 Holes Weekend: $16.25
18 Holes Weekend: $29.50
18 Holes Weekend- After 2pm: $18.00
*Holiday Rates are the same as weekend rates

Juniors
9 Holes (Mon-Sun): $9.50
18 Holes (Mon-Sun): $11.50

Fairview Golf Course

PRO: ROGER GARNER
Kimball and Grant St.
208-455-3090

Monday – Friday $12.50
Weekends $13.50

Season Passes
On Sale Now!

Passes

*Unrestricted play at both Purple Sage and Fairview

Seniors (65+) $674.00
Under 65 $734.00
Juniors $163.50

Fairview Only Pass
Adult $375
Junior $90

SAVE THE DATE!

18th Annual Community Service Scholarship Golf Scramble
Purple Sage Golf Course
Friday, June 1st, 2018
8:00am Registration
9:00am Shotgun Start

Sponsorship Opportunities:
Tournament Sponsor $500
(Includes display sign on a hole or tee box, entry fee for a five player team, lunch & door prizes)
Team Sponsor $250.00
(Includes entry fee for a five player team, lunch & door prizes)
Hole Sponsor $200.00
(Includes display sign on a hole or tee box)

All proceeds benefit Caldwell & Vallivue High School Mayor’s Community Service Scholarship & the Mayor’s Youth Advisory Council

Questions?
Please contact Susan Miller at smiller@cityofcaldwell.org or Kresta Smout at ksmout@cityofcaldwell.org
**Adult Golf Lessons**

Lessons are designed for beginner golfers and are taught by staff at Purple Sage Golf Course. Beginners will learn proper grip, basic swing components, putting, chipping, etc. Bring your own clubs if you have them. Classes are one hour long each day at Purple Sage Golf Course.

### Monday - Friday  May 14 - 18
**Fee:** $50  
**Time:** 6:00 - 7:00 p.m.  
**Max. 10 students**

*Register at Caldwell Recreation only. Registration will not be taken at Purple Sage Golf Course.*

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**Purple Sage Jr Golf Lessons**

(Register at Caldwell Recreation only)

These 5 one hour lessons are designed for beginner golfers and are taught by Purple Sage Golf Course staff. Beginners will learn proper grip, basic swing components, putting, chipping, etc. Bring your own clubs, however, a few sets will be available to use. Max. 10 students per class

**Fee:** $35 per session

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<th>Session I</th>
<th>Monday – Friday</th>
<th>June 11 - 15</th>
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<tbody>
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<td>Age 5 - 8</td>
<td>4 - 5 p.m.</td>
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<tr>
<td>Age 7 - 10</td>
<td>5 – 6 p.m.</td>
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<tr>
<td>Age 11+</td>
<td>6 – 7 p.m.</td>
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<tr>
<th>Session II</th>
<th>Monday – Friday</th>
<th>July 16 - 20</th>
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<tr>
<td>Age 6+</td>
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<tr>
<td>Intermediates**</td>
<td>6 - 7 p.m.</td>
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</tbody>
</table>

(**For those who have had lessons before)

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**Fairview Jr Golf Lessons**

Instruction on the fundamentals of golf for students ages 6 – 15 years. This program will include four one-hour lessons. Register at Fairview Golf Course.

**Lesson dates:** June 12 – 15  **Fee:** $25 per student

Choice of lesson times: 9:00, 10:00, or 11:00 am

Other activities at Fairview Golf Course:
- Jr. Golf Opening Play Date – June 4
- Caldwell Elks Junior Tournament – July 25 & 26
- Open to boys & girls ages 6 – 18 years. $10 per player entry fee
- Parent/Junior golf Tournament – August 2  $10 per player

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**SECRET PAL PROGRAM**

Financial Assistance for Youth Programs

Thanks to a generous donation from the Dorothy Kidd Foundation, Caldwell Recreation has funds available to offer financial assistance to families through the Secret Pal program. This program is funded entirely by public donations and is designed to reduce the cost of enrollment in recreational programs for children.

Our goal is to allow all children the opportunity to participate in recreational programs, regardless of their family’s current financial position.

Secret Pal applications are available online at cityofcaldwell.org, and at the Caldwell Parks & Recreation office. The application only takes a few minutes to complete. Applications are reviewed and assistance determined within one week.

If you know of someone who could benefit from this program or you would like to make a donation, please contact Denise at 455-3060.
“NEW TO YOU” SENIOR STORE
Monday - Friday 9 a.m. – 3 p.m.

MEALS
Monday - Friday Noon
$4 suggested donation age 60+ $5 under age 60

Meals on Wheels 454-8142

LINE DANCING CLASSES
Monday 1:00 p.m.
$6 class

DANCES
Tuesday 1:00 p.m.

WII GAMES
Friday 10:00 a.m. - noon

PEDICURE CLINIC
1st Friday & 3rd Tuesday
10 a.m. By appt.

BLOOD PRESSURE CHECK
1st and 3rd
Friday of the month

SQUARE DANCING
Monday nights
7:00 - 9:30 p.m.

BINGO
Every Friday from 1:00 – 2:00 p.m.
$1 card

Every Tuesday from 6:00 - 8:30 p.m.
progressive bingo 50/50 pot - open to
the public. $5 buy-in

AARP MEETING
4th Tuesday of the month 1:00 p.m.

55 ALIVE CLASS
Held every other month at 9:00 am -

MUSICAL ENTERTAINMENT
11:00 a.m. – 12:00 noon
Various groups offer musical
entertainment throughout the month.

Bill McKeeth • The Relics
Senior Jammers
Bill Kolash • Country Gentlemen
Rusty & the Country Jammers
Elvis in the House Birthday
(Last Friday of the month)

“FIT & FALL PROOF” EXERCISE
PROGRAM
Improve strength and balance. Classes
held on Mondays and Thursdays at
10:00 a.m. Free

SENIOR EXERCISE
Class includes standing, sitting, and
floor exercises. Meet new friends and
gain strength, flexibility, and balance.
Classes held Mondays and Thursdays at
9:00 a.m. Free

SENIOR BUS - METRO COMMUNITY SERVICES
208-459-0063 ($5 suggested donation)
Get a copy of our monthly menu and
events calendar at cityofcaldwell.com
website. “Like” us on Facebook!

All programs are free; materials provided unless specified. Please note age
limits.
Youth Program Breaks in May and August. No weekly/monthly programs for
kids or teens.

WEEKLY:
Storytimes: Mondays at 10:30 and 11 a.m. (ages 0-2), Tuesdays at 10:30 and 11
(ages 2-5).

Teen Thursdays. Thursdays at 4 p.m. Creating, building, and tinkering. Grades 6-12.

Tai Chi: Fridays from 10-11:15am. Low-impact exercise; wear comfortable clothing;
Ages 16+

Read to a Therapy Dog. Thursdays at 4 p.m. in April and early May. Skye takes a
break June-August!

MONTHLY:

Adult Coloring Club: First Wed., 7-8:30 pm, Ages 14+. Color with friends! All
materials provided.

Make It! Craft Club: Second Tues., 7-8:30pm, Ages 16+ Get crafty and make
something new each month! All materials provided; take home what you make!

Thursday Afternoon Read: Second Thurs., 2-3pm, Ages 18+ Join us for a lively
discussion each month.

Crafter’s Club: Third Fri. starting on May 18, 2-3pm, Ages 18+, Come work on your
craft projects with other people – knit, crochet, embroider, you name it!

SPECIALS:
Dia de los Niños / Day of the Children. Mon., April 30, 3-6 p.m. in Serenity
Park (11th & Dearborn St.). A community fiesta featuring Latino music, dancing,
activities for kids, and tasty food. Free books for all the kids! Co-sponsored by Radio
Rancho, University of Idaho Extension and Caldwell Library.

Drop-in Computer Clinic: Tues., April 24, 6-7pm, May 1, 4-5pm, May 29, 4-5pm,
June 12, 4-5pm, June 26 6-7pm, All Ages. Drop in for computer or technology help!

Résumé & Cover Letter Workshop: Tues., May 15, 6-7pm, Ages 15+, Learn how to
write and create a professional résumé and cover letter.

DIY Bike Repair and Giveaway: Sat., April 14 (ages 9+) & May 5 (ages 12+). 12-
1pm. Learn basic repair and safety for your bicycle. Register to win a free bike for
kids!

Summer Reading for all ages. June 1 – July 31. Read, log your time spent reading,
and win prizes! Pick up a reading log at the library starting June 1 or download the
forms from the library website.

Edible Book Contest: Sat., June 9, 2-4pm, All Ages, Make a cake or dessert of your
favorite book or book character and compete in two different categories: People’s
Choice and Judge’s Choice. Cake tasting to follow the contest. Amateurs only
please.

Catalog Scavenger Hunt: Thurs. June 21 (All Ages) An opportunity to learn more
about our Catalog and how to search for items by yourself! Please note age
limits.

Teen Thursdays. Thursdays at 4 p.m. creating, building, and tinkering. Grades 6-12.

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Read to a Therapy Dog. Thursdays at 4 p.m. in April and early May. Skye takes a
break June-August!
Classes are offered for children ages 18 months to 13 years and are held at the Roberts Recreation Center. Children will be taught skills on the balance beam and uneven bars, as well as vault skills, floor movement, and exercise. This is a great program to help your child develop motor skills, balance and coordination.

<table>
<thead>
<tr>
<th>DATE &amp; TIME</th>
<th>GYMNASTIC CLASSES</th>
<th>FEE PER MO.</th>
<th>DESCRIPTION</th>
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<tbody>
<tr>
<td>MONDAY</td>
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<tr>
<td>10:00 am – 10:30 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
</tr>
<tr>
<td>10:30 am – 11:00 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
</tr>
<tr>
<td>11:00 am – 12:00 pm</td>
<td>Level 2+ (Ages 6+)</td>
<td>$40</td>
<td>Prior Beginner 1 required or coach placement</td>
</tr>
<tr>
<td>3:30 pm – 4:00 pm</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
</tr>
<tr>
<td>4:00 pm – 4:30 pm</td>
<td>Advanced Preschool (Ages 4 &amp; 5)</td>
<td>$25</td>
<td>Requires prior basic preschool or coach placement</td>
</tr>
<tr>
<td>4:30 pm – 5:30 pm</td>
<td>Level 2+ (Ages 6+)</td>
<td>$40</td>
<td>Prior Beginner 1 required or coach placement</td>
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<tr>
<td>TUESDAY</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>10:00 am – 10:30 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
</tr>
<tr>
<td>10:30 am – 11:00 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
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<tr>
<td>11:00 am – 12:00 pm</td>
<td>Beginner 1 (Ages 6+)</td>
<td>$35</td>
<td>Progressive skills</td>
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<tr>
<td>4:00 pm – 4:30 pm</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
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<tr>
<td>4:30 pm – 5:30 pm</td>
<td>Beginner 1 (Ages 5-8)</td>
<td>$35</td>
<td>Progressive skills</td>
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<tr>
<td>5:30 pm – 6:30 pm</td>
<td>Level 2+ (Ages 5-8)</td>
<td>$40</td>
<td>Prior Beginner 1 required or coach placement</td>
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<tr>
<td>WEDNESDAY</td>
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<tr>
<td>10:00 am – 10:30 am</td>
<td>Parent/Tot (Ages 18 mo – 3)</td>
<td>$25</td>
<td>Parent guides child through various locomotive obstacles, skills</td>
</tr>
<tr>
<td>10:30 am – 11:00 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
</tr>
<tr>
<td>11:00 am – 12:00 pm</td>
<td>Level 2+ (Ages 6+)</td>
<td>$40</td>
<td>Prior Beginner 1 required or coach placement</td>
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<td>3:30 pm – 4:00 pm</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
<td>$25</td>
<td>Motor skills, balance, coordination</td>
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<td>4:00 pm – 4:30 pm</td>
<td>Advanced Preschool (Ages 4 &amp; 5)</td>
<td>$25</td>
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<td>4:30 pm – 5:30 pm</td>
<td>Beginner 1 (Ages 6+)</td>
<td>$35</td>
<td>Progressive skills</td>
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<td>THURSDAY</td>
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<td>10:00 am – 10:30 am</td>
<td>Parent/Tot (Ages 18 mo – 3)</td>
<td>$25</td>
<td>Parent guides child through various locomotive obstacles, skills</td>
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<tr>
<td>10:30 am – 11:00 am</td>
<td>Basic Preschool (Ages 3 &amp; 4)</td>
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<td>Level 2+ (Ages 8+)</td>
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<td>Prior Beginner 1 required or coach placement</td>
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SEASON OPENING - MAY 26
May 26 – June 3 Open Swim Hours
1:00 – 6:00 pm

Open Swim Hours Beginning June 4
Weekdays: 1:00 – 4:00 & 7:00 – 9:00 p.m.
Weekends: 1:00 – 6:00 p.m.
Friday is Family Swim* night from 7:00 – 9:00 p.m.
*Children must be accompanied by parent or legal guardian.

ADMISSION COSTS:
Under 18 - $2.00
Adults - $3.00
Seniors - $.50

SEASON PASSES:
Family* - $125
Individuals: Adult - $50 Child - $40

*Family pass must be legal dependants – income tax form required for proof.

ADULT LAP SWIM (16 and older):
Mon – Fri 12:00 noon to 1:00 p.m.
Fee: $1 per swim or free with pool pass

Caldwell Municipal Pool
512 HARRISON ST. 208-459-4369

AQUAFIT EXERCISE
A water exercise class designed for people of all ages. Participants will work at their own pace to increase muscle and cardio-vascular strength as well as tone their bodies. Schedule includes shallow and deep water workouts. Purchase of punch card required for classes - available at the Recreation office.
Classes begin June 4th.

Shallow water:
M/F 12:00 noon - 12:50 p.m.
Deep water:
TU/TH 12:00 noon - 12:50 p.m.
Basic:
M/W 5:30 - 6:30 p.m.

Punch cards:
10 classes: $25 or 20 classes: $45

SWIM LESSONS
ALL CLASSES OFFERED BY CALDWELL RECREATION ARE RED CROSS CERTIFIED.

Fees: City Resident Non-Resident
Infant – Level 5 $21.00 $25.00
Level 6 (1 hour) $28.00 $32.00

Registration for Sessions 1 & 2 begins May 1
Session 1: June 4 – 15
Session 2: June 18 – 29
Registration for Sessions 2 & 3 begins June 18
Session 3: July 2 - 13
Session 4: July 16 – 27
Registration for Session 5* begins July 16
Session 5: July 30 – August 3
(1 week, 1 hour classes)

Enrollment Information:
Walk-in registration is open 9:00 a.m. – 5:00 p.m. daily. Registration is currently not available online. Please include session date, time, and level needed on all mail-in registrations. Mail received before registration dates will be returned.

NO CHANGES OR REFUNDS WILL BE ISSUED ONCE A CHILD IS ENROLLED! Unfortunately, classes cancelled due to bad weather or unforeseen pool closures will not be rescheduled or refunded.

Daycare Facilities Swim Lesson Enrollment: Available the 1st Wednesday following registration opening date, 9:00 a.m. – 12:00 p.m. You must have registration forms signed by a parent and know the swim level of each child. Maximum of 15 students per session.

Caldwell Swim Club
Join the Caldwell Swim Club this summer at the Caldwell Memorial Pool - Caldwell’s longest running competitive swimming program for kids from Caldwell and surrounding communities. 4 levels of coaching – from learning strokes to competitive swimmers looking to improve times and endurance. Program is sanctioned by USA Swimming. Summer practices in the mornings or midday (depending on ability), up to 5 days a week. Depending on age & ability, $35-$55/month plus registration and USA Swimming dues. Participants range in age from 4 to 18 years.

Contact Coach Phon for more information at caldwellstingrays@gmail.com or check it out at www.facebook.com/CaldwellSwimClub
## Swim Lessons

### JUNE 4 – JULY 27

<table>
<thead>
<tr>
<th>Time</th>
<th>Infant / Toddler</th>
<th>Preschool</th>
<th>Level 1</th>
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### JULY 30 – AUG 3

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### INFANT AND PRESCHOOL AQUATIC PROGRAM

**Infant - Toddler (6 - 36 months)**
Classes concentrate on acquainting participants with the water and helping them become comfortable in that environment, emphasizing self-confidence, safety, and fun in the pool. An adult must accompany the child in the water.

**PRESCHOOL: (3 – 5 years)**
Designed for those who have had no experience in the water. Class will concentrate primarily on fun. This is usually the first time in a swimming lesson without Mom or Dad. It’s a big step, so we focus on fun first and then on developing beginning skills.

**LEVEL 1: WATER EXPLORATION**
Creating a comfortable water environment and teaching students how to enjoy the water safely. Children will be required to blow bubbles in the water, assist float on their back and front, and simulate arm and leg action with support.

**LEVEL 2: PRIMARY SKILLS**
This level marks the beginning of true locomotion skills and adds to the self-help and rescue skills started in Level 1. Front and back crawl strokes are introduced as well as maintaining back and front float position without assistance. Students entering this class must have a Level 1 card.

**LEVEL 3: STROKE DEVELOPMENT**
This is the most crucial level of skill development. Elementary backstroke, treading water, diving, and coordination of back and front crawl stroke, as well as proper breathing techniques are introduced. Students entering this course must have a Level 2 card.

**LEVEL 4: STROKE IMPROVEMENT**
At this level, confidence and endurance are emphasized in the strokes already learned. Breaststroke, sidestroke, and turns are introduced. Students will be required to swim longer lengths in the pool. A Level 3 card is required to enroll in this class.

**LEVEL 5: STROKE REFINEMENT**
Concentrating on endurance in all strokes, this level requires a lot from its participants. Students will be required to do the front and back crawl for 50 yards and the breaststroke and butterfly for 25 yds. Flip turns and side diving are also required. Students entering this course must have a Level 4 card.

**LEVEL 6: SKILL PROFICIENCY**
Stroke efficiency and endurance are emphasized. Students entering this course must be able to swim the length of the pool with ease. They will be required to swim 100 yds, each of the front and back crawl, (non-stop with turns) 50 yds each of the breaststroke, elementary backstroke, and butterfly. Flip turns will be required. Some rescue techniques will be introduced. A Level 5 card is required to enroll in this class.
Preschool & Youth Programs

Preschool/Prekindergarten
Enrollment for the 2018 – 2019 school year begins Friday, May 18th at 12:00 p.m. Avoid the rush and enroll early!

INSTRUCTOR: CARIE MILLER
Three to five-year-olds will gain fundamental skills as they engage in hands-on learning through themed multisensory activities that include crafts, pre-writing activities, songs, imaginative play, group games, stories, and outdoor play at our Memorial Park classroom.

Preschool Class
This class is for three and four year olds who will be attending Kindergarten in the Fall of 2020. Designed for children who can use the restroom independently, this two-hour class helps develop social skills in a classroom setting. The children’s knowledge of counting, the alphabet, shapes, and colors is reinforced and strengthened. Parents are asked to provide snacks for the class on a rotating basis.

Two Days a Week
Tuesday & Thursday
9:30 – 11:30 a.m.
or
12:30 - 2:30 p.m.
Fee: $60 per month

Pre-Kindergarten Class
These classes help prepare four and five year olds for success in kindergarten in the 2019 - 2020 school year. Students learn to listen and follow directions in classroom activities involving writing, beginning phonics, counting, calendar skills, and an introduction to telling time. Parents are asked to provide snacks for their child’s class on a rotating basis.

2 Days a Week
Ages: 4 – 5 years
Monday & Wednesday
12:00 – 2:45 p.m.
Fee: $70 per month

3 Days a Week
Ages: 4 – 5 years
Monday, Wednesday, Friday
8:45 – 11:30 a.m.
OR 12:30 - 2:30 p.m.
Fee: $90 per month

Attention Parents: Please have your child’s immunizations up to date, however, their record is not required for enrollment. Parents will be asked to provide snacks for your child’s class on a rotation basis. Tuition is due by the 10th of each month to avoid a $5 late fee.

Legostory Adventures
INSTRUCTOR: JACQUELYN STAFFORD
Location: Roberts Recreation Center Classroom
Fee: $55
Dates: June 25 – 29
Time: 9:00 am – 12:00 pm
Ages: 8 and up
Ready, Set, ACTION! From Star Wars to Minecraft to Lego friends!! Come create and build your own mini movie set out of Legos and learn how to imagine, write, direct, and star in your very own Lego animated movie or make it into a comic strip! Children will use iPads, IPods, and computers to make that perfect animated clip or comic strip with complete editing capabilities, effects, music, and narration through a new movie software program. Don’t miss out on the chance to become your own Lego director or comic strip maker!

We Do Robotics 2.0!
INSTRUCTOR: JACQUELYN STAFFORD
Location: Roberts Recreation Center Classroom
Fee: $45
Dates: August 13 - 17
Time: 11:30 am – 1:00 pm
Ages: 7 - 10
Attention all Lego lovers!! This is a brand new robotics class for all the younger kids ages 7-10. Kids will not only learn and explore using Legos, they will also create, document, and share their Lego projects among each other. Come and build Milo, the space rover, and help him create a base on the moon, or a Lego car to learn about speed, or a Lego frog to understand their metamorphosis, or a Lego flood gate to help keep the waters down!! This Lego class is full of science and technology and LEGOSS!!!

Solar Lego
INSTRUCTOR: JACQUELYN STAFFORD
Location: Roberts Recreation Center Classroom
Fee: $45
Dates: July 30 – August 3
Time: 9:00 am – 11:00 am
Ages: 8 and up
Hey kids! Ever wondered about those huge windmills on the side of the road? Or those cool looking solar panels on roofs. Here is your chance to build and create renewable energy sources out of Lego bricks! Kids will learn to generate, store, and use power from their Lego creations such as solar cars, windmills, and even a pneumatic hand while learning at the same time. This fun and creative class not only explores the best of building with Legos, but it also helps Children learn teamwork, collaboration, and investigate real life solutions. Don’t miss out on this cool and awesome Lego class this summer!!

Kids Cook with Books
INSTRUCTOR: MONICA ESTES
Location: Roberts Recreation Center Kitchen
Fee: $10
Ages: 4 – 8 years
Dates: Thursdays
Time: 6:00 pm – 7:30 pm
Reading Books together is not only fun but it exposes kids to culture and language. This class will consist of reading your children’s favorite stories and creating a themed recipe inspired from the text. Each cooking activity develops skills such as pre-math, pre-science, health, nutrition, safety, and following directions. Come join the fun! **Recipes are not gluten-free. Please note allergies in advance.

May 10 – “Diary of a Worm” – Pudding gummy worm cups
June 7 – “Cook-A-Doodle-Doo” – Strawberry shortcake
July 12 – “How to Make an Apple Pie and See the World” – Mini apple pies
August 9 – “Dragons Love Tacos” – Cheesy taco sticks

Kids Cook with Books and Craft Around the World Week
INSTRUCTOR: MONICA ESTES
Location: Roberts Recreation Center Kitchen
Fee: $40
Date: June 18 – 21, Monday - Thursday
Time: 2:00 pm – 4:30 pm
Ages: 4 – 8
Each day we will stamp our passports with a new adventure. We will read a story that introduces us to a new culture. On our adventure, we will prepare a recipe that compliments the story and create a craft to take home. Limit of 12 students.

Lil’ Baker Camp
INSTRUCTOR: MONICA ESTES
Location: Roberts Recreation Center Kitchen
Fee: $40
Dates: July 16 – 19
Time: 1:00 pm – 3:30 pm
Ages: 7 – 12
Each day will consist of baking a new recipe. The baker will learn about parts of a recipe, how to measure ingredients, kitchen safety, and by the last day of the camp complete a simple recipe. Recipes will include: Bread, Cookie, Muffin, and Frosted Cupcake. Limit of 10 students.
HIP-HOP FOR KIDS

**BADGE RHYTHM DANCE CAMPS**

**INSTRUCTOR:** CARIE MILLER
**Location:** Roberts Recreation Classroom
**Fee:** $45
**Dates:** June 5 – 28
**Days:** Tuesdays and Thursdays
**Time:** 2:00 – 4:00 pm

**Ages:** 10 and up (Adults are welcome)
**Supplies to bring:** 1 yard of fabric, 1 yard of coordinating fabric, matching thread, any other sewing tools you might own (such as scissors, pins, measuring tape, etc.)

This class is designed for the very beginner wanting to learn how to sew. The student will be introduced to the sewing machine, the parts of the machine, and their function. You will learn basic stitches and practice them in constructing a bag. If you own a sewing machine, you can bring it and work on it each day. If you do not own a machine, you may sew on the machines provided. If time allows, we may work on a second project.

BEGINNERS SEWING CLASS II

**INSTRUCTOR:** CARIE MILLER
**Location:** Roberts Recreation Classroom
**Fee:** $45
**Dates:** July 10 - 31
**Days:** Tuesdays and Thursdays
**Time:** 2:00 pm – 4:00 pm

**Ages:** 10 and up (Adults are welcome)
**Supplies to bring:** To be announced in the first class, to be purchased by second or third class.

This is a beginner sewing class. Students will learn to purchase a pattern and all the items needed to make the item on that pattern. We will be making an apron in this class and the students will learn how to follow the step-by-step instructions of a pattern. If you own a sewing machine, please bring it. If you do not, one will be provided. If time allows, we will do a second project.

**HIP-HOP FOR KIDS**

**Thursdays 5:30 – 6:15 pm**
**Location:** Roberts Recreation Center
**Instructor:** Idaho Rhythm

**Ages:** 5-9
**Fee:** $29 per month

Learn the latest moves of this high-energy form of dance. A qualified and positive instructor will teach students family friendly dance moves and routines. Beginner to intermediate classes held beginning in February.

**CHEERLEADING SQUAD**

**INSTRUCTOR:** AMIE DELGADILLO

Join our “Dynamic Cheer” squad! Learn the proper skills needed to perform cheer stunts. Students will learn jumps, tumbling, chants, and cheer motions. This is a recreational squad with emphasis on skill. The squads will perform at local events in the area. Classes are held monthly, June – February, and will begin Wednesday, June 6. Held at the Roberts Recreation Center.

**Uniforms are required and are not included in the monthly class fee.**

**MINI**
- Ages 7 - 10
- 5:45 - 6:45 p.m.
- $35 month

**JUNIOR**
- Ages 11 – 14
- 6:45 - 7:45 p.m.
- $35 month

**SUMMER ART CAMP**

**INSTRUCTOR:** CELINDA JOHNSON

**Location:** Roberts Recreation Classroom
**Fee:** $50
**Dates:** June 4 – 8, July 9 – 13
**Time:** 9:00 am – 11:00 am, 12:00 pm – 2:00 pm

**Ages:** 5 – 8, 8 – 12

Keep your young artist busy this summer with a week-long art class! Each day we have a mini lesson, look at some famous works of art, and create 2 – 3 projects. This year, classes will focus on the six principles of design. At the end of the week, there is a small art exhibit open to parents and families (with refreshments)!

**PASTEL DRAWING WORKSHOP – ANIMALS OF AFRICA**

**Location:** Roberts Recreation Center Classroom
**Fee:** $80
**Dates:** July 31 – Aug 2
**Time:**
- 10:30 – 11:30 am

This summer your children will find themselves captivated by exotic African beasts. Our “Animals of Africa” Pastel Drawing Workshop offers a challenging 3-day course. Your students will learn about some of Africa’s most majestic animals as they illustrate them using pastel chalks – an antelope showcased within a mélange of patterns, a stylized zebra with a creative color palette, and a regal lion are a few of the beasts to be explored! No experience with pastels is necessary and be ready for some frame-worthy art to come home. (Please, wear an old shirt to each day of class, as pastels can be messy.)
**Youth Activities**

**SCIENCE WIZARDS**

**INSTRUCTOR: STEPHANIE CHAMBERLIN**
Hey kids, science is cool! Come join us for a week of fun-filled learning about weather, motion, chemistry, energy, rocks, and much more. Students will learn a new concept and complete a new project each day. Experiments and plenty of hands-on experience will keep kids busy learning. Classes held Monday - Friday at the Roberts Recreation Center in Memorial Park.

**July 23 - 27  Ages 6 – 12  11:00 a.m. – 12:00 p.m.  Fee: $30**

**SHORIN-RYU KARATE**

Held at the Roberts Recreation Center. Fee: $35 per month

If you are seeking perfection of character, discipline, and self control, Shorin-Ryu Karate is for you. Students will learn self-defense techniques, self-awareness, and discipline.

**Mondays & Wednesdays - Instructor: Kevin Wagner**

Ages 4 - 8:  7:00 - 8:00 pm  
Ages 9 - 13:  8:00 - 9:00 pm

**Tuesdays & Thursdays – Instructor: Ed Russell**

Ages 4 - 8:  6:00 - 7:00 pm  
Ages 9 - 13:  7:00 - 8:00 pm  
Ages 14+:  8:00 - 9:00 pm

**YOUTH BOWLING LESSONS**

This two week class is designed to teach students ages 6 to 18 years the techniques of bowling. Instruction will start at the very beginning; from how to walk properly, how many steps to take, how to roll the ball and point your thumb, as well as a lot of practice. Held at Caldwell Bowl, located at Blaine and 21st Ave next to O’Connor Field House.

**Tues & Thurs  1:00 – 2:00 p.m.  $20 per session**

Session I  June 5, 7, 12, 14  
Session II  July 31, August 2, 7, 9

**HORSE CAMP**

**INSTRUCTOR: SHERRIE SAMBOSKY**

**Dates: June 4 – 8 and/or July 16 – 20**  
**Fee: $100/student/week**  
**Dates: August 11**  
**Fee: $35**

**Times: 11:00 am – 1:30 pm for all camps**

Bring your kids for a summer horse camp for children 8 years and up. This camp is designed to be safe, educational and FUN!!! Each horse and rider will have a handler/helper for optimum safety. During camp, students will learn basic riding skills and experience riding activities such as trail work, obstacles, patterns, and more. Students will also learn basic horse safety and care, breeds and colors, tack parts, barn chores, and leading, grooming and tacking-up of their horse. At the end of the week, students will review what they’ve learned with a horse trivia quiz and they will get to show off their new riding skills and knowledge by participating in games and relays on horseback! Whether your kids are new to horses or just can't get enough of them, we invite you to bring them for a week of learning and FUN!! Limited to 6 students per camp. Please include age, height, and weight of each rider. The kids will need to wear boots or some kind of shoe with a heel; tennis shoes are not safe for the kids.

**HEALTHY TRANSITIONS**

**INSTRUCTORS: KATIE MCFARLAND, LMT, CYT & PEGGY MCFARLAND, LPC**

**Location: Roberts Recreation Dance Room**

**Dates: Thursdays, June 7 – 28 and/or July 12 – August 2**

**Time: 6:30 – 8:00 pm**

**Fee: $60 for 4-90 minute sessions (scholarships available)**

Healthy Transitions for Girls® workshops help girls to develop a healthy partnership with their bodies during the critical growing up years. This class will help girls deal with stress, girl drama, peer pressure…and much more. Girls will learn skills they can use for the rest of their lives! Girls will experience the following creative learning activities in this course:

- Yoga and mindfulness
- Group discussions
- Journaling
- Role-play
- Art
- Cooking health snacks

To learn more, see www.healthytransitionsforgirls.com

**TENNIS LESSONS**

**INSTRUCTOR: TRAEJEN KINGSTON**

**Dates: June 11-15 and/or July 9-13**

**Times: Beginners 9:00 – 10:00 am**

**Intermediate: 10:00 - 11:30 am**

**Fees: $30/Beginners  $35/Intermediate**

Learn to love the lifelong sport of tennis!

**Beginners:** Introduction to the fundamentals of the game while keeping it fun!

**Intermediate:** Build upon basic skills and introduce scoring and match play.

Traejen began hitting tennis balls at age four. He has played two years of Varsity tennis as a top player in his program. He has had instructions through clinics and private lessons from C of l and BSU coaches along with other local tennis pros. He has worked for the United States Tennis Association in the capacity of teacher as well as assisting in teaching in other local clinics. He began playing in local tournaments at age 7. He loves the game and hopes to share his passion for the sport with kids!

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**CANYON OPTIMIST SOCCER CLUB**

Optimist recreational soccer includes players from 4 to 17 years of age. All teams are gender specific; all girls or all boys. The U6-U10 teams play their games locally at Brothers Park, across from the YMCA on Saturday mornings starting in September. U11-U15 recreation teams play some of their games at Brothers Park and travel to other games. Games are played in September and October.

U10-U15 Competitive INFERNO teams are registered in a treasure valley league in Idaho’s District III. Half of the games are played at home; Brothers Park. These games are mostly played on Saturdays with an occasional weekday game, starting in August. You MUST try-out for an Inferno team in order to make the roster. Tryouts will be held on June 5th & 6th. Check our website for details.

**ON-LINE REGISTRATION:** Sign up on-line starting in May at www.canyonoptimistssoccer.com. Register early to guarantee your spot on a team. Deadline to register will be in July.

**WALK-IN FALL SIGNUPS:** We will hold a walk in registration night at the Caldwell Library sometime in June. A full calendar can be found on our website.

A copy of your child’s birth certificate is required in order to register. Players for the Fall 2017 season MUST be born by December 31, 2013. Check our website for further information: www.canyonoptimistssoccer.com
**Youth Activities**

**C TOWN BOXING**

**COACHES:** MANNY ALBARES, ED PIZANO, EDGAR HERNANDEZ, MARIO HERNANDEZ  
**Location:** Roberts Recreation Center  
**Gym is open Monday – Thursday, 5:30 – 7:00 pm**  
**Fees:** $30 per month / $20 per month for each additional family member  
Caldwell Recreation is pleased to announce the addition of C TOWN BOXING, a USA Boxing sanctioned program, to the Roberts Recreation Center! Our coaches are registered with USA Boxing and have a combined experience of over 100 years! This program is open to both males and females 8 to 39 years. No prior boxing experience is required. Boxing is not only a great cardio fitness workout and form of self-defense, but also instills discipline, self esteem, and confidence in participants. Serious boxers can become USA Boxing certified and compete at national and Olympic levels. Come dressed in gym clothes and tennis shoes; all equipment provided to get you started.  
*Financial assistance available to those who qualify.*

**FISHING CAMP**

**Dates:** July 17 - 19 Tuesday - Thursday  
**Tuesday & Wednesday 9:00 am – 12:00 pm, Thursday 8:30 am – 4:30 pm**  
**Fee:** $25.00  
**Location:** Meet at Memorial Park each day  
**Instructor:** Caldwell Recreation Staff  
**Open to ages 9 - 15 years**  
**Registration ends July 14**  
Come join us and be a part of our fishing camp this summer! No experience needed. Participants will learn about Idaho’s fish populations, habitats, fishing methods, different types of equipment, and much more. Each day will have something different to offer. The final day we will be taking a trip to a special location from 8:30 am to 4:30 pm. Participants will need to bring a sack lunch, water, sunscreen, and weather appropriate clothing. All supplies and transportation are included in the registration fee. This camp is co-sponsored by Idaho Fish and Game and Caldwell Recreation.

**DISC GOLF CAMP**

**Dates:** June 19 – 21 Tuesday - Thursday  
**Fee:** $25 - Includes a T-Shirt!  
**Location:** Mallard Park  
**Times:** 10:00 – 11:30 am  
**Ages:** 9 – 16 years  
Do you like playing Frisbee? Think your aim is spot on? Come join us for some fun tips & tricks to playing disc golf. This camp will teach the fundamentals of how to play disc golf including disc knowledge and when to use which discs, different types of throws, and how to properly keep score. All skill levels are welcome!

**SHORT SPORTS**

**AGES 4 – 6, WE WANT YOU!**  
**Wednesday, June 6 – 27**  
**Fee:** $25.00 - Includes a T-Shirt!  
**Two sessions available:**  
- 10:00 – 11:00 am  
- 11:15 am – 12:15 pm  
This camp allows children to participate in a variety of fun activities including kickball, soccer, and swimming at the Caldwell Pool. They will play several other games and run relay races. Held at Memorial Park.

**YOUTH SPORTS CAMPS**

**SOCCER CAMP:**  
**June 4 – 8 Monday - Friday**  
**Fee:** $30 - Includes a T-Shirt!  
**Fenrich Field in Memorial Park**  
**Ages 6 - 8:** 8:30 – 10:00 am  
**Ages 9 - 12:** 10:00 – 11:30 am  
Sign your child up today! This camp will introduce the fundamentals and progress to the more advanced skills needed in soccer. Participants will learn ball handling, shooting, team work, and much more! Take this opportunity to sharpen those skills before the upcoming fall season.

**VOLLEYBALL CAMP:**  
**June 4 – 8 Monday - Friday**  
**Fee:** $30 - Includes a T-Shirt!  
**Jefferson Middle School**  
**Two age divisions:**  
- **Grades 7 - 8:** 9:00 – 10:30 am  
- **Grades 4 - 6:** 10:45 am – 12:15 pm  
Brush up on your skills and make new friends! In this camp, children will learn basic volleyball skills such as serving, setting, passing, as well as rules and regulation of game play and the importance of teamwork.

**BASKETBALL CAMP:**  
**June 11 – 14 Monday - Thursday**  
**Fee:** $30 - Includes a T-Shirt!  
**Sacajawea Elementary**  
**Two divisions available:**  
- **Grades 1 – 4:** 9:00 – 10:30 am  
- **Grades 5 – 8:** 9:00 – 10:30 am  
Throughout this camp participants will work on ball handling, shooting, rebounding, and defense. We will use various drills to tie these fundamentals to game play.

**SOCCER CAMP:**  
**June 11 – 14 Monday - Thursday**  
**Fee:** $30 - Includes a T-Shirt!  
**Fenrich Field in Memorial Park**  
**Ages 6 - 8:** 8:30 – 10:00 am  
**Ages 9 - 12:** 10:00 – 11:30 am  
Sign your child up today! This camp will introduce the fundamentals and progress to the more advanced skills needed in soccer. Participants will learn ball handling, shooting, team work, and much more! Take this opportunity to sharpen those skills before the upcoming fall season.

**DISC GOLF CAMP:**  
**June 19 – 21 Tuesday - Thursday**  
**Fee:** $25 - Includes a T-Shirt!  
**Mallard Park 10:00 – 11:30 am**  
**Ages 9 – 16 years**  
Do you like playing Frisbee? Think your aim is spot on? Come join us for some fun tips & tricks to playing disc golf. This camp will teach the fundamentals of how to play disc golf including disc knowledge and when to use which discs, different types of throws, and how to properly keep score. All skill levels are welcome!

**YOUTH FLAG FOOTBALL**

**EARLY REGISTRATION! SIGN UP NOW!**

**K/1ST GRADE AND 2ND – 4TH GRADE**  
**FLAG FOOTBALL LEAGUES**

**Registration Deadline:** August 31  
**Practices Begin:** Sept. 10  
**First Game:** Sept. 22  
**Fee:** $35.00 Includes a T-shirt  
We offer two separate leagues for students: K & 1st grade and 2nd- 4th grade. Players will use flagged waist belts rather than helmets and pads, as this is a no-contact league. The importance of this league is to provide the fundamentals and basic understanding of football, as well as teamwork and sportsmanship. Our goal is to pave the road to allow children to develop new skills each week and progress throughout the season. Practice will be held twice a week. Games will be played on Saturdays at a local park beginning at 9 a.m.

**VOLUNTEER COACHES ARE NEEDED FOR BOTH LEAGUES, PLEASE CALL 208 455-3060 IF YOU WOULD LIKE TO VOLUNTEER.**

**IF YOU ARE INTERESTED IN SPONSORING A FLAG FOOTBALL TEAM,**  
**CALL RAY MILLER AT 208 455-3060**
**Adult Activities**

**SHORIN-RYU KARATE**  
INSTRUCTOR: ED RUSSELL  
HELD AT THE ROBERTS RECREATION CENTER.  
FEE: $35 PER MONTH  
If you are seeking perfection of character, discipline, and self-control, Shorin-Ryu Karate is for you. Students will learn self-defense techniques, self-awareness, and discipline.  
ADULTS: TUESDAYS & THURSDAYS 8:00 - 9:00 PM

**ANCIENT GRAINS 101**  
INSTRUCTOR: JACKIE AMENDE,  
U OF I CANYON COUNTY EXTENSION  
Location: Roberts Recreation Kitchen  
Date: April 26  
Time: 5:30 – 6:30 pm  
Fee: $5  
Ancient grains are centuries old grains that can be used to create delicious meals that are full of nutrition and flavor. Come learn all about these ancient grains and how we can incorporate them into our meals. A sample of an ancient grains recipe will be provided!

**BASIC DOG OBEDIENCE**  
INSTRUCTOR: DAMON MOYSARD  
Held at the Caldwell National Guard Armory parking lot  
Fee: $40  
April 23 - 27  
Time: 6:30 – 7:30 pm  
This is a basic dog obedience course open to any student 16 years and older and any dog at least 6 months old. The instructor will help you teach your dog to walk on a slack leash (to not pull), to sit, down, heel, and stay. Learn to train with praise, not treats. We will address behavioral issues, feeding, exercising, and disciplining your dog and the proper use of your training collars. Equipment needed: A good quality nylon or leather leash, not less than 4 ft. long (longer is acceptable) and a properly fitted (choke) chain, steel prong (pinch) or Starmark Pro-Training style collar. No flat collars, “halti” style head harnesses, no “martingale” style collars, no “body” harnesses, and no retractable leashes/leads. If your dog is aggressive, you must provide a muzzle. This class is held inside city limits; please ensure your dog’s vaccinations and license is current.

**EMPOWER HOUR:**  
**BOXING INSPIRED WOMEN’S FITNESS CLASS**  
INSTRUCTOR: BECKY BRIDGEWATER  
Location: Roberts Recreation Boxing Gym  
Date/Time: Saturdays, 8:00 – 9:00 am  
May 5 – 26  
June 9 – 30  
July 7 – 28  
Aug 4 – 25  
Fee: $10 drop in  
Empower Hour is a women’s only boxing inspired fitness class in which participants will practice the six fundamental punches on bags and instructor held mitts while also completing rounds of strength and conditioning exercises as well as core work.

**BOXING BLAST:**  
**BOXING INSPIRED HIGH INTENSITY TRAINING**  
INSTRUCTOR: BECKY BRIDGEWATER  
Location: Roberts Recreation Boxing Gym  
Dates: Saturdays,  
May 5 – 26  
June 9 – 30  
July 7 – 28  
Aug 4 – 25  
Time: 9:15 – 9:45 am  
Fee: $5 drop in  
Boxing Blast is a 30 minute high intensity fitness class featuring alternating rounds of boxing inspired combinations with strength, conditioning, and core work.

**BEGINNING SOAP MAKING**  
INSTRUCTOR: LANEIL JORGESON  
Location: Roberts Recreation Kitchen  
Date: Saturday, July 28, 2018  
Time: 9:00 am – 12:30 pm  
Fee: $40 per student  
$10 material fee to instructor at class  
Let’s make soap! Learn the basics of making cold-process soap from scratch. Students will learn about the soap making process, tools and ingredients including lye, fixed oils, fragrance oils, essential oils, and colorants. Class is taught in a participation format, YOU will make a small batch of soap! Students will leave with the knowledge to create cold process soap at home, class handouts with a basic recipe, and soap! Students should wear: long sleeve shirts, long pants, closed-toe shoes. Bring a small towel to wrap soap in for transporting your soap home. Open to students 16 years+. Limited to 6 students.

**ZUMBA**  
INSTRUCTOR: RENEE MOSS  
Held at the Roberts Recreation Dance Center  
Held Wednesdays 6:00 – 7:00 pm.  
Fees: $5 per class  
$15 for 4 classes  
This high energy Latin and Top 40 dance/exercise program is geared for all ages and all fitness levels. Our licensed Zumba instructor has taught fitness classes for 25 years. No prior experience needed, just a willingness to move. Come join the fun and get fit!
**FALL ADULT CO-ED SOFTBALL LEAGUE**

Registration Deadline: August 3  
Games Begin: Week of August 13  
Team Fee: $300 plus player’s fee  
Players Fee: $75.00 if registered by July 27, $125.00 if paid after July 27 (Player’s fee covers up to 15 players.)  
Looking for something to get you out of the house and stay active? Give adult co-ed softball a try! Caldwell Recreation offers two divisions: an upper division for teams that have played before and are more competitive, and a lower division for teams that want to play recreationally or that are new to the sport. Games will be played Monday – Thursday at Armory Field and Griffiths Park. Our season consists of 9 regular season games and a double elimination tournament at the end. This league will be played with USSSA rules.

**FALL MEN’S SOFTBALL LEAGUE**

Registration Deadline: August 3  
Games Begin: Week of August 13  
Team Fee: $275 plus player’s fee  
Players Fee: $75.00 if registered by July 27, $125.00 if paid after July 27 (Player’s fee covers up to 15 players.)  
Get your squad together and come out for a fun league! Caldwell Recreation offers two divisions: an upper division for teams that have played before and are more competitive, and a lower division for teams that want to play recreationally or that are new to the sport. Games will be played Monday – Thursday at Armory Field and Griffiths Park. Our season consists of 9 regular season games and a double elimination tournament at the end. This league will be played with USSSA rules.

**ADULT CO-ED SAND VOLLEYBALL LEAGUE**

Fee: $100.00 per Team  
Registration Deadline: June 1  
Games Start: Week of June 11  
Get your team together, get your toes in the sand, and come have some fun this summer! This will be 6 vs. 6 volleyball. Games will be held at Sebree Park on Monday - Thursday evenings. The season will consist of 8 regular season games and a double elimination tournament at the end. Prizes for the champion team will be given.

**DISC GOLF TOURNAMENT**

The 2nd Annual Mallard Open  
Date: July 28  
Check-in begins at 8:00 am  
Tee time will be 9:00 am  
Enter Fee: $25.00 per person. Register by July 20 and receive a free T-shirt!  
Divisions offered: Novice, Intermediate, and Open  
Get your friends and family together and join us for the 2nd Annual Caldwell Recreation Disc Golf Tournament. Come out for sunshine and great fun at one of Caldwell’s finest parks. There will be prizes for the top 3 per division. Tournament consists of two 18 - hole rounds.

**CASTING LESSONS FOR BEGINNERS**

INSTRUCTOR: ED RUSSELL  
Location: Memorial Park  
Fee: $35  
Dates: April 7, May 12, June 9, July 14, August 11, September 8  
Time: 2:00 – 4:00 pm  
This two-hour casting clinic is designed for beginners and intermediates to become familiar with two fundamental types of casts; the overhead and roll cast. Students will gain casting proficiency to be on the water and catch MORE fish. Additional casting techniques and concerns may be addressed during the lesson.

**PRIVATE CASTING LESSON**

INSTRUCTOR: ED RUSSELL  
LOCATION: MEMORIAL PARK  
Fee: $50  
Dates: Schedule upon request  
Time: 2 hours  
We offer this private instruction whether you are a beginner, intermediate, or advanced caster and all you need to do is give us a call and we will make every effort to accommodate your schedule and needs. Experienced fly fishermen can also benefit from a casting lesson, especially spey casting.

Could your fly casting techniques use some refining? Is your presentation spooking more fish than you care to mention? Are you a novice angler looking for a little help with some of the more basic casting strokes? This class will show you how to gain more distance and improve your accuracy. Single-handed and spey casting lessons for anglers of any experience level will be taught.

**FLY TYING CLASSES**

INSTRUCTOR: ED RUSSELL  
Location: Roberts Recreation Kitchen  
Fee: $40  
Date: April 23 & 25, May 21 & 23, June 25 & 27, July 23 & 25  
Time: 6:00 – 8:00 pm  
Looking to fill your boxes with dainty dry flies or huge deer hair bass bugs? Our fly tying class will give you the confidence behind the vise you are looking for! Our classes are great for beginners or expert tiers and last around 2 hours per class. All tools and materials are provided. For the beginner, you will learn the basics associated with tying your own flies. Instruction will cover the proper use of all necessary tools, an overview of tying materials, and the techniques used to tie a variety of basic, proven, patterns. This class will allow you to make informed decisions on the equipment and materials you will need to get started. For experts we can help you with the techniques to tie the most difficult flies, nymphs, streamers, or steelhead patterns. All classes are private and by appointment only.
Caldwell Parks Information

MEMORIAL PARK (15 ACRES)
Kimball and Grant St.
• Roberts Recreation Center
• Swimming pool
• Softball fields
• Tennis courts
• Horseshoe pits
• Basketball courts
• Playground
• Pioneer Museum
• Picnic shelter
• Skate park

DENSHO GARDENS
4th Ave & Arthur St.
Tranquil ornamental Japanese gardens along Indian Creek

LIONS PARK (5 ACRES)
(formerly Jaycee Park)
5th Ave. and Frontage St.
• Playground
• Basketball courts

BROTHERS PARK (35 ACRES)
Indiana and Ustick Rd.
• Soccer fields
• Playground
• Walking path

GRIFFITHS PARK (35 ACRES)
Griffiths Parkway off of Linden St.
• Three adult softball fields
• Collegiate baseball field
• Walking paths

PIPE DREAM PARK (54 ACRES)
Smeed Parkway near Highway 20/26
• 4-plex softball field
• BMX track
• State of the art skate park
• Playground
• Picnic shelter

CURTIS PARK (15 ACRES)
Channel Rd. off River Road
• Wilderness park by the Boise River
• Overnight camping

SEBREE PARK (5 ACRES)
12th Ave. and Grant St.
• Playground
• Softball fields
• Volleyball courts
• Basketball courts
• Walking path

USTICK PARK (16 ACRES)
Ustick Rd. and Oregon St.
• 4-plex youth baseball fields
• Babe Ruth baseball field
• Playground
• Picnic shelter

WHITTENBERGER PARK (17 ACRES)
Chicago St. and Centennial Way
• Soccer field
• Greenbelt walking path along Boise River
• Picnic shelter

Caldwell City Updates

REEL MOVIE THEATRE
Caldwell hasn’t had an indoor movie theater since the Linden 3 Movie Theater closed in 2006. The local Reel Theater has made the decision to build a "first-run", 11 screen movie theater in the heart of downtown. Construction began in the fall of 2017 and is slated for a May/June 2018 opening.

INDIAN CREEK PLAZA
Indian Creek Plaza will be a defining icon, an active gathering place for the entire community, a family-friendly attraction with entertainment for all ages, an outdoor venue for art, music, and other events, and a critical mix of business for shopping and dining.

THE BIRD STOP
The Bird Stop will reopen this Spring featuring a full-service restaurant and 30 choices of drink on tap! This reinvented business model will delight the community for breakfast, lunch, and dinner!

SHI SUSHI BAR
Shi Sushi Bar is coming to Main St. in downtown Caldwell this Spring. This sushi bar and lounge will feature sushi and rice and noodle bowls, in addition to a variety of dinner dishes.

FLYING M COFFEESHOP
Flying M Coffeeshop will feature a bakery, locally roasted coffee, art, and a small gift shop. They are planning a May 2018 opening; let’s keep our fingers crossed for them!

FIRESIDE MALLOW
Fireside Mallow is opening their first storefront in downtown Caldwell in Spring 2018. Fireside Mallow™ was born out of a search for a better marshmallow, a less commercialized craft style mallow to complete the perfect S'more. Batch after batch was created and tested until each recipe was just perfect. Our testing proved that single batch, hand cut marshmallows were nothing like the chalky white puffs we grew up roasting over a campfire. One taste and you will understand that a marshmallow can be more than you imagine.
**PARK RESERVATION POLICY**
The following reservations can be made at Caldwell Parks & Recreation, 618 Irving St. or call 208 455-3060. Reservations can be made up to one year in advance.

**MEMORIAL PARK BANDSHELL RENTAL**
The Bandshell in Memorial Park is a covered shelter used for reunions, special events, birthdays, and wedding receptions. It is available for rent 12 months prior to your event. The rates are: 4 hours or less: $75, over 4 hours or all day: $125. This fee includes several electrical outlets and twelve picnic tables which are permanently located in the shelter. Water is available on site.

**MALLARD PARK PICNIC SHELTER RENTAL**
Caldwell’s newest park located at the corner of 10th Ave. and Orchard near Lake Lowell. This new park consists of 6 shelters available for rent. Other amenities include a handicap accessible playground, basketball court, walking paths, an amphitheatre, and disc golf course. Rates: large shelters (two): 4 hours or less $60; over 4 hours or all day $100. Small shelters (four): 4 hours or less $50; over 4 hours or all day $75.

**ROSE GARDEN RENTAL**
This is a perfect setting for weddings. Roses are in bloom from June until the first frost in the fall. The Rose Garden is available for rental from April through September. The cost is $50 for 2 hours or $90 for 4 hours. This fee covers the garden only, chair rental is not included. Electricity is available.

**LUBY PARK GAZEBO RENTAL**
This gazebo style shelter in Luby Park is open for reservations. This covered shelter is available for wedding receptions, birthday parties, and family events. The rates are: 4 hours or less: $50; over 4 hours or all day: $75. This fee includes electrical outlets and four picnic tables located on the shelter.

**Caldwell Pool Rental**
The Caldwell pool is available for rent during the months of June – August. Rental times are: Weekdays: 9:00 – 11:00 p.m. Weekends: 6:30 – 11:00 p.m. *Some weekday rentals available at 6:30 p.m. the second week in August. The rental fee is based on occupancy. Call Caldwell Recreation at 208-455-3060 for more information.

**Pipe Dream Park Gazebo Rental**
This new gazebo style shelter in Pipe Dream Park is open for reservations. This covered shelter is available for birthday parties and family events. The rates are: 4 hours or less: $50; over 4 hours or all day: $75. This fee includes electrical outlets and four picnic tables located on the shelter.

**Curtis Park**
This gated park is located off Channel Rd. along the Boise River. This wilderness park supports wildlife, footpaths, and a natural spring. Great for weekend outings. There is no fee to use this park, however, reservations must be made at the Parks office and a $20 key deposit is required. This is refunded to the customer when keys are returned.
ONLINE REGISTRATION
Visit our Website and look through the various programs offered. Fill out the registration form and enroll in classes. Credit card required.

WALK-IN REGISTRATION
Visit us at the Caldwell Parks and Recreation office located at 618 Irving St. in Memorial Park. We are located off Kimball Ave. near Fairview Golf Course. Office hours are 8:00 a.m. to 5:00 p.m. Mon. - Fri.

MAIL-IN REGISTRATION
Complete registration form located on the back of the activity guide. Mail form and payment to: Caldwell Recreation, 618 Irving St., Caldwell, ID 83605. Verification of enrollment will not be mailed to you. You will only be notified if a class is full or has been cancelled. Your cancelled check will serve as your receipt. Please make checks payable to: City of Caldwell.

DROP BOX REGISTRATION
Drop box registration will be accepted with completed registration form and correct fee. A drop box is located at the front of the building, near the entrance ramp. Priority is given to e-mail and walk-in registration over mail-in and drop box registration.

ON-LINE REGISTRATION
Our website offers you the opportunity to view upcoming classes and programs as well as registering right from the convenience of your own home. Available 24 hours a day, seven days a week, this site is the perfect solution to your busy schedule. Payments can be made with either American Express, MasterCard, or Visa. To visit our website go to: activenet.active.com/caldwell

Click on “My Account”. Enter in your account information & choose a password.

Click on the activities you want to register for. Availability of classes will be listed. Enroll in your program(s). The enrollment form is automatically completed with the information from your customer account. Pay with credit card, print your receipt, and receive an instant e-mail confirmation of your enrollment. ** A small convenience fee is added to each online registration by our technology partner, The Active Network.

REFUND POLICY
A total refund will be issued if the class or program you have registered for is full or has been cancelled by the City Recreation Department and for medical reasons (with documented evidence). A refund, minus a $6.00 processing fee, is issued when you cancel 7 days before the starting date of the class. The processing fee is waived if you apply your refund to an alternate class. Refunds will not be issued:
1. when you cancel after the 7th day prior to the beginning date of a class / program.
2. the fee is less than $6.
3. for team fees when cancellation is after the registration deadline.

LIABILITY WAIVER
The following liability waiver applies to all participants enrolled in a City of Caldwell Recreational program. Upon enrollment you accept the following conditions:

1. I certify that, to the best of my knowledge, the participant(s) named herein is/are physically able to engage in these activities.
2. In consideration of acceptance of the registration, I for myself, children, guardianship, and anyone entitled to act on the behalf of anyone registered for the City of Caldwell Recreational programs, agree to waive any claim against the City of Caldwell, its employees or its agents for injuries that may occur as a result of my participation in this program. I understand the risks involved in the activity and agree that I will exercise caution and take all steps necessary to avoid injury.
3. I give my consent for use of any photographs or videotape taken of myself and/or participant to be used in future promotional and marketing materials.
Recreational programs offered through the City of Caldwell are on a first come - first serve basis. Those enrolling on the internet will be processed in “real time” meaning they will instantly be enrolled in classes. All programs require a minimum number of students in order for that program to be held. Please sign up at least two days prior to the beginning of each class or by the deadline posted. Programs not meeting the registration requirements will be cancelled and the registrant will be notified. Participants will have the option to receive a credit on their account or a full refund. All refunds must be processed through City Hall and will be mailed to you, usually within three weeks. The City reserves the right to cancel or combine programs at any time.
JUNE 9, 2018

In conjunction with Idaho Free Fishing Day!
Where: Rotary Park and Whittenberger Park in Caldwell. Parks are ‘next door’ to each other; access is from Centennial Way, across from the Chicago Street intersection.

ENJOY THE SUN AND STAY ACTIVE THIS SUMMER
Hectic schedule?! Too busy with yard work, camping, transporting kids to swim lessons and summer camps? Let us help make your life easier by using our online registration system to enroll for classes. Don’t miss a registration deadline! Go to: activenet.active.com/caldwell and register online for your favorite programs. Pay with a credit card and print your receipt from your home or office.

UPCOMING SUMMER CLASSES & PROGRAMS:
- YOUTH SPORTS CAMPS
- HORSE CAMP
- DYNAMICS CHEER
- LEGO CAMP
- SCIENCE WIZARDS
- GYMNASTICS
- YOUNG REMBRANDTS
- YOUTH & ADULT KARATE
- BALLET/DANCE CAMPS
- DOG OBEDIENCE
- C-TOWN BOXING
- HEALTHY TRANSITIONS
- KIDS COOK WITH BOOKS
- SOAP MAKING
- BOXING FITNESS
- FLY TYING & CASTING

REGISTER TODAY at City Hall, Parks and Recreation (618 Irving Street), or online (tickets are free) at: https://www.eventbrite.com/myevent?eid=44657608108

REGISTRATION LOCATION:
- 9:00 am—11:00: Check in for those who have pre-registered
- Registration for those who have not pre-registered
- MAPS WILL BE AVAILABLE AT CHECK-IN/REGISTRATION

9:30 am—12:00 noon
- Activities, activities, activities:
  - Fishing Derby at Rotary Park Ponds
  - Archery with Archery Central at archery range
  - Chalk art contest near parking lot at Whittenberger Park
  - Kid’s Zone activities in Whittenberger Park — YMCA Fun Zone, relays, games, obstacle course, face painting, Nature Nook, and more!

10:00—11:15 am
- Check in for the Color Run around Rotary Pond
  - 11:30 am: First Group Start
  - 11:45 am Second Group Start
- This is a family event; prizes for youth 17 and under

12:00 noon
- Free lunch (kids first, please) and AWARDS!

1:00 pm
- Canyon Bike Project and Bike Rodeo!

Community Partners: Caldwell Rotary Club, City of Caldwell, Let’s Move! Caldwell, Advocates Against Family Violence, Canyon Bike Project, St. Luke’s Hospital, Caldwell YMCA, Archery Central, Kids First Cast, AmeriCorps (Deer Flat National Wildlife Refuge), Southwest District Health Department, Caldwell Housing Authority, Canyon County Paramedics, Radio Rancho, and Costco

https://www.facebook.com/caldwell.recreation

www.recreation@cityofcaldwell.org